

Comprehensive Sexual Health Education Instructional Materials Review

Consent & Communication (Amaze)

Year Published/Revised: 2019

Publisher: Amaze

Website: <https://amaze.org/video/healthy-relationships-consent-and-communication/>

Full or Supplemental: Supplemental

Grade Level: 6-8 (Middle School)

Student Population: General

Duration/Number of Lessons: One video; 2:09 minutes

Format and Features: Online video, Overview and Discussion Questions, Lesson plans, Information provided for educators, youth and parents

Evidence-based/informed: Not indicated

National Standards Alignment: Yes, National Sexuality Education Standards

Consistent with WA Health Education Standards: Yes

Consistent with Comprehensive Sexual Health Education Act: Yes

Consistent with AIDS Omnibus Act: N/A

Inclusive Materials/Strategies: Yes

Bias Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 107

Amaze excels at producing engaging and fun videos for all ages. I appreciated that they begin the conversation with stating that consent can be confusing to understand, especially neutral physical touch between friends and family. Mainstream culture in the U.S. generally teaches that adults can touch, hug, wipe noses, brush hair, etc., of small children without their consent, even forcing them to hug/touch adults when they don't want to. It is often confusing for children to apply the concepts of consent with their peers when they have not personally experienced it. The video briefly discusses affirmative consent, rejection, and bodily autonomy. One line I consider problematic for survivors of sexual or domestic violence is "No one can touch me against my will." Unfortunately, that statement is not true for many children who have been abused and may feel like victim-blaming to survivors watching the video. The follow up statements about asking people to stop and finding trusted adults were right on the mark.

Reviewer 105

Video: Cute video of a bear who is reflecting on how to interact with humans. Could be more appropriate for a younger age. Bear reflects on asking for consent before touching anyone, that



it is okay to say no, you can change your mind, being touched without your permission isn't your fault and to talk to a trusted adult if you're touched without permission. Only meets WA state education standard 4 if you use a provided lesson plan.

Supplemental materials: excellent framing on the AMAZE website for educators, youth, and parents. The educator section recommends good discussion questions and two lesson plans. One lesson plan is from Advocates for Youth, aimed at 6th grade and part of the 3Rs curriculum. You may want to consider that it is part of a series of lessons. The other is from Rutgers and costs \$1.99 to access.

Reviewer 106

This video does a great job explaining affirmative consent, it just feels a bit young for middle school. It would be a fabulous resource for students who have never heard about consent, which is hopefully before grade 6.

Accuracy Analysis Reviewer 124

No medical errors noted!

