Sexual Health Education

Statutory and/or Budget Language

\$200,000 of the general fund—state appropriation for fiscal year 2024 and \$200,000 of the general fund—state appropriation for fiscal year 2025 are provided solely for the office of the superintendent of public instruction to meet statutory obligations related to the provision of medically and scientifically accurate, age-appropriate, and inclusive sexual health education as authorized by chapter 206, Laws of 1988 (AIDS omnibus act) and chapter 265, Laws of 2007 (healthy youth act).

Purpose

The Sexual Health Education proviso supports OSPI's ongoing work to ensure that sexual health education provided in Washington schools is consistent with requirements of RCW 28A.300.475 and RCW 28A.230.070.

Description of Services Provided

OSPI supports school districts with resources, professional development and technical assistance related to the provision of comprehensive sexual health education (CSHE), including HIV prevention education. Schools, educators, and students in each district benefit from the services provided.

Criteria for Receiving Services and/or Grants

All schools in Washington can receive services.

Beneficiaries in the 2023-24 School Year

Number of School Districts295Number of SchoolsN/ANumber of StudentsN/ANumber of EducatorsN/A

Other 8000+ District staff, educators, students, Educational

Service Districts, parents, members of the public, legislators, state/local agencies, and organizations.

Are Federal or Other Funds Contingent on State Funding?

No



State Funding History

Fiscal Year	Amount Funded	Actual Expenditures
2024	\$200,000	\$191,625
2023	\$200,000	\$191,146
2022	\$200,000	\$185,071
2021	\$200,000	\$186,220
2020	\$200,000	\$199,979

Number of Beneficiaries Per Fiscal Year (e.g. School Districts, Schools, Students, Educators, Other)

Fiscal Year	Number of Beneficiaries
2024	295 districts
2023	295 districts
2022	295 districts
2021	295 districts
2020	295 districts

Programmatic Changes Since Inception (If Any)

Updates to RCW 28A.300.475 in December 2020 require all secondary schools to provide comprehensive sexual health education (CSHE) to all students. These new requirements have resulted in increases in the number of requests for information, resources, and technical assistance. Professional development continues to be offered largely through online platforms, a modification that began when communities were impacted by COVID-19.

Program Evaluation or Evaluation of Major Findings

Technical Assistance and Resources:

- Responded to almost 300 educator and administrator requests for guidance and resources from 109 districts, including charter schools and tribal compact schools, 7 Educational Service Districts (ESDs), and 4 private schools.
- Made three virtual presentations to School Nurse Corps members and teacher preparation programs, providing information on CSHE requirements.
- Provided an in-person presentation at the WA Family and Consumer Sciences state conference.
- Attended multiple statewide networking meetings sponsored by the WA Department of Health (DOH), to provide information to districts and community members on new requirements.
- Responded to 122 requests from 109 individuals representing parents/families, K–12 students, legislators, state agencies, local health departments, college/university students and faculty, community-based organizations, the media, and other constituents.

- Distributed a bi-monthly resource newsletter to over 8,000 subscribers (a 100% increase over last year), including district educators, administrators, community partners, and community members.
- Updated OSPI's sexual health education web pages to provide information related to new requirements for CSHE, including implementation resources and guidance for districts.

Professional Development:

- Provided 18 free CSHE training workshops for 400 teachers, school nurses, and other
 educators, representing school districts, ESDs, students in higher education teacher
 preparation programs, and community-based organizations. This was a 66% increase in
 attendance over last year.
- Provided continuing education clock hours for several training events sponsored by community-based partners, reaching additional school staff and other partners.
- Updated the sexual health education professional development web page regularly to include new virtual training opportunities.

Curriculum Review:

- Completed a comprehensive review of sexual health education instructional materials, supported by DOH and an expert review panel. The review panel included 22 reviewers representing 5 school districts, 2 county health departments, 2 community-based health clinics, 2 institutions of higher education, DSHS, WA Ethnic Studies Now, 2 community-based non-profit organizations, a tribal health advisor, and other sexual health education experts. Six full curricula and 10 supplemental materials were reviewed, with results reported on OSPI's website.
- Posted all updated instructional materials review tools on the OSPI website for district use.

CSHE Reporting:

- RCW 28A.300.475 requires all schools to report to OSPI, by Sept. 1 each year, on what instructional materials are being used and how instruction aligns with new requirements.
- Developed and disseminated a reporting survey to measure the first year of full
 implementation and results will be submitted in the Comprehensive Sexual Health
 Education legislative report. Results will provide baseline data that will inform the
 development and provision of resources, technical assistance, and training in the 202425 school year.

Major Challenges Faced by the Program

No major challenges.

Future Opportunities

Results from the first annual CSHE reporting survey will continue to help guide the development of targeted resources, technical assistance, and training. We expect a significant increase over this next year of districts in full compliance with new requirements for CSHE.

Other Relevant Information

This work connects closely to the work done through Washington's "Erin's Law" sexual abuse prevention proviso.

Schools/Districts Receiving Assistance

Click here to see a list of all OSPI grant recipients in the 2024 Fiscal Year.

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