# Attendance Questions on the 2023 Healthy Youth Survey

Number of question as listed in the "Frequency Reports" for the 2023 HYS results: <a href="https://www.askhys.net/Reports">https://www.askhys.net/Reports</a>

- "Secondary" means that those questions were only asked on the Secondary Survey (students in grades 8-12).
- "Elementary" means that those questions were only asked on the Elementary Survey (students in grades 6)
- If no grade is indicated, that means that the questions were asked to all students who took the survey.

# **Demographics and General Information:**

- #18 Who did you live with most of the time in the last 30 day? (Secondary)
- #19 Where did you live most of the time in the last 30 days? (Secondary)
- #20 Are your current living arrangements the result of losing your home because your family cannot afford housing? (Secondary)
- #22 Has your parent(s) or guardian(s) served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, or Reserves)?
- #23 Have you or your family moved in the past 3 years to another school district or city, for seasonal work in: agriculture, dairy, or fishing?
- #24 During your last school year, how many times did you change schools for reasons other than moving up a grade?

## **School Absence:**

- #25 During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.
- #213 If you skipped school, would you be caught by your parent(s)? (Secondary)
- #231 During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or "cut"?

#### **Health Conditions and Health Care:**

#101 During the past 12 months, how many days did you miss some school because of toothache? (Do not include toothache due to braces or injury.) (Secondary)



- #102 During the past year, did you miss any time from school because of toothache? (Do not include toothache due to braces or an injury.) (Elementary)
- #103 On an average school night how many hours do you sleep? (Secondary)

# Carrying weapons, fighting and gangs:

- #126 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?
- #127 During the past 12 months, how many times were you in a physical fight? (Secondary)
- #128 A gang is a group of people with a leader who act together often for violent or illegal activities. During the past 12 months, have you been a member of a gang? (Secondary)
- #129 Are there gangs at your school? (Secondary)

# **Mental Health:**

- #138 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (Secondary)
- #139 During the past 12 months, did you ever seriously consider attempting suicide? (Secondary)
- #140 During the past 12 months, did you make a plan about how you would attempt suicide? (Secondary)
- #141 During the past 12 months, how many times did you actually attempt suicide? (Secondary)
- #142 Have you ever seriously thought about killing yourself? (Elementary)
- #143 Have you ever tried to kill yourself? (Elementary)
- #144 How often over the last 2 weeks, were you bothered by: Feeling nervous, anxious or on edge? (Secondary)
- #145 How often over the last 2 weeks, were you bothered by: Not being able to stop or control worrying? (Secondary)

#### **Support in time of need:**

- #146 When you feel sad or hopeless, are there adults that you can turn to for help?
- #147 If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? (check all that apply) Secondary)
- #199 There are adults in my neighborhood or community I could talk to about something important. (Secondary)

# **Bullying:**

- #159 In the last 30 days, how often have you been bullied? Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way.
- #161 In the past 30 days, how often were you bullied, harassed, or intimidated:

  Because of your race, ethnicity, or national origin or what someone thought it
  was? (Secondary)
- #162 In the past 30 days, how often were you bullied, harassed, or intimidated because someone thought you were LGBTQ+ (whether you are or are not)? (Secondary)
- #163 When a student is being bullied, how often do teachers or other adults at school try to put a stop to it? (Secondary)
- #164 If you see bullying or have been bullied during school do you know how to report it? (Secondary)
- #165 During school, how often have you felt that you were treated badly or unfairly because of your race or ethnicity? (Secondary)
- #166 During the past 30 days, have you received messages, images, photos, or videos via text, app, or social media that are sexual? (Secondary)
- #167 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe on your way to and from school? (Secondary)
- #168 During the past 30 days, on how many days did you not participate in school activities because you felt unsafe? (Secondary)

## **Help at School:**

- #169 Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs? (Secondary)
- #168 During the past 30 days, on how many days did you not participate in school activities because you felt unsafe? (Secondary)
- #171 There are people from my school who will help me if I need it? (Secondary)

# **Community Support:**

- #203 My neighbors notice when I am doing a good job and let me know.
- #204 There are people in my neighborhood who encourage me to do my best.
- #205 There are people in my neighborhood or community who are proud of me when I do something well.

## **School Domain:**

- #223 Putting them all together, what were your grades like last year?
- #224 Are your school grades better than the grades of most students in your class?

- #225 How often do you feel the schoolwork you are assigned is meaningful and important?
- #226 How interesting are most of your courses to you?
- #227 How important do you think the things you are learning in school are going to be for you later in life?

Think back over the past year in school. How often did you:

#228 Enjoy school?

#229 Dislike school?

#230 Try to do your best work in school?

#231 During the LAST 4 WEEKS, how many days of school have you missed because you skipped or "cut"?

# **Opportunities for Prosocial Involvement:**

- #232 In my school, students have lots of chances to help decide things like class activities and rules (Secondary)
- #233 There are lots of chances for students in my school to talk with a teacher one-on-one. (Secondary)
- #234 Teachers ask me to work on special classroom projects. (Secondary)
- #235 There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class. (Secondary)
- #236 I have lots of chances to be part of class discussions or activities. (Secondary)

#### **Rewards for Prosocial Involvement:**

- #237 My teacher (s) notices when I am doing a good job and lets me know about it.
- #238 The school lets my parent(s) know when I have done something well.
- #294 I feel safe during school.
- #240 My teachers praise me when I work hard in school.

# Facts Sheets found here; <a href="https://www.askhys.net/FactSheets">https://www.askhys.net/FactSheets</a>

\*\*\* Fact Sheets are not created for all topic areas

# **Bullying and Harassment**

- Bullying and Harassment
- School Safety

# **School Risk Factors:**

- Grades
- School Engagement
- Absents
- Changing schools
- Moved for seasonal work

# **School Protective Factors:**

- Interactions with teachers
- Classroom opportunities

# **Mental Health and Well-being**

- Feeling sad/hopeless
- Suicide
- Adults to turn to in time of need

# **Depressive Feelings, Anxiety and Suicide**

- Depression & Suicide
- Support
- Anxiety

# **School Safety:**

- Bullying
- Harassment
- School Safety

# **Explanation of the Children's Hope Scale**

The Children's Hope Scale, published in 1997 by Dr. Rick Snyder can be used to help measure hope in individuals age 8 to 16. Research has linked hope with overall physical, psychological, and social well-being. Children who can identify a means to carry out goals (pathways) and the ability to initiate and sustain action towards goals (agency) are considered more hopeful.

The full Children's Hope Scale has six questions on it. Three that measure pathways and three that measure agency. Results from the full scale range from 6 to 36, the higher the score the more hopeful a child is considered to be. In the 2023 Healthy Youth Survey (HYS), only four questions from the survey were asked due to spacing. Consulting with researchers it was determined that the scale is still valid with just asking four of the questions instead of all six. The results for the Children's Hope Scale on the 2023 Healthy Youth Survey can be interpreted as follows.

# **Interpretation of Scores**

The Children's Hope Scale uses a six-point response scale with "none of the time" equating to the lowest value of one, and "all of the time" equating to the highest value of six. Adding the response values for pathway questions will provide a pathway score ranging from 2-12; higher scores reflect higher pathways thinking. Adding the response values for agency questions will provide an agency score ranging from 2-12; higher scores reflect higher agency thinking. Adding pathway and agency scores will provide an overall hope score (i.e., level of hope). Scores of 4-8 indicate no to very low hope, 9-12 indicate slightly hopeful, 13-16 indicate moderately hopeful, and 17-24 indicates highly hopeful.

# Pathway questions on HYS:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

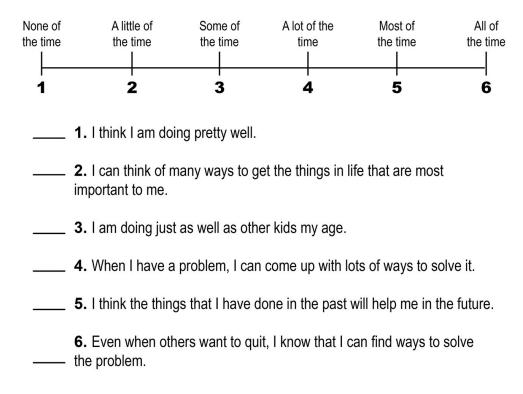
## **Agency questions on HYS:**

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

# THE CHILDREN'S HOPE SCALE

**Directions:** Read each sentence carefully. For each sentence, please think about how you are in most situations. Using the scale shown below, please select the number that best describes YOU and put that number in the blank provided. There are no right or wrong answers.



**Notes:** The **Agency** subscale score is the sum of items 1, 3 & 5; the **Pathways** subscale score is the sum of items 2, 4 & 6. **Hope** is the sum of the three **Pathways** and three **Agency** items. Scores can range from a low of 6 to a high of 36.

Total Hope Score	(Agency Score + Pathways Score)
Pathways Score	(Add items 2,4, and 6)
Agency Score	(Add items 1,3 and 5)