

POWER UP YOUR PROGRAM!

Highline School District

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During Power Up Your Program, Angelina connected with partners and explored ways to increase nutrition education for Highline students. This opened an opportunity at Cedarhurst Elementary to share weekly announcements and monthly newsletter articles that would reach 400+ students and their families. Each message helped build anticipation for upcoming menu items and highlighted the nutrition benefits they offer.

The fun and inviting announcements, like the example to the right, featured a variety of foods including butter chicken, asparagus, berries, and cherries. Angelina also let students know where to look for the foods during the week. For example, she noted students would find delicious cherries on the Fresh Fruit and Vegetable Program menu and have another chance to enjoy them in yogurt parfaits.

Complementary newsletter articles, like "Berry Delicious May in the Cafeteria," expanded the reach. The articles gave families a preview of what was coming up on the menu and ways to encourage and explore the tasty and nutrient-packed foods at home.

"Good morning,
students!"



Get ready for some berry fun this week in the cafeteria! You'll find blackberries on our yogurt parfait, blueberries on our breakfast cookie, and strawberries on the salad bar — yum!

Berries aren't just tasty — they're packed with Vitamin C, fiber, and antioxidants that help keep our bodies strong and full of energy. Some even have special minerals that help our bones grow!

There are thousands of kinds of berries around the world, and people have been enjoying them for thousands of years.

So don't miss your chance to enjoy some berry delicious treats this week!"



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