

# Condiment Study

**Instructions:**

Complete the general information section including the meal studied (Breakfast or Lunch), site and week of study. Place and X by any condiment served during the study week. Add any condiments not listed. For each day during the study week; record total meals served and total amount of condiment served. To find daily average portion size for each condiment; take total amount served and divide by the total number of meals served. *For example: If on Monday I served 1 #10 can of catsup (190 Tbsp) and a total of 200 meals:  $190 / 200 = .95$  Tbsp; rounded to and average portion size of 1 Tbsp.*  
 For the week average portion add all the daily average portion size and divide by the number of days of the week that condiment was served.

<b>Meal:</b>	<b>Site:</b>
<b>Week of:</b>	

		Monday		Tuesday		Wednesday		Thursday		Friday		Total
# of Meals Served												
		Total Amount Served	Average Portion Size	Total Amount Served	Average Portion Size	Total Amount Served	Average Portion Size	Total Amount Served	Average Portion Size	Total Amount Served	Average Portion Size	Week Average Portion
<input type="checkbox"/>	BBQ Sauce											
<input type="checkbox"/>	Catsup											
<input type="checkbox"/>	Croutons											
<input type="checkbox"/>	Honey											
<input type="checkbox"/>	Jelly											
<input type="checkbox"/>	Margarine											
<input type="checkbox"/>	Mayonnaise											
<input type="checkbox"/>	Pickles											

<input type="checkbox"/>	Raisins											
<input type="checkbox"/>	Salad Dressing Ranch											
<input type="checkbox"/>	Salad Dressing-Italian											
<input type="checkbox"/>	Salad Dressing-Other:											
<input type="checkbox"/>	Salsa											
<input type="checkbox"/>	Sour Cream											
<input type="checkbox"/>	Tartar Sauce											
<input type="checkbox"/>	Teriyaki Sauce											
<input type="checkbox"/>												
<input type="checkbox"/>												
<input type="checkbox"/>												
<input type="checkbox"/>												