

POWER UP YOUR PROGRAM!

Northshore School District

Hannah Phillips, Field Supervisor,
Food & Nutrition Services

Juliana Fisher, Director, Food &
Nutrition Services

Juliana and Hannah joined Power Up Your Program with a shared commitment to building strong school and community partnerships and enhancing nutrition education for Northshore students. They saw an opportunity to advance both goals by collaborating with the principal at Moorland's Elementary and community partners to host an engaging student wellness fair. In the fall, they will convene a planning committee with students and representatives from the school administration, the Parent Teacher Organization (PTO), Food & Nutrition Services, and community partners. Together, they will lay the groundwork for a fair during the 2025–26 school year.

Along with initiating plans for the wellness fair, Juliana and Hannah worked with the district's Nutrition and Fitness Advisory Council to create a professional development session for certificated staff. The session, "Fuel for Learning: Power Standards & the Everyday Nutrition Environment," was selected for presentation at the district's Teaching and Learning Conference in August 2025. The session highlights connections between Northshore's Nutrition Education Power Standards and core content areas like science and health. It emphasizes practical strategies and resources to enhance the nutrition environment and incorporate nutrition education throughout the school day.

Project Highlights

- Juliana and Hannah initiated plans for a student wellness fair and developed a professional development session for the district's certificated staff focused on creating a supportive nutrition environment throughout the school day.
- Strengthening partnerships by building new relationships in the school building and collaborating with the district's Nutrition and Fitness Advisory Council was key to advancing both initiatives.
- After creating the planning framework for the student wellness fair, they would like to expand to more schools or build a regional model with multiple schools participating.



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