

Comprehensive Sexual Health Education Instructional Materials Review 2025

Positive Prevention PLUS Special Populations

Year Published/Revised: 2020

Publisher: Positive Prevention Plus

Website: [Positive Prevention Plus](#)

Full or Supplemental: Full

Grade Level: 7 - 12

Student Population: Special Education

Duration/Number of Lessons: 13 lessons divided into modules for flexibility

Format and Features: teacher slides, student workbooks, parent materials

Materials Provide Support for online or in-person learning: Yes

Available in Multiple Languages: Student materials available in Spanish

Evidence-based/informed: Not evident

National Standards Alignment: Yes

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? No

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- ☐ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☒ Growth and Development/Puberty
- ☐ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☒ Prevention (general)
 - ☐ HIV/AIDS Prevention
 - ☒ Pregnancy Prevention
 - ☒ STD Prevention
 - ☐ Health Care and Prevention Resources
- ☒ Healthy Relationships (general)
 - ☒ Affirmative Consent
 - ☐ Bystander Training
 - ☒ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - ☒ The development of meaningful relationships and avoidance of exploitative relationships
 - ☐ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 378

Module One of this sexual education curriculum presents excellent foundational material for elementary students and individuals with neurodevelopmental conditions. The content is well-structured to provide essential information in an accessible manner, supporting those who may benefit from simplified explanations and fundamental concepts. However, for older high school students, particularly those with only physical limitations, the material may feel overly juvenile. While many children with special needs experience developmental delays, it is important to recognize that not all do. Special needs encompass a broad spectrum, including physical disabilities, sensory impairments, and learning differences, which do not necessarily affect a child's overall developmental trajectory. Tailoring content to acknowledge these variations could enhance the curriculum's inclusivity and effectiveness.

Overall, the curriculum provides a strong foundation for specific student populations, but adjustments in content presentation and editorial refinements would further enhance its applicability and accuracy. Ensuring material is appropriately leveled for different student needs will improve engagement and comprehension across diverse learners.

Reviewer 382

This curriculum has a great review of what has already been learned in the previous lesson. It contains lesson assessments and a posttest as well as family connections with reminders in each lesson to talk with a parent or caregiver. The slideshows to use are presented in ways that all students, specifically special populations, can understand and engage with. The lessons are thorough but easy to teach and receive/understand. The educator notes and activities are very relevant, accurate, and make this a curriculum worth using!



Reviewer 383

Generally, this product is acceptable. There are some typos, and inconsistencies between the slides and lesson plans. There is an error in describing gender as male, female, or somewhere in between, when it is understood now that non-binary or gender-queer people are not "between" males and females on the binary. The materials are fine, the videos are animated and show a wide range of students. There is one video that has an unresolved plot point as one friend asked another if they can be more than friends, and this is not addressed again. It appears that the product did try to take a more progressive stance in the curriculum, though executing this has been hit and miss. There is one slide that reads "is abstinence important?" "YES." "Not having sex is the only way to avoid an infection or unwanted pregnancy." This reads as exclusive towards other contraception methods, however, there is information about other contraceptive methods in the curriculum. Things like this may make it cumbersome to go back and forth with students reviewing any mistakes within the curriculum.

Reviewer 384

Positive Prevention Plus for Special Education is a comprehensive sexual health material set designed for students in grades 7-12. There are 13 lessons which vary in length from 15 to 60 minutes (note that the lesson plans do not give an estimated lesson time). The lessons are specially designed for students with developmental disabilities.

The lessons are very approachable and feature a cast of diverse cartoon characters who introduce students to complex topics and situations, and model how to handle those situations well. The materials are very practical; instructing students in how to clean private parts, distinguish between public and personal behaviors, tell the difference between liking someone as a friend or romantically, and how to tell someone you like them.

Educators may want to provide some supplemental information regarding HIV/AIDS. These materials roll them into a general lesson on STIs and how to avoid them but never define what HIV/AIDS is or provide any information about PEP, PREP, or antiretroviral medications.

Overall, these materials are an excellent resource for middle or high school aged students for whom general health material sets aren't a good fit.

Reviewer 388

Intro has really good information around teaching individuals with disabilities and some of the struggles the teacher may face both in students' ability levels and in perceptions from those who may work or care for them.

Has a very clear and easy to follow section on trauma informed care and teaching.

First lesson does a good job of setting the stage and rules. includes addressing that it may be embarrassing or may students nervous.

Slides contain images of real people with disabilities as well as cartoons throughout the lessons.

Second lesson has a mistake, asks about Jose uncomfortable being the tallest but he was the shortest.

Talks about body changes and used correct terms but does so before going over an anatomy lesson. May make it more difficult for students to grasp if they have not had an anatomy lesson before.



Includes information on hygiene for both sexes and includes hygiene after masturbation or wet dreams.

Overall, this would be a good training for teens and young adults with intellectual or developmental disabilities.

Med/Sci Reviewer 373

Seems appropriate. I love the videos, repetition, simplicity and practical advice. I also love the exposure to trafficking, abuse and healthy relationships.

Med/Sci Reviewer 385

P 55 – Typo - “agender – when a person doesn’t (feel?) either male or female”

P 385 - Birth control failure rates – this information varies based upon study. CDC data shows birth control failure rates are slightly lower than this (7 pregnancies per 100 for oral contraceptive pills, for example). The study cited is from 2011, could use more up to date study, like CDC data. The information is not incorrect, however.

P 409 – healthy pregnancy – would also add “take prenatal vitamins as soon as possible”

Overall, this is a well-informed resource. Some information may be too advanced for some special education students, but this would also be quite appropriate for most special education students. Graphics are straightforward and appealing. High level of information without providing too much information.

