**HEALTH LESSON PLAN** Educator: Unit: Grade:

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| **Standard(s)**  Circle all that apply   1. Concepts/ knowledge 2. Analyze influence 3. Access Valid Information 4. Interpersonal communication 5. Decision-making 6. Goal-Setting 7. Practice behaviors 8. Advocate for others | **Lesson Title:** |
| **Grade Level Outcomes: W**ellness, **Sa**fety, **N**utrition, **Se**xual health, **So**cial-emotional, **Su**bstance use/abuse (core ideas) |
| **CCSS:** |
| **Other subject standards/ outcomes**  **(PE, Science)** |  |
| **Success Criteria** |  |
| **Essential Question** |  |

**LESSON INSTRUCTIONAL STRATEGIES**

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| **Lesson Introduction:** |
| **(circle all that apply): Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity** |
| **Content Focus:** |
| **(circle all that apply): Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity** |
| **Closure:** |
| **(circle all that apply): Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity** |

**LESSON SUPPORT**

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| **Equipment / Set-Up** |  |
| **Safety Considerations** |  |
| **Assessment:**  (circle below)   * **Formative** * **Summative** |  |
| **Differentiating Instruction** |  |
| **Student Vocabulary** |  |
| **Helpful Hints?** |  |
| **Resources** |  |
| **Reflection** |  |