



Sexual Health Education Instructional Materials Review

Curriculum Title: Healthy Relationships (Arc of Spokane)

Year Published: 2018-19

Publisher: Arc of Spokane

Website: <https://www.arc-spokane.org/sexual-abuse-prevention>

Full or Supplemental: Full

Grade Level: High School and Transition Programs

Student Population: Students with intellectual and developmental disabilities

Duration/Number of Lessons: 8 weeks

Format and Features: Teachers guide and workbook for students

Evidence-based/informed: Not evident

National Standards Alignment: Not evident

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: Yes

Primary Topical Areas (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input checked="" type="checkbox"/> Consent | <input type="checkbox"/> Other |
| <input type="checkbox"/> Contraception | |
| <input checked="" type="checkbox"/> Healthy relationships | |
| <input type="checkbox"/> HIV Prevention | |

Reviewer Comments:

Reviewer 207

The material is easy to understand, well organized and would be simple to use. There is straight forward information pertaining to male and female anatomies. While it is explained appropriately, it is important to know that this information is included in the curriculum.

Reviewer 205

The Healthy Relationships Curriculum is designed for use with older youth who have intellectual and developmental disabilities.

The materials represent diverse communities, but it does skew towards white presenting.

The curriculum primarily focuses on heterosexual intimate relationships.

Reviewer 101

Strong material written from a strong equity perspective. Could be a powerful teaching tool for high school aged students with and without disabilities. Very accessible, engaging and easily broken into small, digestible segments for a range of cognitive abilities. Strong use of images that show people from different backgrounds in modern settings.