

Comprehensive Sexual Health Education Instructional Materials Review 2025

Orientation and Identity

Year Published/Revised: 2022

Publisher: Open Educational Resources Commons, Oregon Open Learning

Website: [Orientation and Identity, 9-12 Lesson 1 | OER Commons](#)

Full or Supplemental: Supplemental

Grade Level: 11-12

Student Population: General

Duration/Number of Lessons: 1, 60 minutes

Format and Features: Downloadable lesson, presentation slides

Materials Provide Support for online or in-person learning: Yes

Available in Multiple Languages: No

Evidence-based/informed: Not indicated

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Washington Office of Superintendent of
PUBLIC INSTRUCTION

Primary Subject Areas and Topics Required by Law:

- ☐ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☐ Growth and Development/Puberty
- ☒ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☐ Prevention (general)
 - ☐ HIV/AIDS Prevention
 - ☐ Pregnancy Prevention
 - ☐ STD Prevention
 - ☐ Health Care and Prevention Resources
- ☐ Healthy Relationships (general)
 - ☐ Affirmative Consent
 - ☐ Bystander Training
 - ☐ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - ☐ The development of meaningful relationships and avoidance of exploitative relationships
 - ☐ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 375

This lesson plan is simple and thoughtfully written. I like that it explores the concept of gender attribution and the relationship between gender and culture. The first video is lighthearted, and I can tell a lot of effort was made to make it feel inclusive. The second video (done by Amaze.org) in comparison was alright but had some animations of people that somewhat leaned on stereotypes. Take note there are two slides that appear to be missing/don't match the teacher script.

Reviewer 380

This lesson plan not only provides measurable objectives, it also provides a variety of AV supplements, a written script, and a slide deck! As an educator, having these tools built into a lesson is invaluable!

The video felt current, relevant, and age appropriate- it didn't try to appeal to a youth audience specifically and that is why I think teens will be receptive to it!

Reviewer 382

This curriculum discusses gender attribution which helps ALL students understand why not to assume someone's gender. The educator notes didn't match all the slide numbers, but as long as you realize that and choose the correct slide, the educator notes are there and helpful. They make statements that are medically accurate (according to Chat GTP) but are not universally socially accepted (i.e., people are born with their orientation and do not choose it). Considering areas of the state that are stereotypically not going to accept these statements as fact and considering cultures, religions, and families/communities that may not accept them as fact, it would be helpful to cite the research and medical sources that back these statements up in



order to help students from these groups and areas believe that some of the statements made are accurate. This curriculum does not include any assessments, but effective class discussions may help to mitigate that.

Reviewer 383

I am relieved to see this accessible online supplemental curriculum for teachers to use. It helps clarify and explain much of the sometimes less understood layers of gender and sexuality. It does well not to stigmatize sexual and gender minorities, and express the importance of these topics for everyone. It is easy to facilitate this lesson, guidelines and materials are provided. The materials are straightforward, and the videos are engaging. The only thing I'd recommend is reviewing the student resource list for your county and state, there are plenty of national resources listed, but it might be helpful for your students to have local resources too.

Reviewer 389

This lesson introduces high school students to the concepts of gender identity and sexual orientation. Students will watch two different videos within the lesson. One of the videos is titled: "What Is Gender" - Presented by NYC Human Rights and Honest Accomplice Theater. And the other is titled: Sexual Orientation: A Spectrum of Attraction.

Med/Sci Reviewer 373

Good, credible links and information. Clear and short, good instructions.

Med/Sci Reviewer 385

Great and slide show and videos. Nonjudgmental and factual definitions of gender, gender expression, sexuality, and sexual expression. Video was great with gender diverse and racial diverse young adults. Cultural slides were informative and celebrative of other cultural views on gender and expression. Helpful resources and links for OR resources just not WA

