



Sexual Health Education Instructional Materials Review

Curriculum Title: Empower Youth Program

Year Published: 2011

Publisher: iEmpathize

Website: iempathize.org

Full or Supplemental: Supplemental

Grade Level: Secondary (ages 12 and up)

Student Population: General, flexible for multiple populations/sites; Spanish language version in development

Duration/Number of Lessons: 5 lessons

Format and Features: Online or DVD/guidebook package

Evidence-based/informed: Not evident

National Standards Alignment: Not evident

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: Yes, with modifications

Primary Topical Areas (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input type="checkbox"/> Consent | <input checked="" type="checkbox"/> Other (Social Emotional Skills) |
| <input type="checkbox"/> Contraception | |
| <input checked="" type="checkbox"/> Healthy relationships | |
| <input type="checkbox"/> HIV Prevention | |

Reviewer Comments:

Reviewer 207

The information contained in this curriculum is good; however, the approach is simplistic. While I may use portions of the curriculum, I don't think there is enough information for five modules. This could be a part of a larger effort.

Reviewer 204

Not intellectual disability friendly; too dependent on reading and writing and use of abstract concepts core to program. Drawings show only white people and only heterosexual relationships. Videos are more inclusive. Didn't see anything about consent. Appeared to be a human trafficking-oriented training. Would be a good addition to a more comprehensive curriculum.

Reviewer 209

This curriculum is very comprehensive in that it provides support for educators interested in facilitating it. It is also very engaging for young people and includes a great mix of activities and group work. It is very effective at increasing empathy and promoting effective boundary setting. It does not specifically address sexual violence, but it does lightly cover child sexual abuse and trafficking. Overall this is a great curriculum for teachers who are interested in facilitating a curriculum on empathy and social support. In efforts to address sexual violence and abuse I would recommend supplementing it with a more specific curriculum on sexual violence that more comprehensively describes the roots of violence and why violence happens.