

# Utilizing Raw Animal Proteins in School Meals

Resources for schools that are currently using, or considering using, raw animal proteins in their kitchens.

#### **Local Health Jurisdictions**

- Establish a relationship with your Local Health Jurisdiction (LHJ). They are a resource for you!
  - <u>OSPI Food Safety Inspection</u> <u>Reference Sheet</u>
  - LHJ food safety contact list
- Understand the risk level of your kitchen as determined by your LHJ. Confirm whether cooking with raw meat is permitted.

# **Staff Training Requirements**

- Each LEA must have at least one Certified Food Protection Manager (CFPM).
- <u>Nutrition Professional Standards</u> for hiring and annual training requirements are set by USDA.

### **Food Safety Training**

- Find an online CFPM accredited training.
- The <u>Washington State Food Worker</u>
   <u>Manual</u> covers food safety and how to prevent foodborne illnesses.
- A <u>Washington Food Worker Card</u> is required for working in a school kitchen.
  - An online testing option is available.

## **Food Safety Resources**

- USDA provides <u>guidance on developing</u>
   <u>a school food safety program</u> that
   utilizes the Hazard Analysis and Critical
   Control Point (HACCP) principles
- The Institute of Child Nutrition (ICN) has food safety resources for child nutrition programs including writing or revising HACCP-based plans and Food Safety Mini-Posters.
- The Lunch Box offers steps to follow when <u>cooking fresh animal proteins</u> and <u>Standard Operating Procedure (SOP)</u> <u>examples</u> for working with different raw meats.

#### **Cultural Considerations**

Keep cultural considerations in mind when purchasing and cooking raw meats.

- <u>USDA's Culturally and Religiously Inclusive</u>
   <u>Foods webpage</u> provides resources and trainings for Child Nutrition programs.
- USDA webinar on <u>Kosher and Halal</u> <u>Foods</u>.

Page 1



### **Funding for Equipment**

- OSPI administers <u>grants that can support</u> <u>the purchase of kitchen equipment</u> to help you utilize raw meats.
- The <u>School Nutrition Association</u> <u>equipment grant</u> applications open annually in January.

#### **Procurement Resources**

- Find a Local meat or seafood vendor using the <u>Washington Food & Farm</u> Finder.
- WSDA Meat to School Reference Sheet outlines state and federal food safety inspection requirements for meat and poultry.
- WSDA has sample solicitation documents for the <u>Procurement of Local Meat and</u> <u>Poultry</u>.

### **Recipes**

- ICN's <u>Child Nutrition Recipe Box</u> has USDA standardized recipes.
- The Seafood Nutrition Partnership has <u>Recipe Cards</u> and other resources that promote seafood in schools.
- The Lunch Box has many school recipes that you can scale to yield any amount you need!
- The Washington State Beef Commission has a <u>School Foodservice Resource guide</u> with recipes starting on page 17.
- WSDA's <u>Washington Grown Food and</u> <u>Recipe Kit</u> has recipes for beef and chicken.
- WSDA has short culinary training videos, and LHJ presentations about <u>Cooking</u> from Raw.





Scan the QR code to access this document online, under Food Safety.

