



Sexual Health Education Instructional Materials Review

Get Real – Middle School

Year Published: 2014

Publisher: ETR Associates; **Developer:** Planned Parenthood League of Massachusetts

Website: www.etr.org/pub

Full or Supplemental: Full

Grade Level: Middle School (grades 6,7,8)

Student Population: General

Duration/Number of Lessons: 27 sequential 45-minute lessons, (9 lessons per grade)

Evidence-Based - CDC or HHS/OAH registry; National Campaign database; ETR database: Yes, CDC/OAH RECAPP databases

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: Yes

National Standards Alignment: Yes - National Sexuality Education Standards

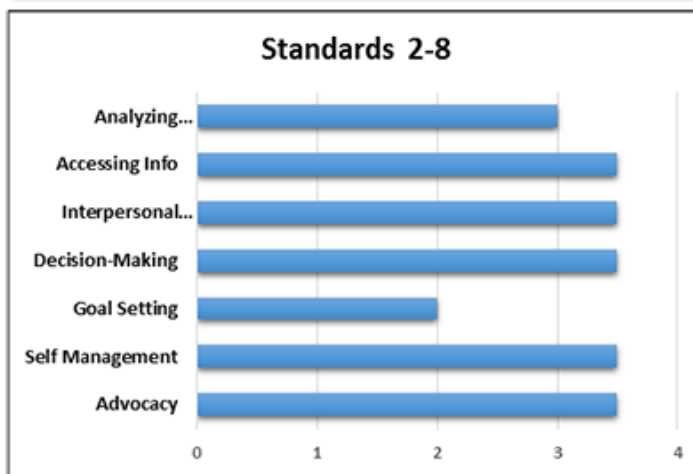
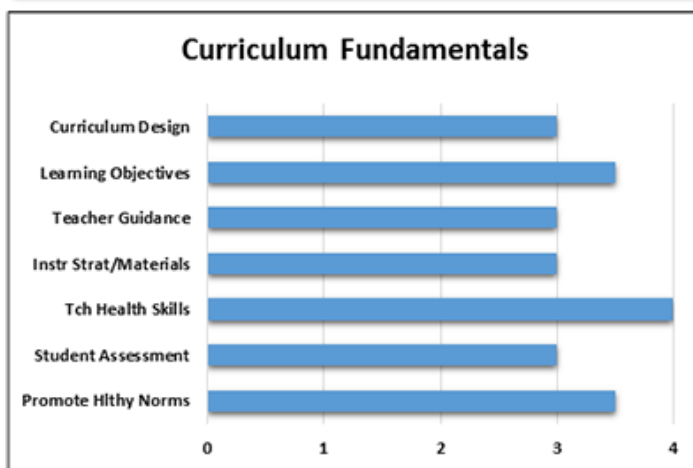
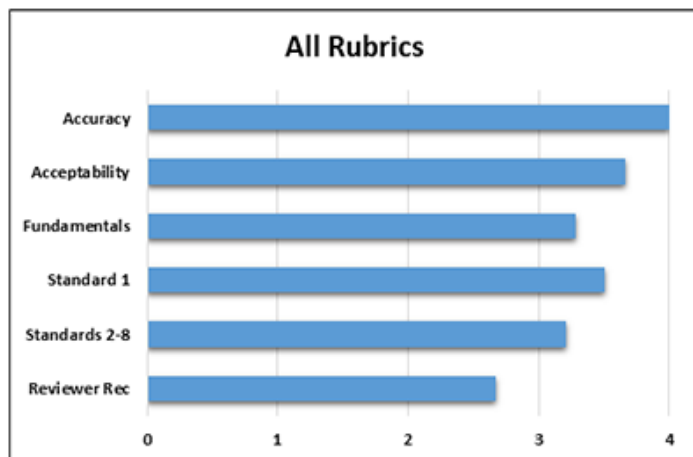
Format and Features: 3-ring binder plus student workbooks for each grade; activity cards

Professional Development: Available, not required; teacher's guide for each grade included

PRIMARY TOPICAL AREAS

- Anatomy and Physiology
- Puberty/Adolescent Development
- Pregnancy & Reproduction
- Contraception
- Abstinence
- STD Prevention
- HIV Prevention
- Identity/Orientation
- Healthy relationships
- Other
 - Abortion
 - Access to Services
 - Character Building
 - Condom Use
 - Human Rights
 - Infant Care Simulation
 - Marriage and Parenthood
 - Refusal Skills
 - Sex Trafficking

OVERALL RATINGS



REVIEWERS' COMMENTS

Review 1

Reviewer ID 16

Get Real is a comprehensive curriculum, however one of the key elements to this program lies in the family activities that are "essential and completion is to be expected, but is not a required component/grade." Teachers are encouraged to offer incentives for completing activities. For these reasons, I would not use this curriculum because not all students have the ability to complete family activities or have the type of family that would engage in any sort of family lesson together. It assumes a lot that all students can find a trusted adult to complete this work, but I don't believe this is a realistic expectation for not only students that do not fit within this structure, but is an age appropriate expectation. I understand the concept behind the lessons, but to me it was too strong of a connection to gaining any success with the program.

Secondly I found that many of the scenarios or lesson handout/activities did not have age appropriate materials in them. Since this was a comprehensive program, it is a vital component to review the basic anatomy concepts each year along with a comprehensive year after year HIV Education and this curriculum hit these concepts in one grade, but often failed to ever repeat or reteach in the grades to come. Emphasis on the STI's was a very basic description, with a more in depth progression in a handout, but the lessons themselves were very weak with lesson depth but instead focused on lesson activities to get often a very basic lesson objective across.

Lastly, the curriculum did focus on the social and emotional learning structure, decision making processes in delaying sexual activity, forming communication with an adult and the importance of this, teacher lessons and handouts were very clearly developed along with family activities, was rich in student activities but at times I did not feel the material within these were always age appropriate.

Review 2

Reviewer ID 20

Requires "Get Real" teacher training by Planned Parenthood League of Mass. or ETR, or certified "Get Real" replication partner.

No pictures of youth beyond front cover. This helps keep materials looking current, as photos date the curriculum.

