

# *2021-2023 Reviewed HIV/Sexual Health Instructional Materials*

## **Consistency with Washington State Requirements**

The Office of Superintendent of Public Instruction (OSPI), in collaboration with the Washington Department of Health (DOH) and a panel of reviewers representing local districts and public health experts, conducts regular reviews of HIV prevention and sexual health instructional materials to assess their consistency with the AIDS Omnibus Act ([RCW 28A.230.070](#)), the 2005 [Guidelines for Sexual Health Information and Disease Prevention](#) and the further requirements of [RCW 28A.300.475](#). Commonly used titles are reviewed, along with promising materials identified by districts and OSPI. A [review of sexual abuse prevention materials](#) was done in 2018 as part of OSPI's Erin's Law implementation.

The following list includes titles reviewed in 2021, 2022, and 2023, since new requirements for comprehensive sexual health education went into effect. Districts that want to use titles that have not been reviewed by OSPI and DOH since 2021 must use OSPI's [instructional materials review instruments](#) to assess suitability for use. Medical accuracy reviews should be conducted by DOH or a panel of experts with relevant clinical/research expertise, in accordance with state law.

Titles labeled "full" curricula are generally comprehensive curricula that include lessons addressing a wide range of topics, intended to be taught over the course of a unit of instruction or several grades. Titles labeled "supplemental" are generally materials that address only one topic or theme or are intended for use to supplement one lesson. Titles including content on affirmative consent or bystander training are indicated.

Reviews for these years found materials either "consistent," "consistent with modification" (minor or significant), or "not consistent" with state legislative requirements. All reviews are available on OSPI's [Instructional Materials Review Reports and Tools webpage](#), including contact information for publishers.

OSPI does not "approve," "endorse," or "recommend" curricula. Approval and adoption happen at the district level after district- or school-level reviews to ensure that materials are suitable for use in that community.



## Titles Consistent with State Requirements

The following list from the 2021, 2022, and 2023 reviews represents titles found to be consistent with state requirements, or consistent with modifications. Titles reviewed previously may not be consistent with requirements for comprehensive sexual health education that went into effect in Dec. 2020 and should be reviewed carefully by districts. Reviewer comments and publication information can be found by clicking on the title [in each posted review](#).

### Elementary School (Grades K-3)

**Note: New requirements for comprehensive sexual health education do NOT require districts to provide sexuality content in grades K-3. Instruction for grades K-3 “must be social emotional learning.”**

Schools will not be required to use or adopt a curriculum in order to provide social emotional learning, though using an evidence-based program over time is recommended. Social and emotional learning is a process through which individuals build awareness and skills in managing emotions, setting goals, establishing relationships, and making responsible decisions that support success in school and in life.

### Elementary School (Grades K-6)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year of Review	Notes
Always Changing (P&G, 2021)	5-8	Supplemental	n/a	Yes, with modification	No	2023	Modification needed to be inclusive of all students – see product teacher’s guide for language and information
A Boy’s Guide for Growing Up (2005)	5-12	Supplemental	n/a	Yes	No	2023	For students with I/DD
Consent (For Kids!) Boundaries, Respect, and Being in Charge of YOU!	4-6	Supplemental	n/a	Yes	Consent, BST	2021	

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Consent for Kids video (2021)	3-6	Supplemental	n/a	Yes	Consent	2022	
FLASH (2022)	4-6	Full	Yes	Yes	Consent, BST	2022	
Friendlets (2021)	4-5	Supplemental	n/a	Yes	No	2022	
A Girl's Guide to Growing Up (2005)	5-12	Supplemental	n/a	Yes	No	2023	For students with I/DD
HealthSmart (ETR, 2022)	3-5	Full	Yes, with modification	Yes	BST	2023	HIV/AIDS lesson needs supplementation with age-appropriate information about prevention methods in addition to abstinence
Positive Prevention Plus (2017)	4-6	Full	Yes	Yes	No	2021	
Puberty & You video (2020)	4-6	Supplemental	n/a	Yes	No	2021	
Rights, Respect, Responsibility (3Rs) WA version (2022)	4-5	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
UnHushed Elementary(2021)	K-5	Full	Yes	Yes	Consent, BST	2021	

**Middle School (Grades 6-8)**

<b>Title and Edition</b>	<b>Grade Level Reviewed</b>	<b>Full or Supplemental</b>	<b>AIDS Omnibus Act Consistency</b>	<b>CSHE Law Consistency</b>	<b>Includes Consent and/or Bystander Training (BST)</b>	<b>Year of Review</b>	<b>Notes</b>
Always Changing (P&G, 2021)	5-8	Supplemental	n/a	Yes, with modification	No	2023	Modification needed to be inclusive – see teacher’s guide for language and information
Ask. Listen. Respect: A video About Consent (2018)	6-12	Supplemental	n/a	Yes	Consent	2022	
Boundaries video (KCSARC, 2020)	6-12	Supplemental	n/a	Yes	No	2021	
A Boy’s Guide to Growing Up	5-12	Supplemental	n/a	Yes	No	2023	For students with I/DD
Comprehensive Health Skills (Goodheart-Willcox, 2023)	6-8	Full	Yes	Yes	Yes	2023	
Consent is Everything video (Seattle Public Schools, 2021)	6-12	Supplemental	n/a	Yes	Consent	2022	
Consent video (KCSARC, 2020)	6-12	Supplemental	n/a	Yes	Consent	2021	

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Consent and Communication video (Amaze, 2019)	6-8	Supplemental	n/a	Yes	Consent	2021	
Consent Explained video (Amaze, 2016)	6-12	Supplemental	n/a	Yes	Consent	2021	
Door 3 (One Love, 2022)	9-12	Supplemental	n/a	Yes	No	2023	
A Girl's Guide to Growing Up	5-12	Supplemental	n/a	Yes	No	2023	For students with I/DD
Great Body Shop (2021)	6-8	Full	Yes, with modification (see notes)	Yes, with modification (see notes)	Consent, with modification	2022	Must be used with "special topics" targeted extension activities in order to be consistent with state requirements for content and inclusive instruction.
Healthy LGBTQIA video/lesson (2020)	7-12	Supplemental	n/a	Yes	Consent	2022	
Health Smart MS (2020)	6-8	Full	Yes	Yes	Consent	2021	

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Healthy Communication video (KCSARC, 2020)	6-12	Supplemental	n/a	Yes	Consent	2021	
Making Proud Choices (2021)	6-8	Full	Yes	No	No	2022	Contains insufficient content to meet requirements for comprehensive sexual health
Native It's Your Game 2.0 (2021)	6-8	Full	Yes	Yes, with modification	No	2022	Needs supplementation to cover required content
Puberty & You video (Seattle Public Schools, 2020)	6	Supplemental	n/a	Yes	No	2021	
Rights, Respect, Responsibility (3Rs) WA version (2022)	6-8	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
Saying Yes or No video (Amaze, 2017)	6-8	Supplemental	n/a	Yes	Consent	2021	
Sex Ed for People with I/DD	6-12	Supplemental	n/a	Yes	Consent	2023	Some content more appropriate for high school or young adult
Teen Talk Middle School (2017)	7-8	Full	Yes	Yes, with modification	No	2022	Needs supplementation to cover required content

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Un Hushed MS (2021)	6-8	Full	Yes	Yes	Consent	2021	
Understanding Sexual Consent and the Law video (Amaze, 2019)	6-8	Supplemental	n/a	Yes	Consent	2021	
What Does Consent Look Like (2014)	6-8	Supplemental	n/a	Yes	Consent	2021	
Yes Means Yes video Lesson ETR, 2020)	7-12	Supplemental	n/a	Yes	Consent	2022	

### High School (Grades 9-12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Athletes as Leaders (2017)	9-12	Supplemental	n/a	Yes	Consent, BST	2021	
Amor del Bueno	9-12	Supplemental	n/a	Yes	No	2022	
Ask. Listen. Respect: A video About Consent (2018)	6-12	Supplemental	n/a	Yes	Consent	2022	
Boundaries video (KCSARC, 2020)	9-12	Supplemental	n/a	Yes	No	2021	
Comprehensive Health Skills 2021	9-12	Full	Yes, with modification	Yes, with modification	Consent, BST	2021	Information on prevention should include all methods (e.g. PrEP, PEP, condoms, etc.)
Consent is Everything (Seattle Public Schools, 2021)	6-12	Supplemental	n/a	Yes	Consent	2022	



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Health Smart HS (ETR, 2020)	9-12	Full	Yes	Yes	Consent	2021	
Healthy Communication video (KCSARC, 2020)	9-12	Supplemental	n/a	Yes	Consent	2021	
Healthy LGBTQIA video/lesson (2020)	7-12	Supplemental	n/a	Yes	Consent	2022	
In Their Shoes (2019)	9-12	Supplemental	n/a	Yes	No	2022	
MVP (One Love, 2021)	9-12	Supplemental	n/a	Yes	Consent, BST	2023	
Native Stand (2021)	9-12	Supplemental	Yes	Yes	No	2021	
Rights, Respect, Responsibility (3Rs) WA version (2022)	9-12	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
Sex Ed for People with I/DD video series (National Council on Independent Living)	6 -12	Supplemental	n/a	Yes	Consent	2023	Some content more appropriate for high school or young adult

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Teen Talk High School (2017)	9-12	Full	Yes	Yes, with modification	No	2022	Needs supplementation to cover required content
UnHushed HS (2021)	9-12	Full	Yes	Yes	Consent	2021	
What Does Consent Look Like? (2014)	9-12	Supplemental	n/a	Yes	Consent	2021	
Yes Means Yes video lesson (2020)	7-12	Supplemental	n/a	Yes	Consent	2022	

## Titles Not Consistent with State Requirements

The following list from the 2021 and 2022 reviews represents titles found to be NOT consistent with state requirements. As such, schools in WA should not be using these materials. Reviewer comments and publication information can be found by clicking on the title [in each posted review](#).

### Elementary/Middle School/High School (Grades 3-12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
AIDS Facts for Kids video (Marsh Media)	5-8	Supplemental	No	No	No	2023	Found to contain biased content and outdated information
Ghost Club	7-10	Supplemental	n/a	No	No	2022	Found to contain biased content
Health (Carone Learning, 2022)	4-5	Full	No	No	No	2023	Accessed through Edgenuity/Imagine Learning; Found to contain insufficient content to meet state requirements
Health –semester 2 (Red Comet, 2018)	9-12	Full	No	No	No	2021	Found to contain significant medical inaccuracies and biased content; Insufficient content to be considered comprehensive

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Health with Human Sexuality (Glencoe, 2022)	9-12	Full	No	No	No	2022	Found to contain significant medical inaccuracies; Older versions are also inconsistent with state requirements
Just Around the Corner for Boys (Marsh Media)	4-6	Supplemental	n/a	With significant modification	No	2023	Found not to be inclusive of all students and to contain biased information, outdated information
Just Around the Corner for Girls (Marsh Media)	4-6	Supplemental	n/a	With significant modification	No	2023	Found not to be inclusive of all students and to contain biased information, outdated information
Teen Health with Healthy Relationships and Sexuality (Glencoe, 2021)	6-8	Full	No	No	No	2022	Found to contain biased content and medical inaccuracies; Older versions are also inconsistent with state requirements
Relationship Smarts PLUS 4.0 SRA (2020)	6-8	Full	Yes	No	No	2021	Found to contain significant medical inaccuracies and biased content; Insufficient content to be considered comprehensive

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We're Growing Up (Marsh Media)	5-8	Supplemental	n/a	No	No	2023	Found to contain biased content and not to be inclusive of all students

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