When is your child too sick for school?

School attendance is a powerful predictor of school success and on-time graduation. Research shows that when students miss fewer than 10% of their school days, they have much stronger success in school. Use these tips to tell when your child is too sick to attend school.

Send your child to school if they...



Don't feel great but are able to participate in normal activities.

Keep your child home if they...



Feel sick and have a fever of 100.4°F or higher, test positive for flu or COVID-19, or can't participate in normal activities.

Have thrown up in the past 24 hours.





Have diarrhea and increased stool frequency.

Have a rash of unknown origin. They can return to school when a healthcare provider says it's okay.





Have an oozing sore or wound you can't cover or contain.

Call a healthcare provider if they...



Have a fever of 100.4°F or higher for more than 2 days.

Throw up or have diarrhea for more than 2 days.





Have the sniffles for more than a week and aren't getting better.

Have asthma symptoms after using asthma medicine. If they have trouble breathing after using an inhaler, call 911.





This is general guidance. Schools, healthcare providers, or the Health Department may advise differently based on individual circumstances.