



Sexual Health Education Instructional Materials Review

Curriculum Title: Coaching Boys Into Men

Year Published:

Publisher: Futures Without Violence

Website: www.futureswithoutviolence.org

Full or Supplemental: Supplemental

Grade Level: Secondary

Student Population: Student Athletes

Duration/Number of Lessons: 12 sessions

Format and Features: Training required, cards used to deliver lessons

Evidence-based/informed: Yes

National Standards Alignment: Not evident

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: Yes, with modifications

Primary Topical Areas (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input checked="" type="checkbox"/> Consent | <input type="checkbox"/> Other |
| <input type="checkbox"/> Contraception | |
| <input checked="" type="checkbox"/> Healthy relationships | |
| <input type="checkbox"/> HIV Prevention | |

Reviewer Comments:

Reviewer 201

Coaching Boys into Men is a 12-week supplemental for high school boys on sports teams to promote gender equity and to build responsible, respectful, and non-violent relationships. It is also about strengthening a school culture by developing the student athlete members of the student body, and through partnering with school staff in delivering training and addressing issues. Throughout the sports season, weekly discussions are led on topics such as respect, responsibility, consent, aggression, boundaries. While there is one scenario about being disrespectful toward trans students, and there is language about LGBTQ and other marginalized groups, it is primarily focused on girls and women. There is virtually nothing in this program addressing individuals with developmental disabilities. I downloaded the “Coaches Corner” additional material and still did not find any educator training. The degree that this material is engaging and appealing is totally a function of the person delivering it, and the relationship that person has with the players.

Reviewer 205

Coaching Boys into Men is designed to be implemented by coaches of high school athletic teams throughout the course of the season. It is specifically aimed towards boys' athletic teams. This model can be beneficial by having a coach to mentor youth. The materials provide tips, examples, scripts, and intervention strategies to the coaches. The curriculum primarily focuses on heterosexual relationships. There is some mention of not judging or bullying others for their sexual orientation, however, most of the content, examples, and activities are based on a heterosexual relationship. There is a wide variety of topics covered over the 12 sessions. The coaches need training to address their own beliefs and biases so that they can effectively implement the training with youth.

Reviewer 204

The material seemed to be really well designed within the context of sports. Lots of information for coaches to improve their knowledge and execution of program materials.