

Comprehensive Sexual Health Education Instructional Materials Review 2022

Friendlets

Year Published/Revised: 2021

Publisher: One Love

Website: <https://www.joinonelove.org/>

Full or Supplemental: Supplemental

Grade Level: Elementary (grades 4-5)

Student Population: General

Duration/Number of Lessons: 5 videos (45 seconds each).

Format and Features: Videos, discussion guide.

Available in Multiple Languages: Closed captioning available in Spanish and English

Evidence-based/informed: Not indicated

National Standards Alignment: Not indicated

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Accuracy

Reviewer 223

No medical/scientific concerns noted.

Reviewer 224

There are no medical or scientific inaccuracies.

Supplemental

Reviewer 219

Using non-human characters (like a cloud and a green circle) erase diversity, and the only differences we see in the characters is that one has crutches in their room. The videos were short which means they're easy to include in a variety of different lessons. Some of the reactions in the videos seemed a bit extreme, and I'm curious if the over-the-top reactions take away from the overall messages in some of the videos.



Reviewer 221

One Love's Friendlets video series uses brief videos, guided classroom discussions, and inter- and intra-personal practice activities to teach healthy and unhealthy relationship behaviors. The videos' characters represent a range of identities and use gender neutral pronouns. The scenarios are relatable to elementary and middle school aged children and do a nice job showing unhealthy, then modeling healthy, relationship behaviors. The videos' dialogue is realistic albeit a bit advanced for younger learners. Teachers would be wise to check for understanding and define any unknown terms. The accompanying discussion guide offers succinct definitions and age-appropriate friendship examples. These 10 signs are modeled in the videos and explored in classroom activities. This increases the potential for knowledge acquisition and skill development as compared to lessons that rely on student examples of healthy and unhealthy relationships. The lessons are well structured and lesson components set up teachers for success. Each lesson begins with a content warning and inclusivity statement as well as a review of group expectations. This helps teachers set a safe and welcoming classroom climate. The embed scripts and talking points offer guidance for how to describe these issues to students. The partner and journal activities offer students the chance to encode and personalize their learning by linking each lesson's themes to their lived experiences.

