

# OSPI Summer Food Service Offer vs Serve

Offer Versus Serve (OVS) is an optional tool that only Local Educational Agencies (LEAs) can choose to implement, allowing children to decline some of the food items offered in a reimbursable breakfast, lunch/supper, as long as minimum servings are met. OVS is not allowed at snack. OVS reduces waste and costs while offering balanced meals and giving children food choices they like. Children can choose all items during a meal if they wish. **OVS must be approved by the Office of Superintendent of Public Instruction (OSPI) before it can be implemented, and Canvas online training must be completed.**

## Terms to Know:

- **The 4 Food Components:** Milk, fruit/vegetables, grains, meat/meat alternate.
- **Food Item:** A specific food offered within a component; apples and pears are both items in fruit/vegetables component.

Summer Food Service Program (SFSP) OVS Meal Requirements	
<b>Breakfast:</b>	
<p>Must <b>offer the 3 required components and 4 food items:</b></p> <ol style="list-style-type: none"> <li>1. One serving of <b>fruit/vegetables</b></li> <li>2. One serving of <b>grains</b></li> <li>3. One serving of <b>milk</b></li> <li>4. One additional food item from any of the food component groups: <b>fruit/vegetables, grains, or meat/meat alternate (M/MA)</b></li> </ol> <p>A child must choose <b>3 different food items</b> for the meal to be reimbursable. Food items must be different from each other. E.g. two types of cereals are the same food item.</p>	
<b>Example Breakfast</b>	
<p><b>Reimbursable Menu:</b></p> <ul style="list-style-type: none"> <li>• 1 slice of Toast</li> <li>• ½ cup Cereal</li> <li>• ½ cup Peaches</li> <li>• 8 oz Milk</li> </ul>	<p><b>A child can select:</b></p> <ul style="list-style-type: none"> <li>• Toast, Peaches, Milk</li> <li>• Cereal, Peaches, Milk</li> <li>• Toast, Cereal, Peaches</li> <li>• Toast, Cereal, Milk</li> </ul> <p><i>Combinations of 2 items or less are not reimbursable</i></p>
<p><b>Reimbursable Menu with Combination Food:</b></p> <ul style="list-style-type: none"> <li>• Breakfast Pizza* 1oz grain, 1oz M/MA</li> <li>• 8 oz Milk</li> <li>• ½ cup Strawberries</li> </ul>	<p><b>A child can select:</b></p> <ul style="list-style-type: none"> <li>• Breakfast pizza, Milk</li> <li>• Breakfast pizza, Strawberries</li> </ul> <p><b>Pizza counts as 2 items because it is a combination food from two different components (*CN label required)</b></p>
<p><b>Non-Reimbursable Menu</b></p> <ul style="list-style-type: none"> <li>• 2 slices of Toast</li> <li>• ½ cup of Pineapple</li> <li>• 1 cup of milk</li> </ul>	<p>Two pieces of toast are in the same food item; 4 different items must be offered</p>



## Lunch or Supper:

Must **offer 4 required components and 5 food items:**

1. One serving of **meat/meat alternate (M/MA)**
2. **Two different** food items of **fruit/vegetables (totaling 3/4 cup or more)**
3. One serving of **grains**
4. One serving of **milk**

A child must select at **least 3 different food components** for the meal to be reimbursable. Food items must be different from each other. E.g. Pear and Apples are not identical, they are the same component.

### Example Lunch/Supper

#### Reimbursable Menu:

- ½ cup Beans (M/MA)
- 2oz Roasted Chicken
- ½ cup Rice
- ½ cup Broccoli\*
- ½ cup Apple Slices\*
- 8 oz Milk

\*Fruit/Vegetable are considered one component.

#### A child can select:

- Chicken, Rice, Broccoli
- Beans, Apple Slices, Milk
- Chicken, Broccoli, Milk
- Beans, Rice, Broccoli

#### NOT reimbursable:

- Broccoli, Apple Slices and Milk, only 2 components selected.
- Combinations of 2 items or less

Note Beans are marked as M/MA and cannot be counted as a vegetable.

#### Reimbursable Menu with Combination Food:

- PBJ Sandwich (2 oz grain, 2 oz M/MA)
- ½ cup Broccoli\*
- ½ cup Oranges\*
- 8 oz of Milk

\*Fruit/Vegetable are considered one component.

#### A child can select:

- PBJ Sandwich, Milk
- PBJ Sandwich, Oranges
- PBJ Sandwich, Broccoli

**Sandwich counts as 2 components, grain and meat/meat alternate**

**NOT reimbursable:** Broccoli, Oranges and Milk  
Only 2 components were selected

#### Resources:

- [SFSP Meal Service Guide](#)
- [Summer Toolkit: Offer Versus Serve](#)

*This institution is an equal opportunity provider.*