

Comprehensive Sexual Health Education Instructional Materials Review 2025

Healthy Relationships (HR): Boundaries & Consent

Year Published/Revised: 2022

Publisher: Open Educational Resources Commons, Oregon Open Learning

Website: [Healthy Relationships \(Boundaries & Consent\) 9-12 Lesson 4 | OER Commons](#)

Full or Supplemental: Supplemental

Grade Level: 11-12

Student Population: General

Duration/Number of Lessons: 1 lesson, 90 minutes

Format and Features: Downloadable lesson, presentation slides

Materials Provide Support for online or in-person learning: Yes

Available in Multiple Languages: No

Evidence-based/informed: Not indicated

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Washington Office of Superintendent of
PUBLIC INSTRUCTION

Primary Subject Areas and Topics Required by Law:

- ☐ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☐ Growth and Development/Puberty
- ☐ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☐ Prevention (general)
 - ☐ HIV/AIDS Prevention
 - ☐ Pregnancy Prevention
 - ☐ STD Prevention
 - ☐ Health Care and Prevention Resources
- ☒ Healthy Relationships (general)
 - ☒ Affirmative Consent
 - ☐ Bystander Training
 - ☒ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - ☐ The development of meaningful relationships and avoidance of exploitative relationships
 - ☐ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 377

Supplement very good for the specific topic of boundaries and consent. The link for healthy and unhealthy relationships does not work (page unavailable). Only uses typical role play that most people hate to participate in for peer interactions

Reviewer 378

The Healthy Relationships (Boundaries & Consent) curriculum is well-suited for high school students, providing essential instruction on healthy communication, boundary-setting, and relationship skills. It effectively supports students in recognizing the characteristics of both healthy and unhealthy relationships. However, there are accessibility issues within the curriculum. The third link under "Aligned Standards, Performance Indicators, and Essential Questions"—National Sexuality Education Standards (Second Edition)—leads to a 404 error. Additionally, the third link under "Resource Materials"—"Characteristics of Healthy & Unhealthy Relationships"—directs users to an unavailable site. To ensure full access to all instructional components, these links should be updated or replaced with functional resources.

Reviewer 382

This lesson is very clear about consent and boundaries. It is relevant to all students, provides helpful educator notes and clear teaching for students. The activity gives adequate space for



students to think about and discuss boundaries they have or need to consider in various situations that they may not normally think of ahead of time.

Reviewer 386

Simple and comprehensive lesson on boundaries and consent. Easy for an educator to review and use in the classroom. One link in the lesson is broken: youth.gov

Med/Sci Reviewer 385

Before the lesson discussion about opting out options are sensitive to recognizing covering this subject can be triggering.

Clear slide show introduction and steps the educator/ teacher through the lesson with notes for each slide. These notes are clear and unbiased.

Has possible answers to the situation/ response activity to help share if students are not wanting to share. Helps students practice uncomfortable situation to set boundaries. Examples of different ways to say No. Simple definitions of boundaries are provided

Med/Sci Reviewer 387

This is a great resource for teens.

There was no medical data to review in this resource.

