

Comprehensive Sexual Health Education Instructional Materials Review 2025

Accessing Sexual Health Information

Year Published/Revised: 2022

Publisher: Open Educational Resources Commons, Oregon Open Learning

Website: [Accessing Sexual Health Information \(Part 1\), 9-12 Lesson 1 | OER Commons](#)

Full or Supplemental: Supplemental

Grade Level: 9 - 12

Student Population: General

Duration/Number of Lessons: 1 lesson (Part 1)

Format and Features: Downloadable lesson plan and slide deck

Materials Provide Support for online or in-person learning: No

Available in Multiple Languages: No

Evidence-based/informed: Not indicated

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- ☐ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☐ Growth and Development/Puberty
- ☐ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☒ Prevention (general)
 - ☐ HIV/AIDS Prevention
 - ☐ Pregnancy Prevention
 - ☐ STD Prevention
 - ☒ Health Care and Prevention Resources
- ☐ Healthy Relationships (general)
 - ☐ Affirmative Consent
 - ☐ Bystander Training
 - ☐ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - ☐ The development of meaningful relationships and avoidance of exploitative relationships
 - ☐ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 375

This supplemental resource includes two lessons: Part 1 teaches finding reliable health information, and Part 2 focuses on accessing healthcare independently. Both lessons are strong: They include clear, trauma-informed facilitation instructions and discussion questions to assess learning. Scenario-based activities depict a variety of gender expressions and relationships. The lessons help students think critically about individual and systemic factors affecting access to healthcare/health information.

However, Part 2 is specific to Oregon laws and Oregon resources, limiting its usefulness in other states. It would need significant adaptation to make it Washington-based, which may not be practical for all educators.

Reviewer 377

Links for pregnancy prevention do not include anything for STI prevention. Very skewed toward planned parenthood, nothing on abstinence, links focused on more adult advanced sexual relationships

Reviewer 382

The material is plain and then includes a plain worksheet and various websites. The focus is determining what informational sites are reliable. There aren't any examples that would guide a student to identify an unreliable source. The slide show could be more engaging to help students, but the activity does provide opportunity to explore various websites. It is very Oregon based, so instructors would need to verify all Washington laws before using and then change language in the slides. The multiple websites for further research on topics are the best part of these lessons.



Reviewer 383

This two-part lesson outlines the FACT model of sexual health information literacy and accessing sexual health care well. The materials are simple to use; the links may need to be double-checked if your school's firewall will let students access them for the activities. The slides are easy to adapt or use as is. Materials needed are minimal and the lesson plans are easy to follow. Overall easy to use and comprehensive, double check for your own state and local legislation as this one is tailored to OR.

Reviewer 386

The lesson includes links to trusted sites. The scenarios used for student exploration are inclusive of LGBTQIA and non-binary students. However, no scenario represents a cis/hetero relationship or individual. This lesson gives a clear framework on how to determine if a resource is reliable and trustworthy.

Med/Sci Reviewer 373

Short, credible links to nationally recognized websites/organizations.

Med/Sci Reviewer 385

Provides clear and helpful information for how to access information that is medically accurate, free from bias, comprehensive and timely.

No concerns about medical accuracy. Planned Parenthood and the Bedsider are both comprehensive and informative sources of information that are teen-friendly and used widely in medical clinics to assist patients in decision-making.

