

Washington K–12 Learning Standards for Health Education Addendum: Fentanyl/Opioid Use and Abuse

Legislative Requirements

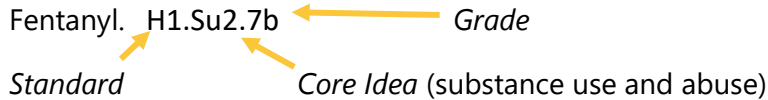
[House Bill 1956](#) was passed by the Washington State Legislature in 2024. It requires the Office of Superintendent of Public Instruction (OSPI) to address the current health crisis of adolescents' exposure to fentanyl and other opioids by developing and/or disseminating instructional materials and by updating the Washington K–12 Learning Standards for Health Education to include opioids within middle and high school substance abuse education. This addendum addresses the immediate need to address the legislative requirement to update standards. Further revision of the Health Education K–12 Learning Standards will take place during OSPI's upcoming [standards review process](#).

Updated Student Learning Outcomes

Grade-level student learning outcomes included in the Health Education Learning Standards define what all students should know and be able to do at each grade level.

Reading a Grade-level Outcome

Explain the lethal nature of certain substances, specifically related to opioids, including Fentanyl. H1.Su2.7b



Updated Grade-level Learning Outcomes

| Standard | Updated Learning Outcomes | Instructional Supports |
|--|--|--|
| Standard 1: Comprehend concepts related to health promotion and disease prevention to enhance health. | Understand the lethal nature of certain substances, including Fentanyl and other opioids. H1.Su2.6b Explain the lethal nature of certain substances, including Fentanyl and other opioids. H1.Su2.7b Describe the lethal nature of certain substances, including Fentanyl and other opioids. H1.Su2.8b | Friends for Life Middle School Health Lesson/Activity |
| Standard 1: Comprehend concepts related to | Analyze data on overdose and fatalities related to fentanyl and other opioids. H1.Su2.HSc | Friends for Life |



| Standard | Updated Learning Outcomes | Instructional Supports |
|--|---|--|
| health promotion and disease prevention to enhance health. | | High School Health Lesson/Activity |
| Standard 7: Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks. | Demonstrate how to administer naloxone for treatment of an opioid overdose emergency. H7.Su2.HS | CDC: Lifesaving Naloxone Friends for Life: Know About Naloxone (Narcan) |

For more Information:

[Ken Turner](#), Associate Director, Health and Physical Education

[Laurie Dils](#), Associate Director, Health and Sexual Health Education

Additional Resources:

- OSPI: [Opioid guidance 2023](#)
- Washington State Department of Health: [Naloxone in High Schools](#)
- Washington State Health Care Authority: [Friends for Life: Facts About Fentanyl](#) (Middle and High School Presentations and Activities; Naloxone Information)
- Washington State Health Care Authority: [Starts with One Campaign](#) (Prevention Campaign Toolkit, other resources for youth and adults)
- [StopOverdose.Org](#): Materials, Toolkits, Washington State Naloxone Finder
- EverFi: [Prescription Drug Safety: Know the Truth](#)