

School Safety and Student Well-Being Advisory Committee

Meeting Notes

Date: December 14, 2023
Time: 8:00–12:00 pm
Location: Zoom

Welcome

Legislative and OSPI Updates

- Review 2023 Summit Priorities
- <https://jamboard.google.com/d/1d61j21keMgeeOazVSRTVKiOI1h0yJQNO7Qckd-uPUKA/edit?usp=sharing> - jamboard
- https://ospi.k12.wa.us/sites/default/files/2023-12/2023_summit_report.pdf
 - 2022-23 Summit Report link
- Governor's Operating Budget – Anna Marie Dufault
 - Increasing the special education funding cap to 17.25%
 - Making progress on OSPI's proposal to establish a living wage for our 32,000 paraeducators by increasing the state's allocation.
 - Fully funding OSPI's proposal to establish a special education teacher residency program, which would add 45 additional endorsed special education teachers to our workforce each year.
 - Advancing our regional mental and behavioral health work being led by the ESDs
 - Fully funding OSPI's request to fully fund the Community Eligibility Provision (CEP)
 - Investing in OSPI's request to invest in the College Success Foundation's Rally for College initiative
 - Making an additional investment in our state's ClimeTime work
 - Doubling OSPI's request for clean classroom air
 - Making progress on OSPI's request to enhance the School Construction Assistance Program (SCAP)
 - Fully funding OSPI's request for the Small District Modernization Program



Mental Health regarding Hispanic/Latino/Students

Facilitated by Cynthia Tamayo cynthia.tamayo@cha.wa.gov – 360.742.4015

- 11 Commissioners, 8 staff
- Created in 1971
- Community Development Officers (5)
- Identify, Advise, Advise, Establish
- Latinos in WA are younger than the average Washingtonian
- Barriers to Mental Health Care
 - Lack of Cultural Competence
 - Legal status
 - Language barriers
 - Poverty, less health insurance coverage
 - Stigma
- Studies found increased depression and anxiety in Latino communities during the Pandemic
- Half of Hispanic adolescent females reported feeling sad or hopeless in 2019 – 23% considered suicide
- Rates of youth mental health problems are on the rise
- Action Based Recommendations
 - Telemedicine
 - Increase access to CBT

MEP Supplemental Health Supports

Facilitated by Armando Isais-Garcia Armando.Isais-Garcia@k12.wa.us 564.200.2074

- Migrant Student Eligibility
 - 3-21 years of age
 - School completion
 - Move
 - Across District boundaries
 - Time
- Washington state has the 2nd highest # of migrant students
 - 30,200 Migrant students
- Migrant Student Health
 - One of the most underserved & poorest groups in the US
 - 300,000-500,000 children under 18
 - Higher probability of school failure, dropout, retention
- Need for Supplemental
 - Expansion of requirements



- School nursing services aren't equitable across state
 - Chronic health conditions have increased by 328% in WA
 - Nursing services have been reduced
- Services must:
 - Help children to participate
 - Not be ongoing or long-term
 - Costs remain necessary, reasonable and allocable to the MEP
- WA State MEP Supplemental Health Goals
- Migrant Nurse Case Management Model
 - Sister model of School Nurse Core
 - Direct RN services
 - Coordinated case management
 - Student advocacy
 - Improve academic achievement
 - Decrease absenteeism
- School Nurse vs. Nurse Case Manager
 - School nurse = all students, but not always available
 - Scope defined flexibility (home visits, health education, parent engagement, health and social service advocacy)
- Methods/Tools
 - 1:1 interview with student
 - Family/Home visit
 - Assess needs, strengths
 - Discuss options
 - Develop a plan
- Migrant Nurse Case Manager Initiative
 - Bilingual position
 - One fiscal agent
 - Time proportional to total migrant student
 - Provide support in school (MOU)
 - Supervision guided by district evaluation
- Migrant Health Nurse Initiative
- Highest Reported Needs
 - Mental health
 - Vision referrals
 - Immunization compliance
 - COVID-19 resources
- Response to Mental Health Needs
 - Project AWARE
- Behavioral Health Grant Opportunity 2023-2024

- Up to \$50k/grant
- Migrant Behavioral Health Therapist
- Behavioral Health Services
 - Aims to prevent students from disengaging
- Wellness/Mental Health Day
- Questions?
 - Any advice on how to get Native Ed kids connected?

Opioid Overdose Response in Washington Schools.

Facilitated by Annie Hetzel annie.hetzel@k12.wa.us

- RCW 28A.210.390
 - Requires school districts with 2000 students or more to keep Naloxone on hand
- Data Collection
 - Doses administered - 7 fold increase last year from previous year
 - Identified Needs
 - Training
 - Cost
 - Difficulty Obtaining
- What Next?
 - DOH – 2 kits to every High School
 - More supports for obtaining stock
 - Gov. Inslee – legislation for education re: fentanyl
 - SB 5804 filed – would require naloxone in every High School
- Resources
 - Statewide standing order
[Overdose Education and Naloxone Distribution | Washington State Department of Health](#)
 - OSPI [Opioid-Related Overdose Policy Guidelines & Training in the School Setting](#)
 - <https://fentanylfacts.org/>
 - [Home | For Native Lives](#)
 - [Friends For Life - Prevent Overdose \(wafriendsforlife.com\)](#)
 - [Talk Even If I Protecting King County From Overdose](#)
 - WA DOH Opioid Overdose data can be found here:
<https://doh.wa.gov/data-and-statistical-reports/washington-tracking-network-wtn/opioids/overdose-dashboard>
 - Other Resources
 - <https://www.askhys.net/>
 - https://youtu.be/YDWv3QLf3QA?si=kxGLRV1tbHeXft_D



- Questions?
 - Plans to expand data collection requirements?
 - Education we can provide to students?
 - What are we doing about the stigma component?
 - What are we doing for the mental health of our staff?

HearMeWA Program

Facilitated by Monserrat Jauregui, Erica Chang, Clarissa Lacerda

- Youth Program Team
 - Camille Goldy, Manager
 - Clarissa Lacerda – Policy Analyst
 - Monserrat Jauregui – Outreach Lead
 - Erica Chang – Outreach Coordinator
 - <https://www.atg.wa.gov/HearMeWA> - more information here
 - History
 - Youth Advocacy – 2016
 - ESHB 1109 – 2019
 - 2020 Report
 - SB 5327 – 2021
 - ESSB 5092 – 2021
 - HearMeWA Advisory Committee - 2022
 - 29 members
 - Quarterly meetings (via zoom)
 - <https://www.atg.wa.gov/HearMeWA> - more information here
 - Open to the public
 - AGO's vision for the Program
 - Holistic program
 - Defer youth from criminal justice system
 - Respond 24/7/365
 - Youth ages 0-25
 - Antiracist, trauma-informed and youth-centered
 - Best Practices Toolkit for Tip Responder Agencies
- Survey – Launched 2 surveys in 2022. Survey results can be found [here](#).
- Tip Responder Contacts
 - AESD, OSPI, CSSCs
 - Attended WASPC conference
 - Higher Ed. Point of contact have been collected for most colleges and universities
 - HearMeWA updates via OSPI email newsletters

- Co-Designing a model for ongoing youth engagement
 - Contracted with Do Big Good
 - Recruited youth for in person workshops
 - Workshops were held in Stanwood, Bremerton, Moses Lake, Tacoma and Rainier Beach.
- What's Coming Next
 - Launch 2024
 - Youth advisory group 2024
 - 1st meeting February 20, 2024 (virtual meeting)
- **For questions, contact youthprogram@atg.wa.gov**
- Questions
 - Are students in private schools included in the surveys or the work group?
 - Yes
 - Is this something that should also have participation from private school in Washington?
 - It's for everyone
 - Does this only include public colleges and universities or all WA colleges/universities?
 - It's for everyone

Group discussion

- Jamboard will go out with notes and presentations
- Feedback Survey <https://survey.alchemer.com/s3/7650046/December-2023-SS-SWAC-Feedback-Survey> - We welcome your comments and feedback!

Public Comment

- No Public Comments Made

Upcoming Meetings

- February 15, 2024
- 8:00 am – 12:00 pm
- Via Zoom