

Comprehensive Sexual Health Education Instructional Materials Review 2025

Respecting Expression

Year Published/Revised: 2022

Publisher: Open Educational Resources Commons, Oregon Open Learning

Website: [Respecting Expressions, 3-5 Lesson 2 | OER Commons](#)

Full or Supplemental: Supplemental

Grade Level: Elementary (grades 3-5)

Student Population: General

Duration/Number of Lessons: 1 lesson, 30-60 minutes

Format and Features: Downloadable lesson, presentation slides

Materials Provide Support for online or in-person learning: Yes

Available in Multiple Languages: No

Evidence-based/informed: Not evident

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



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PUBLIC INSTRUCTION

Primary Subject Areas and Topics Required by Law:

- ☐ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☐ Growth and Development/Puberty
- ☐ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☐ Prevention (general)
 - ☐ HIV/AIDS Prevention
 - ☐ Pregnancy Prevention
 - ☐ STD Prevention
 - ☐ Health Care and Prevention Resources
- ☒ Healthy Relationships (general)
 - ☒ Affirmative Consent
 - ☐ Bystander Training
 - ☒ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - ☐ The development of meaningful relationships and avoidance of exploitative relationships
 - ☐ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 374

This lesson referenced the gender binary of boy and girl without exploring how trans or genderqueer people might experience pressure to have certain hobbies.

I also would have liked to see the safe space section include what the group might do if someone breaks a safe space agreement.

I think this lesson could be stronger if they included a role play for what to do if someone is bullying someone else because of their gender. This would give students opportunities to identify ways they have seen others bullied and practice responding as if in the real world.

Reviewer 376

This brief supplementary material is an effective way to explore gender stereotypes through classroom activities/discussion. Assessment is included in the slides. Educators should be prepared with group norms for this activity (not included in the material). Additional materials, such as the recommended readings from the lesson, are strongly encouraged to integrate the lesson through storytelling.

Reviewer 380

This lesson is excellent for this age group, although I marked some Agree and not Strongly Agree because I think the visual elements/graphics of the presentation are actually geared at a younger audience than 3rd-5th grade and could be enhanced, though they accomplish the goals of the lesson.



Additionally, this lesson only mentions "boys and girls" and could find an age-appropriate way to address that there are more than two genders and endless means of expression.

Reviewer 384

Respecting Expression is a one-day lesson from the Oregon Open Learning Sex Ed materials. It contains a Google Slides Presentation of 10 slides and instructions on how to use them. The materials clearly state that the lesson is only intended to be used after having taught the previous lesson on gender identity and expression. While the materials say to plan for 30-60 minutes for this lesson, it is more likely that it would take 10-30 minutes.

In the lesson, students are asked to match visual representations of activities with cartoon characters, then asked why they chose the pairs they did in an effort to discuss assumptions and gender stereotypes. Students are prompted about how to respond if they see someone being gender stereotyped.

The explicit goal of the lesson is, "By the end of the lesson, students will hold the attitude that all things are for all people." This is a very values-based statement, and naming that the goal of the lesson is to affect a values-based attitude held by students may be problematic in many communities.

Med/Sci Reviewer 385

Notes underneath slides for the teacher are clearly at the correct grade level and unbiased and do a good job teaching about gender stereotypes and practice not doing this.

Med/Sci Reviewer 387

This appears to be a good introductory exercise in learning about gender stereotyping and gender expression.

I would say the PowerPoint appears more appropriate for grades 1-2. The concepts are appropriate for those ages. However, in the written curriculum there appears to be more discussion of sexuality as it relates to gender expression, which would be more appropriate for grades 3-5, however I don't see any mention of sexuality in the materials provided.

