

Comprehensive Sexual Health Education Instructional Materials Review 2025

Wise Bodies: HIV Awareness

Year Published/Revised: 2022

Publisher: AIDS Healthcare Foundation

Website: [Wise Bodies: HIV Awareness - Museum of Discovery & Science | IMAX AutoNation](#)

Full or Supplemental: Supplemental

Grade Level: 6-12

Student Population: General

Duration/Number of Lessons: 6 units

Format and Features: Educator guides for middle and high school, 11 videos

Materials Provide Support for online or in-person learning: Yes, both

Available in Multiple Languages: No

Evidence-based/informed: Not evident

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? Yes

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Washington Office of Superintendent of
PUBLIC INSTRUCTION

Primary Subject Areas and Topics Required by Law:

- ☐ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☐ Growth and Development/Puberty
- ☐ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☐ Prevention (general)
 - ☒ HIV/AIDS Prevention
 - ☐ Pregnancy Prevention
 - ☐ STD Prevention
 - ☐ Health Care and Prevention Resources
- ☐ Healthy Relationships (general)
 - ☐ Affirmative Consent
 - ☐ Bystander Training
 - ☐ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - ☐ The development of meaningful relationships and avoidance of exploitative relationships
 - ☐ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 376

The Wise Bodies curriculum focuses entirely on HIV/AIDS science, prevention, screening, and treatment. The materials include educator workbooks for middle school and high school as well as a series of videos discussing a range of topics from the science of HIV/AIDS to discussing the use of a condom with a sexual partner. The workbook includes classroom activity instructions and discussion considerations for teachers. The videos range from 5-9 minutes and represent diverse student voices, although some of the discussion is medicalized/scientific and may not be accessible for all students. This curriculum could be included as part of a broader lesson on STI prevention; educators should be selective about the amount of HIV/AIDS material that's included. Additional information about PrEP should be cultivated for this lesson.

Reviewer 378

The Wise Bodies HIV Educator Guides and Video Playlist provide an essential and well-structured resource for educators, students, and anyone looking to expand their understanding of HIV/AIDS. These materials emphasize the critical importance of knowing one's status and being informed about where and how to get tested, reinforcing the idea that knowledge is power.

One of the standout aspects of this series is how it effectively reduces the stigma surrounding those living with HIV/AIDS. The videos present the information with accuracy, compassion, and up-to-date science, making them an invaluable tool in both classroom settings and community education. With the availability of rapid HIV testing and at-home testing through local health departments, these guides ensure that viewers are aware of their options and can take charge of their health confidently.



Understanding and talking about HIV/AIDS is crucial to breaking down misconceptions and ensuring that people have access to the resources and support they need. The Wise Bodies series does an excellent job of making this conversation accessible and engaging. Whether you are an educator, student, or community member, these materials offer lifesaving knowledge that everyone should have.

I highly recommend the Wise Bodies HIV Educator Guides and Video Playlist for anyone committed to spreading awareness, promoting health education, and advocating for a world free of stigma.

Reviewer 381

Wise Bodies offers engaging content and activities to learn about HIV/AIDS. While the curriculum is hardly different for the middle and high school age groups, both versions provide scientific and bias-free information that help students learn about the history, science, legal issues, prevention, testing, and treatment of HIV/AIDS. The activities engage students on issues of politics/laws, social dynamics, and science. The content could easily be used to support other curricula when covering the topic of HIV, as it is very comprehensive and well formulated. The accompanying videos are not highly engaging but do offer visuals and alternative ways of absorbing the material that might be helpful for some students.

Reviewer 383

I appreciate this supplemental resource so much! Inclusive and it helps broach a topic students may feel uneasy around. It's a great several unit add on to any sexual health curriculum that may be light on the HIV/STI prevention standards. The materials are high quality and the activities are engaging, some require materials to be prepped before, but all instructions for educators are very clear. Be sure to double check any embedded links beforehand as several don't work when opened with specific search engines, or one link from the CDC's website has been removed entirely. Be sure to check and provide local resources for students and their families as well.

Reviewer 384

Wise Bodies: HIV Awareness is a curriculum developed in and for Southern Florida teens. It was made in partnership with the Museum of Discovery and Science. Educators considering this curriculum should know that the materials are highly inclusive and medically up to date. They rely on a series of informative, although sometimes dry, videos supported by in-class activities.

Washington state educators should be aware that the materials rarely, if ever, mention abstinence to avoid unintended pregnancy or the spread of infectious diseases.

Three small notes, potentially for the publisher:

One of the videos talks about the spread of HIV, and it shows a red glow "infecting" parts of the globe. The glow starts in Asia and eventually spreads to North America. This feels problematic/biased primarily because HIV originated in West Africa, not Asia.

I thought it was an odd choice to not include information about PEP in many of the videos. There is one video that does an excellent job of mentioning it, but I was confused as to why it wouldn't be called out in more of the videos as a means of avoiding HIV alongside PrEP and condom usage.



The lesson plans describe what to do for certain STEAM activities of the curriculum, but do not explain what is expected to happen during these activities. It would be helpful to educators if there was a description of what observations are likely to be made when running the activities.

Med/Sci Reviewer 373

Great content, accurate, working links, good experiences and experiments engaging students on videos. Great stigma conversation!

Know Your Status Video: some inaccuracy might be due to having newer data/recommendation per CDC STI guidelines. Testing for HIV is recommended according to risks factors (with new partner, at least once in lifetime or every 3 mos. depending on the risks, in every pregnancy) in video stating 6 mos. Very helpful for Florida residents but not as much for WA residents as process is different. Very little free testing available in WA, none in our rural county, rapids vary, have 1 minute 10 and 20 minutes.

Med/Sci Reviewer 385

All the videos and the 2 flipboard educator guides are factual and very informative- definitely for the upper middle school and high school ages. These have good interactive activities for students to promote communication and education that is unbiased and factual.

OSPI Comment

Information about abstinence and all prevention methods (including PEP and PrEP) would need to be added to meet WA HIV/AIDS prevention education requirements.

