Family Connections Tool & Resource List

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Self-actual: What can I do to help you keep up with learning?

Esteem: You are doing the best you can/really well/fantastic You are strong and resilient. I'm proud of you.

Love and Belonging: We miss you. What have you been up to? Who have you been keeping in touch with? What's your favorite way to stay in touch?

Safety Needs: Is your family feeling well (physically and emotionally)? Do you feel safe at home? What do you do to stay active? How can we support you?

Physiological Needs: How are you and your family doing? Do you have access to food and necessities? What support can we provide you?

Purpose: To help educators build relationships with families and connect them to needed resource BEFORE assessing learning needs.

To use:

- When calling families, start at the bottom of this pyramid and work your way up.
- Use the question frames as guides.
- Use the links to connect to resources as needed.

Suggestions:

- Put your own oxygen mask on first by practicing self-care. You can't help if you're not okay.
- Keep shared google sheet with check in call notes.

Important Contacts:

(Make a copy and add your own link with contact info for your counselors, district contacts, SPED case managers, etc.)

START HERE!