Washington Office of Superintendent of
PUBLIC INSTRUCTION

OSPI School Meal Programs
Milk Substitute Notification Form

LEA Name:	Date:
Food Service Director/Supervisor:	

The Food Service Director/Supervisor is required to notify OSPI Child Nutrition Services of the intent to provide a milk substitution for children who have medical or special dietary needs. Please complete this form, include a copy of the milk substitute nutrition facts label, and submit via email to your School Meal Programs Specialist.

1. When will a substitution be made? (Describe the situation, i.e., lactose intolerance, religious reasons, etc.)

2. Who will be allowed to request a substitution? (i.e., if a district chooses to offer a substitution for milk for children without a disability, the department must accept a note from the parent as well as a licensed physician and/or recognized medical authority).

3. How do you let households know about this process?

4. What product(s) will be substituted? (List by name brand)

☐ 8th Continent Soymilk Original	☐ Silk Soymilk Very Vanilla & Chocolate
☐ 8th Continent Soymilk Vanilla	☐ Ripple Kids Unsweetened or Original (refrig/shelf stable)
☐ Better Goods Plant-Based Soymilk Original	☐ Ripple Kids Chocolate (refrig/shelf stable)
☐ Kikkoman Pearl Organic Soymilk	☐ Ripple Original (sweetened or unsweetened)
☐ Kikkoman Pearl Organic Creamy Vanilla & Choc	☐ Ripple Original Choc (refrig/shelf stable)
☐ Pacific Foods Ultra Soy Original	☐ Silk Kids Oat Milk Blend
☐ Silk Original Soymilk (refrig/shelf stable)	☐ Other:

Child Nutrition Program operators must ensure any milk substitution offered meets or exceeds all USDA required nutrient values (per 1 cup/ 8 fluid ounces) listed here:

The product(s) must contain the following nutrients per cup:	
Nutrient	**Per cup**
Calcium	276 mg
Protein	8 grams
Vitamin A	500 IU or 150 mcg
Vitamin D	100 IU or 2.5 mcg
Magnesium	24 mg
Phosphorus	222 mg
Potassium	349 mg
Riboflavin	0.44 mg
Vitamin B-12	1.1mcg

Food Service Director/Supervisor Signature: