HIGH SCHOOL AND BEYOND PLAN

LESSON 6-23 ▲ EXPLORING SUBJECT AREA COURSE OPTIONS

**LEARNING GOALS/OUTCOMES**

* Understand the concept of subject areas and different disciplines
* Research and share information regarding different content disciplines

**MATERIALS NEEDED**

* **Student Handouts:**
* Exploring Subject Areas Worksheet
* **School or District Course catalog**

**CLASSROOM ACTIVITIES**

1. **Help students access their middle school and/or high school course catalog** (this may be called “program of study” or a different name and should be available online). Allow students time for a hands-on exploration of the course catalog, keeping in mind the following questions as they explore:
   * What classes are available
   * What classes are required
   * How many credits of a certain subject are required
   * Awareness regarding available courses, particularly in electives
2. **Hand out the *Exploring Subject Areas Worksheet* and divide students into small groups.** Using the *Worksheet* to note what they discover, each group will “research” one of the areas in the course catalog, including:

* English
* Math
* Science
* Social Studies
* Arts
* World Language
* Health and fitness
* Occupational Education
* Career Concentration
* Other Electives

1. **Allow adequate time for each group to share what they have learned from their “research” with the rest of the class.**
2. **Ask students individually to share what they’ve learned that will now influence their selection of courses in high school.** What do they see as the challenges and the opportunities of selecting courses?

**STUDENT PRODUCTS**

* **Completed *Exploring Subject Areas Worksheet***

**ADDITIONAL RESOURCES AND OTHER INFORMATION**

* **FACILITATOR NOTES**

Time with students to plan high school schedules is often very limited. This lesson is designed as a support to the work already done by counselors around course selections. It is intended to help students see that they need to read the High School/District course catalog very carefully. Ideally this session is presented in advance of the specific work on course selections.

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LESSON 6-23 STUDENT HANDOUT

EXPLORING SUBJECT AREAS WORKSHEET

**AREA OF RESEARCH/COURSE OF STUDY (Circle one)**

**English Math Science Social Studies Arts**

**World Language Health and Fitness Occupational Education**

|  |  |
| --- | --- |
| **Questions** | **Notes and Answers** |
| **How many credits are needed in this area for graduation?** |  |
| **Is the number of credits for graduation different than if you want to go to a four-year college?** |  |
| **What variety of course opportunities are available?** |  |
| **What courses might be most helpful if you are looking at a career/technical program?** |  |
| **What courses are offered that would allow you to acquire college credit (dual credit)?** |  |
| **What did you notice about this area that every student should know?** |  |