

2021–2024 Reviewed HIV/Sexual Health Instructional Materials

Consistency with Washington State Requirements

The Office of Superintendent of Public Instruction (OSPI), in collaboration with the Washington Department of Health (DOH) and a panel of reviewers representing local districts and public health experts, conducts regular reviews of HIV prevention and sexual health instructional materials to assess their consistency with the AIDS Omnibus Act ([RCW 28A.230.070](#)), the 2005 [Guidelines for Sexual Health Information and Disease Prevention](#) and the further requirements of [RCW 28A.300.475](#). Commonly used titles are reviewed, along with promising materials identified by districts and OSPI. A review of sexual abuse prevention materials was done in 2018 as part of OSPI's [Erin's Law implementation](#).

The following list includes titles reviewed in 2021, 2022, 2023, and 2024, since new requirements for comprehensive sexual health education went into effect. Districts that want to use titles that have not been reviewed by OSPI and DOH since 2021 must use [OSPI's instructional materials review instruments](#) to assess suitability for use. Medical accuracy reviews should be conducted by DOH or a panel of experts with relevant clinical/research expertise, in accordance with state law.

Titles labeled "full" curricula are generally comprehensive curricula that include lessons addressing a wide range of topics, intended to be taught over the course of a unit of instruction or several grades. Titles labeled "supplemental" are generally materials that address only one topic or theme or are intended for use to supplement one lesson. Titles including content on affirmative consent or bystander training are indicated.

Reviews for these years found materials either "consistent," "consistent with modification" (minor or significant), or "not consistent" with state legislative requirements. All reviews are available on [OSPI's Instructional Materials, Review Reports, and Tools webpage](#), including contact information for publishers.

OSPI does not "approve," "endorse," or "recommend" curricula. Approval and adoption happen at the district level after district- or school-level reviews to ensure that materials are suitable for use in that community.



Titles Consistent with State Requirements

The following list from the 2021–2024 reviews represent titles found to be consistent with state requirements, consistent with modifications. Reviewer comments and publication information can be found by clicking on the title in each [posted review](#).

Elementary School (Grades K–3)

Note: [Requirements](#) for comprehensive sexual health education do NOT require districts to provide sexuality content in grades K–3. Instruction for grades K–3 “must be [social emotional learning](#).”

Schools will not be required to use or adopt a curriculum in order to provide social emotional learning, though using an evidence-based program over time is recommended. Social and emotional learning is a process through which individuals build awareness and skills in managing emotions, setting goals, establishing relationships, and making responsible decisions that support success in school and in life.

Elementary School (Grades K–6)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Always Changing (P&G, 2021)	5–8	Supplemental	n/a	Yes, with modification	No	2023	Modification needed to be inclusive of all students—see product teacher’s guide for language and information

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
A Boy's Guide for Growing Up (2005)	5–12	Supplemental	n/a	Yes	No	2023	For students with I/DD
Consent (For Kids!) Boundaries, Respect, and Being in Charge of YOU!	4–6	Supplemental	n/a	Yes	Consent, BST	2021	n/a
FLASH (2022)	4–6	Full	Yes	Yes	Consent, BST	2022	n/a
Friendlets (2021)	4–5	Supplemental	n/a	Yes	No	2022	n/a
Gender Explained video (CBC Kids, 2019)	5–8	Supplemental	n/a	Yes	No	2024	n/a

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
A Girl's Guide to Growing Up (2005)	5–12	Supplemental	n/a	Yes	No	2023	For students with I/DD
HealthSmart (ETR, 2022)	3–5	Full	Yes, with modification	Yes	BST	2023	HIV/AIDS lesson needs age-appropriate information about prevention methods in addition to abstinence
Open Conversations (2022)	PreK–4	Full	n/a	Yes	Consent	2024	For students with I/DD. Note: sexual health education is not required to be taught in WA in grades K–3, but may be taught.
Positive Prevention Plus (2017)	4–6	Full	Yes	Yes	No	2021	n/a

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Puberty & You video (2020)	4–6	Supplemental	n/a	Yes	No	2021	n/a
Rights, Respect, Responsibility (3Rs) WA version (2022)	4–5	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
Un Hushed Elementary(2021)	K–5	Full	Yes	Yes	Consent, BST	2021	Note: sexual health education is not required to be taught in WA in grades K–3, but may be taught.

Middle School (Grades 6–8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Always Changing (P&G, 2021)	5–8	Supplemental	n/a	Yes, with modification	No	2023	Modification needed to be inclusive—see teacher’s guide for language and information
Ask. Listen. Respect: A video About Consent (2018)	6–12	Supplemental	n/a	Yes	Consent	2022	n/a
Boundaries video (KCSARC, 2020)	6–12	Supplemental	n/a	Yes	No	2021	n/a
A Boy’s Guide to Growing Up	5–12	Supplemental	n/a	Yes	No	2023	For students with I/DD
Comprehensive Health Skills (Goodheart-Willcox, 2023)	6–8	Full	Yes	Yes	Yes	2023	n/a

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Consent is Everything video (Seattle Public Schools, 2021)	6–12	Supplemental	n/a	Yes	Consent	2022	n/a
Consent video (KCSARC, 2020)	6–12	Supplemental	n/a	Yes	Consent	2021	n/a
Consent and Communication video (Amaze, 2019)	6–8	Supplemental	n/a	Yes	Consent	2021	n/a
Consent Explained video (Amaze, 2016)	6–12	Supplemental	n/a	Yes	Consent	2021	n/a
Draw the Line/Respect the Line	6–8	Supplemental	Yes	With significant modification	No	2024	Contains insufficient content to meet requirements for comprehensive sexual health as a stand-alone title

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Gender Explained video (CBC Kids, 2019)	5–8	Supplemental	n/a	Yes	No	2024	n/a
A Girl's Guide to Growing Up	5–12	Supplemental	n/a	Yes	No	2023	For students with I/DD
Great Body Shop (2021)	6–8	Full	Yes, with modification (see notes)	Yes, with modification (see notes)	Consent, with modification	2022	Must be used with "special topics" targeted extension activities in order to be consistent with state requirements for content and inclusive instruction.
Healthy LGBTQIA video/lesson (2020)	7–12	Supplemental	n/a	Yes	Consent	2022	n/a
Health Smart MS (2020)	6–8	Full	Yes	Yes	Consent	2021	n/a

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Healthy Communication video (2020)	6–12	Supplemental	n/a	Yes	Consent	2021	n/a
Human Trafficking Education (2023)	7–12	Supplemental	n/a	Yes	No	2024	Must be delivered by publisher-trained educator
Live Well – Reproductive and Sexual Health (2023)	7–12	Full	Yes	Yes	Consent	2024	n/a
Making Proud Choices (2021)	6–8	Full	Yes	No	No	2022	Needs supplementation to cover required content
Native It's Your Game 2.0 (2021)	6–8	Full	Yes	Yes, with modification	No	2022	Needs supplementation to cover required content

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Puberty & You video (Seattle Public Schools, 2020)	6	Supplemental	n/a	Yes	No	2021	n/a
Rights, Respect, Responsibility (3Rs) WA version (2022)	6–8	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
Saying Yes or No video (Amaze, 2017)	6–8	Supplemental	n/a	Yes	Consent	2021	n/a
Sex Ed for People with I/DD	6–12	Supplemental	n/a	Yes	Consent	2023	Some content more appropriate for high school or young adult
Teen Talk Middle School (2017)	7–8	Full	Yes	Yes, with modification	No	2022	Needs supplementation to cover required content

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Un Hushed MS (2021)	6–8	Full	Yes	Yes	Consent	2021	n/a
Understanding Sexual Consent and the Law video (Amaze, 2019)	6–8	Supplemental	n/a	Yes	Consent	2021	n/a
What Does Consent Look Like (2014)	6–8	Supplemental	n/a	Yes	Consent	2021	n/a
What is Sex Trafficking video (Amaze 2019)	6–8	Supplemental	n/a	Yes	No	2024	n/a
Yes Means Yes video Lesson ETR, 2020)	7–12	Supplemental	n/a	Yes	Consent	2022	n/a

High School (Grades 9–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Athletes as Leaders (2017)	9–12	Supplemental	n/a	Yes	Consent, BST	2021	n/a
Amor del Bueno	9–12	Supplemental	n/a	Yes	No	2022	n/a
Ask. Listen. Respect: A video About Consent (2018)	6–12	Supplemental	n/a	Yes	Consent	2022	n/a
Be Real. Be Ready (AWG, 2019)	9–12	Full	Yes	Yes	Consent	2024	Developed for CA schools, some lessons need minor modification for use in Washington; free online
Boundaries video (KCSARC, 2020)	9–12	Supplemental	n/a	Yes	No	2021	n/a

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Bystander Intervention video (HRM)	9–12	Supplemental	n/a	Yes	BST	2024	n/a
Comprehensive Health Skills 2021	9–12	Full	Yes, with modification	Yes, with modification	Consent, BST	2021	Additional information on prevention must be added to include all methods (e.g. PrEP, PEP, condoms, etc.)
Consent is Everything (Seattle Public Schools, 2021)	6–12	Supplemental	n/a	Yes	Consent	2022	n/a
Door 4 (One Love, 2022)	9–12	Supplemental	n/a	Yes	No	2023	n/a
Health Smart HS (ETR, 2020)	9–12	Full	Yes	Yes	Consent	2021	n/a
Healthy Communication video (KCSARC, 2020)	9–12	Supplemental	n/a	Yes	Consent	2021	n/a

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Healthy LGBTQIA video/lesson (2020)	7–12	Supplemental	n/a	Yes	Consent	2022	n/a
Healthy Relationships (2023)	9–12	Full	Yes	Yes	Consent	2024	For students with I/DD
Human Trafficking Education (2023)	7–12	Supplemental	n/a	Yes	No	2024	Must be delivered by publisher-trained educator
In Their Shoes (2019)	9–12	Supplemental	n/a	Yes	No	2022	n/a
Live Well – Reproductive and Sexual Health (2023)	7–12	Full	Yes	Yes	Consent	2024	n/a
MVP (One Love, 2021)	9–12	Supplemental	n/a	Yes	Consent, BST	2023	n/a
Native Stand (2021)	9–12	Supplemental	Yes	Yes	No	2021	n/a

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Rights, Respect, Responsibility (3Rs) WA version (2022)	9–12	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
Sex Ed for People with I/DD video series (National Council on Independent Living)	6–12	Supplemental	n/a	Yes	Consent	2023	Some content more appropriate for high school or young adult
Sex Ed Lesson Plan Bundle (2020)	9–12	Full	No	Yes	Consent	2024	Needs supplementation with HIV/AIDS prevention information in order to meet state requirements
Teen Talk High School (2017)	9–12	Full	Yes	Yes, with modification	No	2022	Needs supplementation to cover required content

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Ten Signs of Relationship Abuse video	9–12	Supplemental	n/a	Yes, with modification	No	2024	Modification needed to make materials inclusive of all protected classes
Un Hushed HS (2021)	9–12	Full	Yes	Yes	Consent	2021	n/a
What Does Consent Look Like? (2014)	9–12	Supplemental	n/a	Yes	Consent	2021	n/a
Yes Means Yes video lesson (2020)	7–12	Supplemental	n/a	Yes	Consent	2022	n/a

Titles Not Consistent with State Requirements

The following list from the 2021–2024 reviews represent titles found to be NOT consistent with state requirements. As such, schools in WA should not be using these materials for sexual health education. Reviewer scores, comments and publication information can be found by clicking on the title in each [posted review](#).

Elementary/Middle School/High School (Grades 3–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
AIDS Facts for Kids video (Marsh Media)	5–8	Supplemental	No	No	No	2023	Outdated, medically inaccurate information; found to contain biased content
AIDS Update video (HRM)	7–12	Supplemental	No	No	No	2024	Outdated, medically inaccurate information; found to contain biased content
Ghost Club	7–10	Supplemental	n/a	No	No	2022	Found to contain biased content

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Health (Carone Learning, 2022)	4–5	Full	No	No	No	2023	Accessed through Edgenuity/Imagine Learning; Found to contain insufficient content to meet state requirements
Health –semester 2 (Red Comet, 2018)	9–12	Full	No	No	No	2021	Found to contain significant medical inaccuracies and biased content; Insufficient content to be considered comprehensive
Health with Human Sexuality (Glencoe, 2022)	9–12	Full	No	No	No	2022	Found to contain significant medical inaccuracies; Older versions are also inconsistent with state requirements

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Just Around the Corner for Boys (Marsh Media)	4–6	Supplemental	n/a	With significant modification	No	2023	Found not to be inclusive of all students and to contain biased information, outdated information
Just Around the Corner for Girls (Marsh Media)	4–6	Supplemental	n/a	With significant modification	No	2023	Found not to be inclusive of all students and to contain biased information, outdated information
Pearson Health	9–12	Full	No	No	No	2024	Contains outdated/medically inaccurate information. Found to contain biased content and not to be inclusive of all students.

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Relationship Smarts PLUS 4.0 SRA (2020)	6–8	Full	Yes	No	No	2021	Found to contain significant medical inaccuracies and biased content; Insufficient content to be considered comprehensive
Teen Health with Healthy Relationships and Sexuality (Glencoe, 2021)	6–8	Full	No	No	No	2022	Found to contain biased content and medical inaccuracies; Older versions are also inconsistent with state requirements
Understanding and Preventing Sexual Violence video (HRM)	9–12	Supplemental	n/a	No	No	2024	Found to lack inclusive language/strategies, to contain biased content, and to use outdated and potentially traumatizing approaches to the topic

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
We're Growing Up (Marsh Media)	5-8	Supplemental	n/a	No	No	2023	Found to contain biased content and not to be inclusive of all students

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