

Comprehensive Sexual Health Education Instructional Materials Review 2025

Teen Talk Adapted

Year Published/Revised: 2025

Publisher: Health Connected

Website:

Full or Supplemental: Full

Grade Level: 7 - 12

Student Population: SPED

Duration/Number of Lessons: 12 core lessons and activities for students with extensive support needs, and 12 lessons and activities for students with mild to moderate support needs; 60 minutes plus for each lesson.

Format and Features: teacher handbook, presentation slides, handouts, image cards

Materials Provide Support for online or in-person learning: in-person learning.

Available in Multiple Languages: Yes, English and Spanish

Evidence-based/informed: Yes, evidence-informed

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? Yes

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



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Primary Subject Areas and Topics Required by Law:

- ☒ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☒ Growth and Development/Puberty
- ☒ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☒ Prevention (general)
 - ☒ HIV/AIDS Prevention
 - ☒ Pregnancy Prevention
 - ☒ STD Prevention
 - ☐ Health Care and Prevention Resources
- ☒ Healthy Relationships (general)
 - ☒ Affirmative Consent
 - ☐ Bystander Training
 - ☒ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - ☒ The development of meaningful relationships and avoidance of exploitative relationships
 - ☐ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 375

This comprehensive curriculum has two sections: one for students with extensive support needs and another for those with moderate to mild support needs. Overall strengths: it uses a trauma-informed and LGBTQ+ inclusive approach, avoids biased or shaming language, accommodates various learning and communication styles, and focuses on making learning enjoyable for teens.

The first section, "Core Content Adapted for All Abilities," covers most of the learning standards in plain language with adaptable assessment methods. However, it lacks key topics like the effectiveness of different contraceptives, STI types and symptoms, and sexual decision-making. The first section also omits much of the inclusive terminology and guidance found in the second section. As a result, those core lessons may unintentionally exclude certain students.

The second section provides detailed, empowering content on sexual and reproductive health and relationships. The activities are thoughtfully designed, contemporary, and engaging. The lesson on sexual violence prevention is a valuable addition. It includes some information on sex trafficking. While a sample lesson plan suggests 12 60-minute classes, most lessons seem to require more time. Additionally, the resources and relevant laws are based on California, so educators will need to adapt several lessons for Washington state.

Reviewer 379

Strengths:

- Culturally responsive
- Uses a trauma informed approach



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- Each lesson considers types of supports students may need; appropriately challenging resources that are differentiated
- Multiple opportunities for students to engage in the learning
- Learning goals and objectives aligned to state standards
- Relevance to students' lives

Shortcoming:

- Lack of assessments

Reviewer 381

The Teen Talk Adapted Curriculum offers an engaging and comprehensive approach to teaching sex education. The slides are colorful and feature genderless figures that demonstrate the content. Language is consistent, specific, and inclusive of all bodies, gender identities, sexual orientations, and abilities. The content is created for students with learning needs - ranging from mild to moderate to needing extensive support - and the curriculum does a great job of making the content accessible for students across this range, including those without additional learning needs.

The content is notably up to date, with extensive footnotes and sourcing of materials that shows how extensively the content was researched. The content also addresses students' social-emotional needs in ways often not included in content, such as having stretching and breathing breaks. The intention of creating a curriculum that is trauma-informed and healing-centered comes through. This curriculum would be well suited for students across a variety of learning needs and age groups (7-12th grade).

Reviewer 386

These lessons are very comprehensive and well designed. They can be chosen and adapted to meet the needs of students within the secondary age groups.

Reviewer 388

Lots of information for a teacher to review prior to instruction. over 20 pages of material including trauma informed teaching that is to be read prior to starting the lessons. Each lesson has individual sections to read prior to teaching.

The exceptional support slides are very basic. They do cover STI prevention, pregnancy prevention and basic sex ed information. Several of the videos are made for younger children and were used in the publisher's 5th grade curriculum as well.

Teacher's guide has prompt points for discussion and reminds teachers to set up assistive tech devices with information that will be needed to help students engage.

Several of the videos are made for younger children and were used in the publisher's 5th grade curriculum as well.

Talks about minor's legal rights and has several slides for resources in California. Teacher would need to look up the information for Washington.

Large section of lesson 9 is encouraging student to join an organization called OneLove.org



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Curriculum has lots of information to help guide students on where to access information safely and what laws are. However, all this information is local to a specific area in California. Teachers would need to do a lot of research to find the equivalent for Washington state. Overall curriculum is thorough and well-rounded but does seem to have a lot of prep work needed by the teacher.

Med/Sci Reviewer 385

Has materials all offered in Spanish and English. Downloads have very thorough curriculum education for teachers leading education for teens- educators' materials are heavy with reading and not as easy to jump from different sections. But has clear lesson plans with all factual and unbiased information. Good resources and references provided.

Some strengths are multiple options of activities for teaching – diagrams write in, coloring in diagrams, matching, fill in the story, and true/false activities for all subjects' examples: sex organs of the body, pregnancy, birth control, STIs, and after pregnancy options.

Slides have simple good visuals and instructions- example: Menstruation- very good step by step instructions on how to change a pad and when to. Covers all birth control methods factually.

Med/Sci Reviewer 387

Very extensive information in the review. Appropriate for high schoolers, particularly those who want to learn more about the subject. In some instances, it may provide too much information for the general population but would be great for advanced science classes. Slides have appealing graphics for teens.

Adapted Information seems appropriate for special education students. Presents important information for all teenagers, in a visual and easy to understand way.

All medical information appears accurate.

