



ROOTED IN EXCELLENCE

Manson School District

OSPI recognizes Manson School District for excellence in the Farm to School category. The district hosted a "Make Every Bite Count!" class led by WSU instructor Margaret Viebrock and supported by Manson Migrant Liaison Jorge Lopez. This hands-on class taught participants how to shop with a plan, read and understand food labels, buy nutritious foods on a budget, and prepare delicious, easy-to-make recipes.

The class demonstrated the impact of nutrition education by empowering families with the knowledge and confidence to make the most of every meal.

"We are grateful for our partnership with the WSU extension and the commitment to supporting the health and well-being of our community."
Morgan Thorton
 Business Manager

Make Every Bite Count!

BONUS:
 COOKING DEMONSTRATIONS
 WITH TASTINGS AND RECIPES!

Easy as 1...2...3!
3 Lesson Series :
 Margaret Viebrock
 WSU Extension

- SHOP WITH A PLAN
- READ FOOD LABELS
- BUY ON A BUDGET
- PREPARE TASTY RECIPES

Register with: Jorge Lopez
 Phone: 509-393-5381
 email: jlopez@manson.org

Where : Manson High School Classroom #17

CHILDCARE WILL BE PROVIDED

WEDNESDAY'S
 FEBRUARY 4, 11, 18, 2026
 FROM 6:00 PM TO 8:00 PM

WSU EXTENSION
 Chelan/Douglas County

WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local WSU Extension office. Reasonable accommodations will be made for persons with disabilities and special needs who contact the Extension office at 509-765-9533 five days in advance.

"Make Every Bite Count!" event poster

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