

Frozen Ground Bison

Product Information



LFS code: LFS071
Farm: Browns Buffalo Ranch
Units/case: 4 approximately 10lbs packages
Case Weight: 40 lbs
Servings/case: 460

Product Description

Bison, ground, raw, frozen, <10% fat

Crediting & Yield

- One 5-pound package of raw ground bison contains about 57 1.39-ounce portions.
- One 10-pound package of raw ground bison contains about 115 1.39-ounce portions.

Serving Size: 1.39 oz. raw weight
Meat or M/A: 1 oz. eq.
Grain: ---
Vegetables: ---
Fruit: ---

Note: Child Nutrition Program sponsors are responsible for correctly determining how a food credits to the meal pattern.

Culinary Tips & Resources

- Ground bison can be cooked and used in a variety of dishes, such as spaghetti sauce, tacos, chili, casseroles, and pasta dishes.
- Ground bison can be used in place of lean ground beef in most recipes.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Recipe Ideas

- [Bison and Barley Soup – Montana](#)
- [Bison and Lentil Chili – Montana](#)

Food Safety

For information on safe storage, cooking temperatures, and handling practices: [Washington State Retail Food Code](#) and [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Nutrition Facts

Serving Size: 1.39 ounce/ 1 MMA raw ground bison

Amount Per Serving

Calories 70

Total Fat 3.5g

Sat. Fat 1.5g

Trans Fat 0.5g

Cholesterol 28mg

Sodium 30mg

Carbohydrates 0g

Dietary Fiber 0g

Sugars 0g

Protein 10g

Source [USDA Data Food Central](#)