

Frozen Raw Shaved Beef



Product Information

LFS code: LFS065
Farm: Royal Ranch
Units/case: 4 ea. 10 lb. pkgs
Case Weight: 40 lbs.
Servings/case: 432

Product Description

Beef, raw, shaved thin, frozen, practically free of fat

Crediting & Yield

- One 10 pound package of shaved beef provides 108 1.48 oz. portions of shaved beef.
- One 40-pound case of shaved beef provides 432 1.48 oz. portions of shaved beef.

Serving Size: 1.48 oz. raw weight
shaved beef

Meat or M/A: 1 oz. equivalent

Grain: ---

Vegetables: ---

Fruit: ---

Note: Child Nutrition Program sponsors are responsible for correctly determining how a food credits to the meal pattern.

Food Safety

For information on safe storage, cooking temperatures, and handling practices: [Washington State Retail Food Code](#) and [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Culinary Tips & Resources

- Shaved beef can be used in a variety of dishes such as stir fry, tacos, fajitas, cheesesteak sandwiches, stews, and chilis.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Nutrition Facts

Serving Size: 1.48 ounce / 1 MMA of raw, shaved beef

Amount Per Serving

Calories 65

Total Fat 3g

Sat. Fat 1g

Trans Fat 0g

Cholesterol 28mg

Sodium 24mg

Carbohydrates 0g

Dietary Fiber 0g

Sugars 0g

Protein 10g

Source: [USDA Data Food Central](#)