

At-Risk Afterschool Meals

The At-Risk Afterschool Meals component of the CACFP offers federal funding to afterschool programs that serve a meal or snack to children in low-income areas.

Requirements

- ✓ The At-Risk Afterschool Meals Program is only available during the school year.
- ✓ Meals and snacks may be reimbursed if they are served on “non-school days” (weekends, holidays, vacation periods) if these non-school days occur during the school year.
- ✓ Meals served must meet [CACFP Meal Patterns](#).
- ✓ Snacks must contain two of the five components (minimum portion sizes for 6-18 year olds):
 - Milk: 1 cup
 - Meat/Meat Alternate: 1 oz M/MA
 - Vegetable: ¼ cup
 - Fruit: ¼ cup
 - Grains: 1 serving
- ✓ The serving time of meals may depend on the day.
 - School days: Only after the end of the child’s school day; one meal and/or one snack.
 - Non-school days: One meal and/or one snack.
- ✓ There are no Federal licensing requirements, but State and local health and safety standards must be met.
- ✓ Organizations choosing to purchase meals from another organization must have an annual [food service agreement](#).
- ✓ USDA Civil Rights guidelines must be followed.
- ✓ Sponsors of multiple sites must review each At-Risk site three times per year. The first review of a new site must be conducted during the first four weeks of operation.

Record Keeping

- Meal Claiming:
 - Daily attendance rosters / sign in sheets
 - Point of service meal count records
 - Menus for all meals demonstrating meal pattern requirements are met
 - Keep labels for foods requiring documentation to demonstrate creditability and/or how it contributes to the meal pattern
 - Vended meals: number of meals prepared and delivered
- Fiscal Management:
 - Copies of invoices, receipts, or other records required to document administrative costs claimed and operating costs
 - Copies of all claims submitted to OSPI CNS
 - Receipts from all program payments received from OSPI CNS
 - If applicable, information concerning dates and amount if disbursement to sponsored centers

Reference

- ✓ [7CFR 226](#)
- ✓ [7CFR 210.9\(c\)\(7\)](#)
- ✓ [CACFP 15-2012](#) Health and Safety Standards
- ✓ [CACFP 08-2012](#) At-Risk Afterschool Meals - Questions and Answers

Resources

- ✓ [On-site Review Form](#)
- ✓ [Meal Count / Menu Record](#)
- ✓ [USDA At-Risk Website](#)
- ✓ [USDA At-Risk Afterschool Meals Handbook](#)

Acronym Reference

- **CACFP** Child and Adult Care Food Program
- **OSPI CNS** Office of Superintendent of Public Instruction Child Nutrition Services
- **USDA** United States Department of Agriculture