



## **Asthma Resources for School Nurses: Addendum to the AMES Manual**

### **Assessments**

[Asthma Control Test for people 12 years and older](#)

[Asthma control test for ages 4 to 11](#)

[Asthma History Form](#) - American Lung Association

[Asthma Management and Control](#) On-line Asthma Control Test

[Is the Asthma Action Plan Working? A tool for School Nurse Assessment](#) -

NASN & National Asthma Education and Prevention Program

[Student Readiness Assessment tool](#) -American Lung Association

[What Triggers YOUR Asthma](#) American Lung Association-English

[What Triggers YOUR Asthma](#) American Lung Association -Spanish

### **Asthma Action Plans**

[Asthma Action Plan](#) – NIH

[Asthma Action Plan for Home & School](#)- AAAA&I, green, yellow, red action plan

[Plan De Accion Para El Asma](#) -NIH- Spanish, green, yellow, red action plan

### **Manuals**

[Allergy and Asthma Network: Understanding Asthma](#)

### **Sample WSSDA Policies**

3416 and 3416P: Medications in schools- Washington State School Directors Association (WSSDA)

3419 and 3419P Self administration of Asthma and Anaphylaxis medications

3420 and 3420P Anaphylaxis prevention and response

Note: full copies of the policies and procedures can be obtained from your district administrators.

Sample Fragrance-Free School Policy- American Lung Association



## Training Materials:

[Asthma Video Series](#) - Asthma and Allergy Network-Video

A series of 3 videos: Asthma 101, Asthma Management, Asthma Medication: May be a possibility for general asthma training

[Five Steps To Follow for an Asthma Episode in the School](#) – American Lung Association- poster

[How to use an MDI inhaler](#)- Asthma and Allergy Network-Video

[Know How to Use Your Asthma Inhaler](#)- CDC-Video, How to use a metered dose inhaler with and without a spacer in English and Spanish

[Managing Asthma Exacerbations in school](#) - National Asthma Education and Prevention Program (Must have an account and be logged into the American Lung Association website to access)

[Management of an Acute Asthma Episode in the School](#)-- Chart of what to look and listen for when managing an acute asthma episode in schools.

[Teach a child to belly breathe for relaxation](#)- American Lung Association-Video

[What are Your Asthma Triggers](#) American Lung Association-Poster

[What is Asthma](#)- American Lung Association- Video

## **Washington State Laws Governing Asthma Care in Schools**

RCW [28A.210.320](#) -Children with life-threatening health conditions-Medication or Treatment orders-Rules.

Requires that All children with life threatening health conditions (A health condition that will put the child in danger of death during the school day if a medication or treatment order and a nursing plan are not in place.) have:

- A medication or treatment order in place on or before the child's first day of attendance at school.
- The chief administrator of every public school shall prohibit the further presence at the school for each child for whom a medication or treatment order has not been provided.



- The superintendent of public instruction in consultation with the state board of health shall adopt rules that establish the procedural and substantive due process requirements governing the exclusion of children from public schools.

RCW [28A.210.260](#)- Public and private schools-Administration of medication - Conditions.

Law listing the requirements for medication administration in schools

[RCW 28A.210.370](#) -Students with Asthma

Requires that school districts:

- provide in-service training on asthma for school personnel
- adopt policies for asthma rescue
- allow students to carry and self-administer prescribed medication to treat asthma and severe allergic reactions.