

**Child and Adult Care Food Program (Barnaamijka Daryeelka cuntada Cunuga iyo Waayeelka)  
MUUNADA LASOO JEEDIYEE EEE WARQADA  
KA QEYBQAATAHA WAAYEELKA, XUBINTA WAAYEELKA QOYSKA, MASUULKA SHARCIGA AH  
Xarumaha Daryeelka waayeelka**

Waalidka Ka qeybqaatayaasha:

Xaruntayadu kama qaado lacag gaara cuntooyinka waay wuxuu ka qeybqaatahaa Barnaamijka U.S. Department of Agriculture (USDA) Daryeelka Cunuga iyo Dadka Waaweyn (Child and Adult Care Food Program) (CACFP). CACFP waa barnaamij siiya lacagta xarumaha cuntooyinka nafaqada leh la siiyo ka qeybqaatayaasha ku haboon.

**Intee inleeg ayaa xaruntu bixisaa lacagaha cuntooyinka la siiyo ka qeybqaatayaasha?**

Xadiga lacagta la helo wuxuu ku xiran yahay xaalada dakhliga ka qeybqaatayaasha xarunteena. Waxaan u helnaa lacag badan ka qeybqaatayasha/qoysaska dakhligoodu hooseeyo.

**Sidee ayaa xaruntu u go'aamisaa xaalada dakhliga qoyskayga?**

Macluumaadka aad ku sheegtid ku haboonaanshaha dakhliga ayaa go'aamiya xaalada dakhliga iyo heerka lacag bixinta xarunta.

**Ma hubo inaan ku haboonahay. Sideen u go'aamiyaa?**

Haddii dakhligaaga guud (ka hor intaan wax laga jarin) la mid yahay ama ka yar yahay xadiga khadka xajmiga qoyska ee tilmaamaha jaantuska hoose ee dakhliga, xaruntu waxay ku haboon lacag bixin badan oo cunugaaga. Marka aad shaqeynaysid, dakhligaaga guud ayaa lasoo sheegayaa. **Fadlan dhameystir kunasoo celi xafiiskeena Codsiga Kuhaboonaanshaha Dakhliga sida dhakhso ah.**

**TILMAAMAHA DAKHLIGA  
Cuntooyinka qiimaha jaban  
Dhaqangalinta Julaay 1, 2024–Junun 30, 2025**

<b>Cabirka Qoyska</b>	<b>Sanadle ah</b>	<b>Bishiiba</b>	<b>Laba jeer bishiiba</b>	<b>Labo todobaad oo Kasta</b>	<b>Todobaadle</b>
1	\$27,861	\$2,322	\$1,161	\$1,072	\$536
2	\$37,814	\$3,152	\$1,576	\$1,455	\$728
3	\$47,767	\$3,981	\$1,991	\$1,838	\$919
4	\$57,720	\$4,810	\$2,405	\$2,220	\$1,110
5	\$67,673	\$5,640	\$2,820	\$2,603	\$1,302
6	\$77,626	\$6,469	\$3,235	\$2,986	\$1,493
7	\$87,579	\$7,299	\$3,650	\$3,369	\$1,685

8	\$97,532	\$8,128	\$4,064	\$3,752	\$1,876
<b>Xubinkastoo qoyskaoo dheeriya ah ku dar:</b>	\$9,953	\$830	\$415	\$383	\$192

**Haddii dakhligayga qoysku ka badan yahay dakhliga tilmaamaha cuntooyinka qiimaha jaban, ama aan doorto inaanan sheegin dakhligayga, maxaan sameeyaa?**

Waa inaad dhameystirtaa Qeybta 4 ood ku qortaa "cabir sare" Qeybta 3.

**Miyuu jiraa hab kale oo xaruntu ku heli karto lacag ka badan tandakhliga qoyskaygu isticmaalayo?**

Haa. Kaqeybqaatuhu waxay ugu haboonaan karaan lacag badan mid ka mida sababan soo socda:

1. Xubinkasta oo qoyska ah oo hesha Cuntada Asaasiga ama Barnaamijka Qeybtinta Cuntada ee Kaydka Hindida (Food Distribution Program on Indian Reservations) (FDPIR).
2. Ka qeybqaatayaasha helaaya Dakhliga dheeriga ah (SSI) ama Medicaid.

**Haddii xubin qoyska ah helayso Cunto Asaasiya ama FDPIR, ama hadii ka qeybqaatuhu helaayo SSI ama Medicaid, maxaan sameeyaa?**

Dhameystir Codsiga ku Haboonaanshaha Dakhliga ku lifaaqan, dhameystirka Qeybta 2 iyo Qeybta 4.

**Kasoo saxeejiisa ay tahay in laga helo Codsiga Ku Haboonaanshaha Dakhliga?**

Dhamaan foomamka u baahan saxeeja ka qeybqaataha wayeelka ah ama xubinta qoyska wayeelka ah, ama masuulka sharciga ee Qeybta 4 ee Codsiga Ku Haboonaanshaha Dakhliga.

**Yaan la xiriiraa haddii aan qabo su'aalo?**

Kala xiriir xafiiskeena Lambarka Tilifoonka.

Waad ku mahadsan tahay caawintaada inaan siino cunto caafimaad qabta.

Mahadsanid,

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**Saxeexa Agaasimaha Xarunta**

Iyadoo la raacayo sharciga xuquuqda madaniga ee Federaalka iyo U.S. Department of Agriculture(USDA) xeerarka iyo siyaasadaha xuquuqda madaniga ah, USDA, Wakaaladaheeda, xafiisyada, iyo shaqaalaha, iyo hay'adaha ka qaybgalaya ama maamula barnaamijyada USDA waxaa laga mamnuucay takoor ku saleysan isirka, midabka, asal ahaan qaranka uu kasoo jeedo, jinsi, naafonimo, da'a, ama axmaqnimo ama aargoosi ku aaddan hawlihii hore ee xuquuqda madaniga ee barnaamij kasta ama hawl kasta oo ay qabatay ama maalgelisay USDA.

Dadka naafada ah ee u baahan hab kale oo isgaadhsiineed oo loogu talagalay macluumaadka barnaamijka (tusaale ahaan farta indhoolaha, far waaweyn, cajalad maqal, Luqadda Calaamadaha ee Maraykanka, iwm.), Waa inay la xidhiidhaan Wakaaladda (Gobolka ama degaanka) halkaas oo ay ka codsadeen kabka. Shakhsiyaadka dhagoolaha ah, maqalku ku adag yahay ama qaba naafonimada hadalka waxay la xidhiidhi karaan USDA iyagoo u maraya Adeegga Gudbinta Federaalka ee (800) 877-8339. Intaa waxaa dheer, macluumaadka barnaamijka waxaa laga yaabaa in lagu diyaariyo luqado aan Ingiriisi ahayn.

Si aad u gudbisoo cabashada barnaamijka ee takoorka, buuxi Foomka Cabashada Takoorka Barnaamijka USDA, (AD-3027) oo laga helay internetka websaytka: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), iyo xafiis kasta oo USDA ah, ama qor warqad ku socota xafiiska USDA oo ku xus warqadda dhammaan macluumaadka lagu codsaday foomka. Si aad u codsato koobiga foomka cabashada, wac (866) 632-9992. U gudbi foomkaaga

dhameyska tiran ama warqad iimayl ahaan USDA: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; ama iimayl: [program.intake@usda.gov](mailto:program.intake@usda.gov).

Hay'adani waa bixiye fursad loo siman yahay.