



Sexual Health Education Instructional Materials Review

Rights, Respect, Responsibility (3Rs) High School

Year Published: 2015

Publisher: Advocates for Youth

Website: www.advocatesforyouth.org

Full or Supplemental: Full

Grade Level: K-12 (this page describes Grades 9-12)

Student Population: General

Duration/Number of Lessons: twenty-eight lessons (5-11 lessons per grade) that are forty to fifty (40-50) minutes each.

Format and Features: Online, free, teacher's guide, family homework activities, training available.

Evidence-based/informed: Yes, evidence-informed

National Standards Alignment: Yes (National Sexuality Education Standards; covers all 16 "essential components" as recommended by the Centers for Disease Control.

Consistent with Healthy Youth Act? Yes

Consistent with AIDS Omnibus Act? Yes

Bias Free Materials: Yes

Primary Topical Areas (Check all that apply)

- | | |
|---|--|
| <input checked="" type="checkbox"/> Abortion | <input checked="" type="checkbox"/> HIV Prevention |
| <input checked="" type="checkbox"/> Abstinence | <input checked="" type="checkbox"/> Identity/Orientation |
| <input checked="" type="checkbox"/> Access to Services | <input checked="" type="checkbox"/> Online Safety |
| <input checked="" type="checkbox"/> Anatomy and Physiology | <input checked="" type="checkbox"/> Pregnancy & Reproduction |
| <input checked="" type="checkbox"/> Communication/Decision-making | <input checked="" type="checkbox"/> Puberty/Adolescent Development |
| <input checked="" type="checkbox"/> Condom Use | <input checked="" type="checkbox"/> Refusal Skills |
| <input checked="" type="checkbox"/> Consent | <input checked="" type="checkbox"/> STD Prevention |
| <input checked="" type="checkbox"/> Contraception | <input checked="" type="checkbox"/> Other |
| <input checked="" type="checkbox"/> Healthy relationships | |

Reviewer Comments:

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Flexible K-12 curriculum - can pick and choose lessons and there are lessons a district could adopt at all or many grade levels with similar tone and authorship for consistency across grades. Family homework activities are included with some lessons. Resources for educators at every grade level, and many lessons include PowerPoint presentations. Training recommended, but not required. This would be a great curriculum to use on its own, or to supplement other curricula that are less modern or do not cover all topics under comprehensive sexual health education.

Total # of lessons for HS: 29 lessons. Gr. 9: 11 lessons, Gr. 10: 7 lessons, Gr. 11: 5 lessons, Gr. 12: 6 lessons. If health is taught only once in high school, there are many more lessons than one could fit into a semester or trimester health class along with other units - district would have to pick and choose a scope and sequence.

Inclusive for issues related to sexual orientation and gender identity: Several examples of explicit inclusion like explaining that an abuser / victim of relationship abuse can be any gender or using the phrase "person with a vulva" instead of girl/woman to include trans people. Not inclusive of students with disabilities.

Several recent videos and podcasts. This can be great multi-media teaching but requires teacher preview time and checks for broken or district firewalled links. There is potential for broken links if YouTube videos are taken down or websites are overhauled and URLs change.

Almost completely meets the National Sexuality Education Standards and WA State Guidelines. Covers all 16 topics recommended by the Centers for Disease Control and Prevention (CDC) as essential components of sexual health education. Modern lessons about topics like dating abuse, sexual orientation, gender identity. Several examples of guidance for teachers where language may need to be adjusted based on community values and beliefs

I printed the lessons and put into a binder for easier reference. Although I understand that teachers can pick and choose, it would be nice to have page numbers. Especially if you were taking pages out for photocopying, page numbers would help ensure the binder was ordered correctly.

Assessments are less in the form of pre-/post-test or quizzes but there are plenty of skill practice assignments like role plays and small group or individual practice worksheets. I did not check strategies to engage parents because there is parent homework in gr. 9 but not gr. 10-12.

Gr. 9 Lesson 3 could be challenging, especially in small / rural communities, to find rape survivor guest speakers. Videos might be a good substitute; the lesson itself does not give this alternative.

Gr. 10 Lesson 6 is all about lobbying and advocacy. It discusses lobbying the principal. Principals should be made aware of this lesson well before it happens.

Gr. 10 Lesson 7 websites lack truly untrustworthy websites - more examples with myths like "blue waffle" or a gay conversion therapy business might help here. And factsaboutcondoms.org (a website by Trojan, a condom business) and plannedparenthood.org (an organization that provides abortions) may never be seen as "accurate and reliable" websites by some people, despite them being listed under that heading on the last page of this lesson.

Gr. 11 Lesson 1 requires VERY skillful facilitation because it asks students to write what other students might say about students who are Muslim, wear very baggy or very tight clothing, blonde haired blue eyed cheerleader, etc. Especially in today's climate, there is a lot of risk of hurtful things being said or written in this lesson and not addressing could be very harmful.

Gr. 11 Lesson 2 also requires skillful facilitation as it brings up boundaries and borders and current national climate may bring out more anti-immigrant sentiment than considered when this curriculum was authored a couple years ago.

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Gr. 9 Lesson 3, "It wasn't My Fault" requires extra prep, to gather panelists, this may be difficult for some teachers, but could also be a powerful lesson if it works out. I like the use of: "I think, I feel, I wonder" for note taking/reflection of the panelists.

Gr. 9 Lesson 4, OBI-Sexual Orientation, nice use of helping students to identify appropriate language.

Supporting materials are nice to have: power points ready for use, links to videos -- although these links could quickly become unavailable, but helpful as long as they are current and still accurate links.

Nice variety of activities with different topics/lessons, good use of multi-media as well. Many lessons are very relevant to this generation of students, with age-appropriate discussions/activities.

Curriculum design: good use of videos, easy access via YouTube/websites. Graphic design: simple, clean, but not eye catching.

Very comprehensive, covers a wide range of topics regarding Human Sexuality. It's organized for 9-12 building upon itself each year. I'm curious how many schools are able offer a class every year that could accommodate the depth/scope of this curriculum.

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The curriculum provides outstanding teacher supports. Many are very specific - For example in the very first lesson in grade 9, the instructions say to "stop the video at 4:45 when the screen says". With even just a bit of preparation teacher can do a good job of working through this material. Units also begin with - Advanced Preparation for Lesson. This is a great addition. In one case a note was made that the preparation would take longer than normal and gave the teacher a heads-up to that issue. Each unit begins with time targets, lesson objectives, standards alignment, and materials needed. The use of Recommended Assessment of Learning Objectives is outstanding. The use and level of homework is appropriate for high school and seems to address the need for a deeper "reach" for understanding and written response. As with the Elementary Curriculum, most units have embedded "Notes to the Teacher". Very specific directions such as, "should this happen it is important to stop what you are doing and..." Curriculum design could be strengthened with the addition of assessments that are tied to the learning target/objectives and associated scoring rubrics. Also, would like to see more graphics or connected design work. The HS material is very dense with text. Outstanding use of teacher supports and well-designed curriculum. Good classroom activities that include student interaction and direct instruction. Also, good use of outside classroom resources such as videos and other relevant materials.

Each lesson begins and ends well. Beginning is based on standards, learning objectives, and preparation needed. Lessons then end with homework and assessment.

Scoring rubrics would be an addition to the curriculum that would help to strengthen the overall lesson.

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Teacher-friendly and well organized.