

Comprehensive Sexual Health Education Instructional Materials Review 2022

In Their Shoes

Year Published/Revised: 2019

Publisher: Washington State Coalition Against Domestic Violence

Website: <https://wscadv.org/training-kits/in-their-shoes/>

Full or Supplemental: Supplemental

Grade Level: High School (9-12)

Student Population: General

Duration/Number of Lessons: Virtual Activity (Time may vary)

Format and Features: Facilitator's Guide, Virtual Activity (PDF)

Available in Multiple Languages: Spanish language version tailored to be culturally relevant (Caminando en Sus Zapatos) – not a translated of the English version.

Evidence-based/informed: Evidence-informed

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Accuracy

Reviewer 223

No medical/scientific concerns noted.

Reviewer 224

This resource focuses on interpersonal relationships and intimate partner violence. There are no medical or scientific errors that need to be corrected in this resource.

Supplemental

Reviewer 201

I really like the idea of focusing on one character and then sharing with a larger group. I think all these scenarios are relatable.



Reviewer 202

Strengths: Covers a variety of issues teens may experience such as pregnancy, rape, homelessness, coming out, family discord, relational violence, stalking, suicide, murder, domestic violence, and more. The virtual format provides a good format for the virtual classroom. The "Send a Message" lesson plan helps students learn how to communicate their concerns to friends who are in dangerous dating situations. The material was engaging and easy to navigate.

Shortcomings: In their Shoes consists of intense and extremely dangerous dating scenarios that at times did not always seem appropriate for the classroom setting, such as rape, voluntary teen homelessness, being murdered at the hands of a partner, and attempting suicide by drowning in front of a partner while they are at work as a lifeguard. Material seemed very intense and may be emotionally triggering and upsetting. This lesson seems to focus solely on unhealthy teen relationships and contains no examples of healthy teen love.

Reviewer 203

I really appreciate the repeatedly available help crisis line being provided throughout the material. Great to select different choices and then be able to read through other's perspectives. Powerful material, feel that the need for debriefing cannot be overlooked with this supplemental material.

Reviewer 205

In Their Shoes is a creative way to let student's see other perspectives. Although the scenarios could be a situation that a student could find themselves in, I think the subject of the scenario could be a little intense for students, especially in a conservative district. I think that some of the situations could be triggering and alarming for students and might cause some students to feel uncomfortable. The format of the material is engaging, it is an interesting format. However, I can see this material being hard for teachers who do not have as much experience, especially with this topic.

Reviewer 210

I like the inclusion of the role playing and think it is an effective way to develop a deeper understanding that is in this curriculum. I also think it would be more appealing to youth who are accustomed to the use of technology that it would be great to add video narration of at least one example to demonstrate the exercise in action.

Reviewer 218

This virtual version is based on the in-person classroom simulation, which has been around for several years. The simulation (unchanged/not updated for this virtual version) includes a variety of characters, all of whom experience unhealthy or abusive behaviors. Like any materials which may trigger a young survivor, this material would need pre-viewing support to prepare students for the content and a resource list which includes local, teen-centered domestic violence



support. The virtual simulation is straightforward, easy to navigate/toggle between cards and there are ways to set it up either as a whole group or with small breakout rooms. The program is designed as a “choose your own adventure” story where students make choices on what characters should do next in their relationship. The program concludes with a full group debrief and discussion questions, which are provided in the discussion guide.

Given the teen dating violence present in some of these characters, I feel a facilitator would need to know their audience/students fairly well and perhaps assign students specific characters based on their knowledge of a student’s experience. Having established classroom Group Norms and strategies of trauma-informed approaches to teaching sexual health would also benefit a classroom teacher when using materials such as In Their Shoes which explores unhealthy relationships and teen dating violence so directly.

