

WYSH Plan Youth Friendly Resources

Suicide Prevention

If you or someone you know is considering suicide - please call 1(866) 273-8255 or visit <https://suicidepreventionlifeline.org/help-yourself/youth/>

Resources

- If you would like more information or resources related to sex education, sexual violence, LGBTQ+ issues, feel free to visit the following links:
- Sexual Health Education Resources: <https://www.k12.wa.us/student-success/resources-subject-area/sexual-health-education/hiv-and-sexual-health-education-resources>; <http://answer.rutgers.edu/>; <https://sexetc.org/>; and <https://advocatesforyouth.org/>
- We R Native, a multimedia health resource for Native youth and young adults: www.wernative.org
- LGBTQ+ information: <http://mystoryoutloud.org/>; <https://www.glaad.org/>; and <https://www.glaad.org/>
- Sexual Violence - www.rainn.org/ and <https://www.wcsap.org/>
- Finding Sexual and Reproductive health in your area: <https://doh.wa.gov/you-and-your-family/sexual-and-reproductive-health/clinic-locations>; and <https://opa-fpclinicdb.hhs.gov/>
- Other resources: <https://doh.wa.gov/you-and-your-family/teens-and-young-adults/teens-and-young-adult-resources>

