

Comprehensive Sexual Health Education Instructional Materials Review 2025

Human Trafficking

Year Published/Revised: 2025

Publisher: Sex Ed To-Go

Website: [Sex Ed To-Go: Human Trafficking](#)

Full or Supplemental: Supplemental

Grade Level: 8 - 12

Student Population: General

Duration/Number of Lessons: 15 lessons total, 20 min. each

Format and Features: Online curriculum that is self-paced with embedded videos.

Materials Provide Support for online or in-person learning: Yes

Available in Multiple Languages: English and Spanish

Evidence-based/informed: Not indicated

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



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Primary Subject Areas and Topics Required by Law:

- ☐ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☐ Growth and Development/Puberty
- ☐ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☐ Prevention (general)
 - ☐ HIV/AIDS Prevention
 - ☐ Pregnancy Prevention
 - ☐ STD Prevention
 - ☐ Health Care and Prevention Resources
- ☒ Healthy Relationships (general)
 - ☐ Affirmative Consent
 - ☐ Bystander Training
 - ☐ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - ☒ The development of meaningful relationships and avoidance of exploitative relationships
 - ☐ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 375

This self-paced video and worksheet define sex and labor trafficking, recruitment methods, warning signs, and barriers to identification. Strengths include a content/trigger warning, differentiating between sex work and sex trafficking, and including cultural and systemic vulnerabilities and barriers. However, it lacks some depth on the topics of grooming and stigma. The video is neutral, avoiding triggering imagery. While instructional supports aren't built into the lesson, an external resource, "Teaching Human Trafficking," provides a knowledge check worksheet and basic educator training. Overall, the material seems thoughtfully made and offers an adequate introduction to sex trafficking.

Reviewer 376

This resource is a great introductory material for students to learn about sex trafficking. Information is presented clearly, directly, and in non-stigmatizing terms. I recommend this resource for introductory lessons. Students will need more support/information around navigating the risks of trafficking online and how to identify, respond to, and report risks online.

Reviewer 379

Strengths:

- Asynchronous; fast paced
- Short, informative videos
- Covers how victims are recruited, warning signs and barriers to seeking help



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Shortcomings:

- Lacks instructional outcomes
- Lacks opportunities for student engagement; limited to no options for variability in learning activities
- No information on how to get help

Reviewer 381

This lesson is created as an accessible, online resource for students grades 8 and above to learn about human trafficking and how it differs from sex work. It outlines the risks and warning signs of trafficking and does a good job of pointing to how social media and other platforms might target youth for sexual services.

These videos provide quality information but are not very engaging. There is a worksheet for students to fill out as they go along, which could help with attention and learning. However, the online videos do not provide a varied way of engaging, which could be a limitation for people with other learning styles. It also risks being alienating for those who have faced manipulation and/or trafficking before.

This content is best used as a supplement when in-person learning is unavailable, and time is limited.

Reviewer 383

The training was easy to navigate and included instructions for teachers to lead the lessons. The product is free, accessible, and straightforward. The material is general, though it does a decent overview of this complex issue. Extra resources/links for additional information for students are included. You may need to tailor some discussion questions or materials to address local laws related to CSEC or trafficking.

Med/Sci Reviewer 373

Spanish version available. Well done, well organized!

Med/Sci Reviewer 385

This video presents important information about human trafficking. There are some areas of human trafficking that it fails to mention, including use of drugs and drug addiction to entice or exploit victims.

The video is straightforward and serious, but I think any conversation around human trafficking should have a serious tone, so this seems appropriate.

