

Standardized Recipe Components

Recipe Title: Name that describes the recipe

Recipe Category: classification, for example grains/breads, entrees

Ingredients: Products used in recipe, be specific

Weight /Measure of each ingredient: The quantity of each ingredient listed in weight and/or measure

Preparation Instructions (directions): Directions for preparing the recipe

Cooking temperature and time: The cooking temperature and time, as appropriate

Serving Size: The amount of a single portion in weight or measure

Recipe Yield: The amount weight or measure and number of servings of product at the completion of production that is available for service.

Equipment and utensil to be used: The cooking and serving equipment to be used in preparing and serving the recipe.

Contribution to the Meal Pattern: Identify the component and amount that the recipe contributes

Nutrient Analysis (optional): Nutrient per serving