Waiver Application:

Recess Waiver for 2024-2025 SY

### In accordance with RCW [28A.230.295](http://app.leg.wa.gov/RCW/default.aspx?cite=28A.230.295), each public school serving grades K-5 must provide a minimum of 30-minutes of recess to students each school day (when the school day is five hours or longer). In addition:

* Recess is required for 6th grade if in an elementary school; recommended if 6th is in intermediate, middle school, etc.
* Districts should offer recess before lunch when possible, to reduce food waste, maximize nutrition, and allow students to be active before eating.
* Elementary schools may provide additional recess time before or after school, but that time may not be used to meet the recess requirement.
* Time spent changing to and from clothes for outdoor play should not be used to meet the recess requirements.
* Recess must be supervised and student directed and must aim to be safe, inclusive, and high quality as described in the model policy and procedure referenced in RCW [**28A.210.368**](http://app.leg.wa.gov/RCW/default.aspx?cite=28A.210.368). It may include organized games, but public schools should avoid including, or permitting the student use of, computers, tablets, or phones during recess.
* Daily recess requirement cannot be used to meet the physical education requirements under RCW [**28A.230.040**](http://app.leg.wa.gov/RCW/default.aspx?cite=28A.230.040).
* Recess should not be withheld from students for disciplinary reasons or academic support.

The Office of Superintendent of Public Instruction (OSPI) may grant certain waivers to districts for elementary schools that cannot comply with recess requirements for the 2024-2025 School Year; there is no recess waiver option beyond 2024-2025.

### Please submit the following documents to OSPI: *Documents should be in PDF or Word format. Do not send weblinks.*

1. Completed Recess Waiver Application form (see next page). *Add more school lines if needed*.
2. Email Recess Waiver to [**recess.waiver@k12.wa.us**](mailto:recess.waiver@k12.wa.us)

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| School District Click or tap here to enter LEA/school district |
| Mailing Address Click or tap here to enter LEA mailing address |
| Superintendent Click or tap here to enter name Email: enter email address Phone: enter phone number |
| Person Submitting Application *(if different)* Click or tap here to enter name. Email: enter email address Phone: enter phone number |

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| Our school/s are requesting a recess waiver because of: (click all that apply) |
| scheduling challenges/ time conflicts. staffing/training requirements to provide high quality recess. competing space issues. other: *add space to write (click or tap to write in other explanation)* |

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| Please list elementary schools and principals who will not be able to meet recess requirements for 2024-2025 SY (add more lines if needed for more schools) | |
| School Name: | Principal: |
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| Signed *(Superintendent)***:**  Superintendent’s signature (electronic is acceptable) | Date:  Date signed |