CAREER AND COLLEGE DEVELOPMENT

LESSON 12-2 ▲ WHAT DOES IT TAKE?

**LEARNING GOALS/OUTCOMES**

* Identify key strategies that students need to have in order to make it to college.
* Self-assess strategies they are already using to get them to college.
* Self-assess strategies they will add.

**MATERIALS NEEDED**

* **Student Handouts:**
* What Does It Take? Worksheet
* **Computer, projector and scree** for showing online video
* **Internet access**
* **Online Video:** “First in the Family: How to Make It to College”

[**http://www.youtube.com/watch?v=UXsbnmPSaDc**](http://www.youtube.com/watch?v=UXsbnmPSaDc)

**CLASSROOM ACTIVITIES**

1. **Explain to students that this is an general lesson** **that helps students drill down and act on what it takes to get to college.** Distribute the *What Does It Take? Worksheet* and ask students to list what they would tell another student about how to make it to college in the “Your list of strategies” column. When they are finished, allow students an opportunity to talk with other students about the list they have created. Remind students to adapt this activity to meet their needs. Whether their challenge is getting to college or picking the right college, they can brainstorm useful strategies and learn from others.
2. **Show the video as an example of students already in college**. Ask students to use the worksheet to check-off the strategies they already use and to list new ones they might want to use. After the video, give students time to compare their worksheet notes on the following questions:
   * What strategies were the same?
   * What new strategies did they hear?
   * What makes the most sense to try in their lives?
3. **Have the groups report out on the strategies they discovered.** Discuss what was surprising to them and what did they already know. Reiterate that they have life experiences and skills already in place that they can use toward their goal of going to college including persistence, self-advocacy, and leadership.
4. **Consider an enrichment activity below.** This may help extend the lesson and customize for your students.

**STUDENT PRODUCTS**

* **Completed *What Does It Take? Worksheet***

**ADDITIONAL RESOURCES AND OTHER INFORMATION**

* **SUPPLEMENTAL FACILITATOR NOTES:**

The 12 minute video, “How to Make It To College*,”* provides high school students with the stories of students just like them who have made it to college and are experiencing success. In addition, the video provides a quick assessment of what students already know about going to college. The lesson focuses on asset recognition and the key message that students have within themselves what it takes to get to college.

Given the timeframe of the advisory period you may want to segment the lesson differently or show less of the video

* **ENRICHMENT ACTIVITIES**

Juniors and seniors are dealing with the realities of how challenging it can be to navigate the college selection, application, and financial aid process. Expand the opening lesson by:

* Helping students to set-up a debate situation and have the opportunity to argue against the advice they heard in the video.
* Allowing students to work in small groups to develop a “script” for a possible video about why it is hard to go to college or to get into the college of choice.
* Holding an honest discussion about the fact that getting into college may be challenging but that these students “have what it takes” and MORE!

One of the ways to continue to solidify the opening discussion is for students to develop a panel presentation with both the challenges and the strategies that they can present to younger students.

* **EXPLORATION OPPORTUNITY**

Today’s student is often visually talented. If there is the opportunity, have students develop short videos that would be similar to the YOU TUBE video they saw. Empower them to continue to develop an appreciation for what they know and the personal skills they already have. Make sure you have student permission to be in a video if anything is filmed.

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LESSON 12-2 STUDENT HANDOUT

WHAT DOES IS TAKE? WORKSHEET

You will have the opportunity to listen to college students talk about how to get to college. In a three-step process, explore **what does it take?** You may want to challenge yourself by thinking about what it would take to get into your preferred college or post-secondary option.

1. List the strategies you already know about.
2. Watch the videos and write down the strategies these college students suggest you need to use to get to college.
3. Add strategies you that just occurred to you.
4. Be prepared to share.

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| 1. **Your list of strategies** | 1. **New Strategies You Heard in the Video** | 1. **What do you think you want to add?** |
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