



Sexual Health Education Instructional Materials Review

Be Proud, Be Responsible

Year Published: 1996, Revised 2014

Publisher: Select Media

Website: www.selectmedia.org/

Full or Supplemental: Full

Grade Level: High School (9-12)

Student Population: General

Duration/Number of Lessons: Six 50-minute modules

Evidence-Based - CDC or HHS/OAH registry; National Campaign database; ETR database: Yes, included in all of these registries

Healthy Youth Act Compliance: With modification (see ratings and reviewer comments)

AIDS Omnibus Act Compliance: With modification (see ratings and reviewer comments)

National Standards Alignment: Not indicated

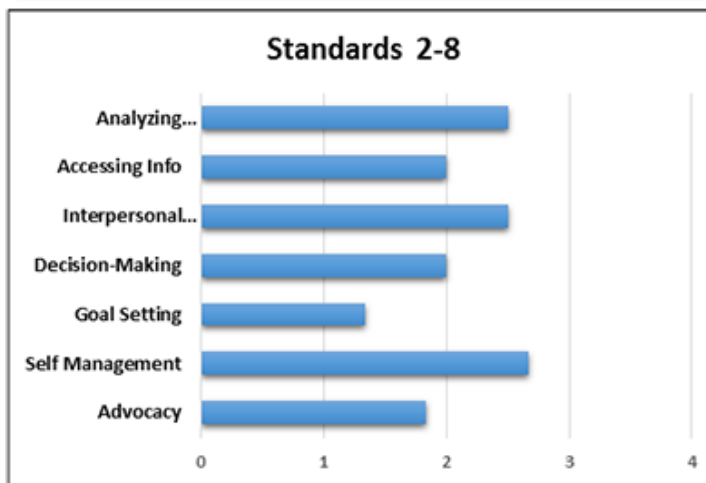
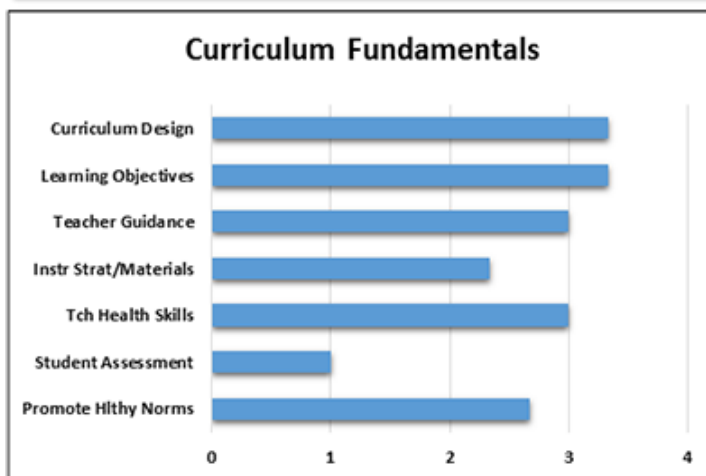
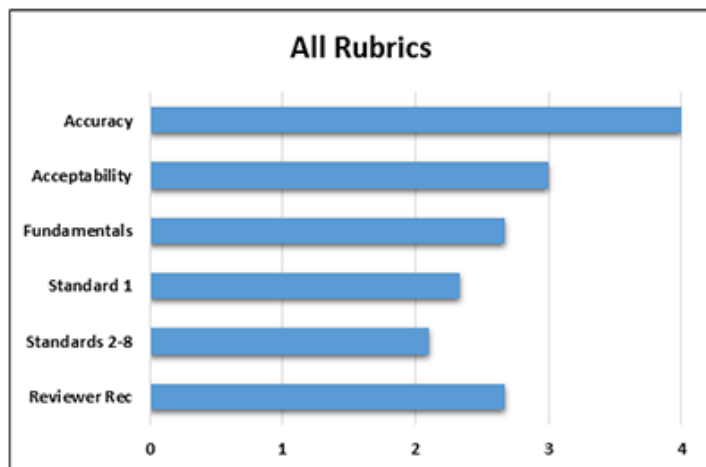
Format and Features: Implementation kit includes Facilitator Curriculum; Activity Set (Interactive cards, role-plays, posters); 5 DVDs; Student Workbook

Professional Development: Yes

PRIMARY TOPICAL AREAS

- Anatomy and Physiology
- Puberty/Adolescent Development
- Pregnancy & Reproduction
- Contraception
- Abstinence
- STD Prevention
- HIV Prevention
- Identity/Orientation
- Healthy relationships
- Other
 - Abortion
 - Access to Services
 - Character Building
 - Condom Use
 - Human Rights
 - Infant Care Simulation
 - Marriage and Parenthood
 - Refusal Skills
 - Sex Trafficking

OVERALL RATINGS



REVIEWERS' COMMENTS

Review 1

Reviewer ID 14

Be Proud! Be Responsible! is a high school curriculum with 6 skills-based lessons, easy to follow directions for the instructor, and lots of opportunities for young people to review knowledge, change perceived norms around sex and protection, and practice refusal skills.

Strengths

- + Can be a helpful addition to a high school sexual health unit.
- + Lots of interactive games and role plays.
- + There are several adaptations offered in the appendices for other learning styles, role plays with LGBT students.
- + Easy to follow format for teachers new to the curriculum.
- + Quality supplemental materials, including DVDs that have not become outdated.
- + Stresses abstinence but also fully discusses condoms and birth control methods.
- + Has a sex positive activity "How to make condoms fun and pleasurable" including a teacher demo plus activity where students can practice putting a condom on a penis model or their fingers.

Weaknesses

- Should not be used alone because of lack of lessons on accessing services, healthy relationships, LGBTQ youth, coercion, and other key sexual health topics high schools students need.
- There are no assessment tools of note or parent-child activities to encourage discussion.
- It is outdated, so information on HIV (PREP, PEP, ART), STDs (Hepatitis A+ B & HPV vaccination), and birth control methods (new IUD) need to be updated
- There is a fair amount of language that ignores the existence of transgender students.
- Language can be shaming and blaming towards LGBT students (especially statements about anal sex being "always high risk") and towards victims of rape and sexual assault.

Review 2

Reviewer ID 18

The written instructional materials are great. Medically accurate, age-appropriate, etc. There wasn't anything I wouldn't cover with my high school population.

The visual materials however, are not resources I would use for the population that I teach. I am in a rural agricultural area with a majority white and Hispanic population. The videos are excellent- but my students would not identify with the demographic presented.

In addition, the "wrap it up" animation condom video would be inappropriate for use in my classes. The video shows animated condoms performing oral sex, anal sex, and vaginal sex. It is humorous but would incite parental and advisory board disapproval.

The negotiate condoms video is good but the discussion that the teens have regarding how to make condom use "fun" would also be cause for concern in my district.

Overall I would use the written materials, but not the visual materials



Review 3

Reviewer ID 19

- Gender specific at times. Need to use Gender neutral names.
- Needs to address health screenings to maintain sexual and reproductive health.
- Materials are medically accurate but lack depth of knowledge related to health promotion and disease prevention.

