

Comprehensive Sexual Health Education Instructional Materials Review

Saying Yes or No (Amaze)

Year Published/Revised: 2017

Publisher: Amaze

Website: <https://amaze.org/video/saying-yes-or-no-what-is-consent/>

Full or Supplemental: Supplemental

Grade Level: Middle school (6-8)

Student Population: General

Duration/Number of Lessons: One video; 8:08 min.

Format and Features: Online video, Overview and Discussion Questions, Lesson plans, Information provided for youth and parents

Evidence-based/informed: Not indicated

National Standards Alignment: Yes, National Sexuality Education Standards

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Act? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 111

The topics covered in this conversation between sisters are well discussed. Topics include laws around consent, consent for things other than sexual intercourse, and coercion. The content is good; however, it is a rather long video (8min) that is not very engaging. The lesson plan is very thorough. I likely would not use this in my classroom because I would want something shorter and more engaging. Also, it is only depicting two relationships and both of which are heterosexual. So, if this is the only video shown on consent, students of the LGBTQ community may feel left out of the conversation.

Reviewer 108

This video is clear, engaging, and concise. I would use this video to start conversations and/or introduce a deeper and/or longer unit on consent and relationships.

Reviewer 110

I appreciate how they discuss when someone changes their mind, age of consent laws, and drugs and/or alcohol. I also liked how they emphasized the need for BOTH people to consent-- it does not matter which gender.



Accuracy Analysis Reviewer 124
No medical inaccuracies noted.

