



Asthma Resources for School Nurses: Addendum to the AMES Manual Assessments

[Asthma Control Test for people 12 years and older](#)

[Asthma control test for ages 4 to 11](#)

[Asthma History Form](#) American Lung Association

[Asthma Management and Control](#) Online Asthma Control Test

[Is the Asthma Action Plan Working? A Tool for School Nurse Assessment](#) –

NASN & National Asthma Education and Prevention Program

[Student Readiness Assessment tool](#) American Lung Association

Asthma Action Plans

[Asthma Action Plan](#) National Institutes of Health (NIH)

[Asthma Action Plan for Home & School](#) American Academy of Allergy
Asthma & Immunology (AAAA&I)

[Plan De Accion Para El Asma](#) (Spanish) NIH

Manuals

[Managing Allergies in Schools: A Guide for Staff](#) Allergy & Asthma Network

Sample WSSDA Policies

3416 and 3416P: Medications in Schools—Washington State School
Directors Association (WSSDA)

3419 and 3419P Self-Administration of Asthma and Anaphylaxis
Medications

3420 and 3420P Anaphylaxis prevention and response

Note: You can obtain full copies of the policies and procedures from your
district administrators.

[Sample Fragrance-Free School Policy](#) American Lung Association



Training Materials:

[Asthma Video Series](#) Asthma and Allergy Network – A series of three videos: Asthma 101, Asthma Management and Asthma Medication for general asthma training.

[Five Steps to Follow for an Asthma Episode in the School](#) American Lung Association

[How to use an MDI inhaler](#) (video) Asthma and Allergy Network

[Know How to Use Your Asthma Inhaler](#) (videos in English and Spanish) CDC – How to use a metered dose inhaler with and without a spacer.

[Managing Asthma Exacerbations in School](#) – NIH

[Management of an Acute Asthma Episode in the School](#) American Lung Association – Chart of what to look and listen for when managing an acute asthma episode in schools.

[Teach a child to belly breathe for relaxation](#) (video) American Lung Association

[What Are Your Asthma Triggers?](#) (poster) American Lung Association

[What Triggers YOUR Asthma?](#) (English) American Lung Association

[What Triggers YOUR Asthma?](#) (Spanish) American Lung Association

[What is Asthma?](#) (video) American Lung Association

Washington State Laws Governing Asthma Care in Schools

[RCW 28A.210.320](#) Children with life-threatening health conditions—Medication or Treatment orders—Rules.

Requires that all children with life-threatening health conditions (conditions that could put the child at risk of death during the school day without a medication or treatment order and a nursing plan) have:

- A medication or treatment order in place on or before the child's first day of attendance at school.
- The principal of each public school must ensure that no child remains at school without a medication or treatment order.



- The Superintendent of Public Instruction in consultation with the state board of health shall adopt rules that establish the procedural and substantive due process requirements governing the exclusion of children from public schools.

[RCW 28A.210.260](#) Public and Private Schools—Administration of medication—Conditions.

Law listing the requirements for medication administration in schools.

[RCW 28A.210.370](#) Students with Asthma

Requires that school districts:

- provide in-service training on asthma for school personnel.
- adopt policies for asthma rescue.
- allow students to carry and self-administer prescribed medication to treat asthma and severe allergic reactions.