

2021–26 Reviewed HIV/Sexual Health Instructional Materials

Consistency with Washington State Requirements

The Office of Superintendent of Public Instruction (OSPI), in collaboration with the Washington Department of Health (DOH) and a panel of reviewers representing local districts and public health experts, conducts regular reviews of HIV prevention and sexual health instructional materials to assess their consistency with legislative requirements for comprehensive sexual health and HIV prevention education ([RCW 28A.300.475](#) and [RCW 28A.230.070](#)). Commonly used titles are reviewed, along with promising materials identified by districts and OSPI. A [review of sexual abuse prevention materials](#) was done in 2018 as part of OSPI's Erin's Law implementation.

The following list includes titles reviewed in 2021–26, since new requirements for comprehensive sexual health education went into effect. Districts that want to use titles that have not been reviewed by OSPI and DOH since 2021 must use OSPI's [instructional materials review instruments](#) to assess suitability for use. Medical accuracy reviews should be conducted by DOH or a panel of experts with relevant clinical/research expertise, in accordance with state law.

Titles labeled "full" curricula are generally comprehensive curricula that include lessons addressing a wide range of topics, intended to be taught over the course of a unit of instruction or several grades. Titles labeled "supplemental" are generally materials that address only one topic or theme or are intended for use to supplement a full curriculum. Titles including content on affirmative consent or bystander training, both required by RCW 28A.300.475, are indicated.

Reviews for these years found materials either "consistent," "consistent with modification" (minor or significant), or "not consistent" with state legislative requirements. All reviews are available on OSPI's [Instructional Materials Review Reports and Tools webpage](#), including contact information for publishers.

OSPI does not "approve," "endorse," or "recommend" instructional materials. Approval and adoption happen at the school district level after district- or school-level reviews to ensure that materials are suitable for use in that community.

Titles Consistent with State Requirements

The following list from the 2021–26 reviews represent titles found to be consistent with state requirements, consistent with modifications. Titles reviewed previously may not be consistent with requirements for comprehensive sexual health education that went into effect in December 2020 and should be reviewed carefully by districts. Reviewer comments and publication information can be found by clicking on the title in [each posted review](#).

Elementary School (Grades K–3)

Note: [Requirements](#) for comprehensive sexual health education do NOT require school districts to provide sexuality content in grades K–3, though they may choose to do so. [Social emotional learning](#) is required for grades K–3.

Schools will not be required to use or adopt a curriculum to provide social emotional learning, though using an evidence-based program over time is recommended. Social and emotional learning is a process through which individuals build awareness and skills in managing emotions, setting goals, establishing relationships, and making responsible decisions that support success in school and in life.

Elementary School (Grades K–6)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
The ABCs of Me (2023)	3–5	Supplemental	n/a	Yes	Consent	2025	
Always Changing (P&G, 2021)	5–8	Supplemental	n/a	Yes, with modification	No	2023	Modification needed to be inclusive of all students – see product teacher’s guide for language and information
A Boy’s Guide for Growing Up (2005)	5–12	Supplemental	n/a	Yes	No	2023	For students with Intellectual & Developmental Disabilities (I/DD)
Consent for Kids video (2021)	3–6	Supplemental	n/a	Yes	Consent	2022	

Elementary School (Grades K–6)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Consent (For Kids!), Boundaries, Respect, and Being in Charge of YOU!	4–6	Supplemental	n/a	Yes	Consent, BST	2021	
FLASH (2022)	4–6	Full	Yes	Yes	Consent, BST	2022	
Friendlets (2021)	4–5	Supplemental	n/a	Yes	No	2022	
Gender Explained video	5–8	Supplemental	n/a	Yes	No	2024	
A Girl's Guide to Growing Up (2005)	5–12	Supplemental	n/a	Yes	No	2023	For students with I/DD
HealthSmart (ETR, 2022)	3–5	Full	Yes, with modification	Yes	BST	2023	HIV/AIDS lesson needs supplementation with age-appropriate information about prevention methods in addition to abstinence
Nemours KidsHealth	3–5	Supplemental	No	Yes	No	2026	
Introduction to Menstruation (2026)	5–8	Supplemental	n/a	Yes	No	2026	
Open Conversations	K–3	Full	n/a	Yes	Consent	2024	
Positive Prevention Plus (2017)	4–6	Full	Yes	Yes	No	2021	
Puberty & You video (2020)	4–6	Supplemental	n/a	Yes	No	2021	
Puberty Talk Adapted for All Abilities (2025)	5–6	Full	No	Yes	Consent	2025	For students with I/DD

Elementary School (Grades K–6)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Rights, Respect, Responsibility (3Rs) WA version (2022)	4–5	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
Respecting Expression (2022)	3–5	Supplemental	n/a	Yes	Consent	2025	
Red Poppy Lessons (2025)	5–12	Supplemental	n/a	Yes	No	2026	
Un Hushed Elementary (2021)	K–5	Full	Yes	Yes	Consent, BST	2021	
What Happens During Puberty (2024)	3–5	Supplemental	n/a	Yes	No	2026	

Middle School (Grades 6–8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Always Changing (P&G, 2021)	5–8	Supplemental	n/a	Yes, with modification	No	2023	Modification needed to be inclusive – see teacher's guide for language and information
Ask. Listen. Respect: A video About Consent (2018)	6–12	Supplemental	n/a	Yes	Consent	2022	
Boundaries video (KCSARC, 2020)	6–12	Supplemental	n/a	Yes	No	2021	
A Boy's Guide to Growing Up	5–12	Supplemental	n/a	Yes	No	2023	For students with I/DD
Comprehensive Health Skills (Goodheart-Willcox, 2023)	6–8	Full	Yes	Yes	Yes	2023	
Consent is Everything video (Seattle Public Schools, 2021)	6–12	Supplemental	n/a	Yes	Consent	2022	
Consent video (KCSARC, 2020)	6–12	Supplemental	n/a	Yes	Consent	2021	
Consent and Communication video (Amaze, 2019)	6–8	Supplemental	n/a	Yes	Consent	2021	

Middle School (Grades 6–8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Consent Explained video (Amaze, 2016)	6–12	Supplemental	n/a	Yes	Consent	2021	
Differing Abilities (2024)	6–12	Full	Yes	Yes	Consent	2025	For students with I/DD
Door 3 (One Love, 2022)	9–12	Supplemental	n/a	Yes	No	2023	
Gender Explained video	5–8	Supplemental	n/a	Yes	No	2024	
Gender, Sexuality and Respecting Differences (2022)	7	Supplemental	n/a	Yes	No	2025	
A Girl's Guide to Growing Up	5–12	Supplemental	n/a	Yes	No	2023	For students with I/DD
Great Body Shop (2021)	6–8	Full	Yes, with modification (see notes)	Yes, with modification (see notes)	Consent, with modification	2022	Must be used with "special topics" targeted extension activities in order to be consistent with state requirements for content and inclusive instruction.
Health Smart MS (2020)	6–8	Full	Yes	Yes	Consent	2021	
Healthy Communication video (KCSARC, 2020)	6–12	Supplemental	n/a	Yes	Consent	2021	

Middle School (Grades 6–8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Healthy LGBTQIA video/lesson (2020)	7–12	Supplemental	n/a	Yes	Consent	2022	
Human Trafficking (2025)	8–12	Supplemental	n/a	Yes	No	2025	
Human Trafficking Education (A21, 2023)	7–12	Supplemental	n/a	Yes	No	2024	
HIV/AIDS	6–12	Supplemental	n/a	No	No	2026	Contains insufficient content to meet requirements for comprehensive sexual health
Live Well: Reproductive and Sexual Health	7–12	Full	Yes	Yes	Consent	2024	
Making Proud Choices (2021)	6–8	Full	Yes	No	No	2022	Contains insufficient content to meet requirements for comprehensive sexual health
My Future, My Choice (2025)	6–8	Full	Yes	Yes	Yes	2025	
Native It's Your Game 2.0 (2021)	6–8	Full	Yes	Yes, with modification	No	2022	Needs supplementation to cover required content
Positive Prevention Plus Special Populations (2020)	7–12	Full	No	Yes	Consent	2025	For students with I/DD
PII: Should I Share? (2025)	6–8	Supplemental	n/a	Yes	No	2026	

Middle School (Grades 6–8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Puberty & You video (Seattle Public Schools, 2020)	6	Supplemental	n/a	Yes	No	2021	Puberty & You video (Seattle Public Schools, 2020)
Rights, Respect, Responsibility (3Rs) WA version (2022)	6–8	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
Saying Yes or No video (Amaze, 2017)	6–8	Supplemental	n/a	Yes	Consent	2021	
Sex Ed for People with I/DD video series (NCIL)	6–12	Supplemental	n/a	Yes	Consent	2023	Some content more appropriate for high school or young adult
Teen Talk Adapted (2025)	7–12	Full	Yes	Yes	Consent	2025	For students with I/DD
The Pressure to Sext (2025)	6–8	Supplemental	n/a	Yes	No	2026	
Teen Talk Middle School (2017)	7–8	Full	Yes	Yes, with modification	No	2022	Needs supplementation to cover required content
Un Hushed MS (2021)	6–8	Full	Yes	Yes	Consent	2021	
Understanding Sexual Consent and the Law video (Amaze, 2019)	6–8	Supplemental	n/a	Yes	Consent	2021	
What Does Consent Look Like (2014)	6–8	Supplemental	n/a	Yes	Consent	2021	

Middle School (Grades 6–8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
What is Sex Trafficking video	6–8	Supplemental	n/a	Yes	No	2024	
Wise Bodies (2022)	6–12	Supplemental	Yes	Yes	No	2025	
Yes Means Yes video Lesson ETR, 2020)	7–12	Supplemental	n/a	Yes	Consent	2022	

High School (Grades 9–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Accessing Sexual Health Information (2022)	9–12	Supplemental	n/a	Yes	No	2025	
Athletes as Leaders (2017)	9–12	Supplemental	n/a	Yes	Consent, BST	2021	
Autistic Youth	9–12	Supplemental	n/a	Yes	Consent	2026	For students with I/DD
Amor del Bueno	9–12	Supplemental	n/a	Yes	No	2022	
Ask. Listen. Respect: A video About Consent (2018)	6–12	Supplemental	n/a	Yes	Consent	2022	
Be Real. Be Ready (2019)	9–12	Full	Yes	Yes	No	2024	
Boundaries video (KCSARC, 2020)	9–12	Supplemental	n/a	Yes	No	2021	
Bystander Intervention	9–12	Supplemental	n/a	Yes	BST	2024	
Comprehensive Health Skills 2021	9–12	Full	Yes, with modification	Yes, with modification	Consent, BST	2021	Information on prevention should include all methods (e.g. PrEP, PEP, condoms, etc.)
Consent is Everything (Seattle Public Schools, 2021)	6–12	Supplemental	n/a	Yes	Consent	2022	

High School (Grades 9–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Differing Abilities (2024)	6–12	Full	Yes	Yes	Consent	2025	For students with I/DD
El Camino (2019)	9–12	Full	Yes	Yes	Consent	2025	Designed for Latino youth
Disabled Youth	9–12	Supplemental	n/a	Yes	Consent	2026	For students with I/DD
Health Smart HS (ETR, 2020)	9–12	Full	Yes	Yes	Consent	2021	
Healthy Communication video (KCSARC, 2020)	9–12	Supplemental	n/a	Yes	Consent	2021	
Healthy LGBTQIA video/lesson (2020)	7–12	Supplemental	n/a	Yes	Consent	2022	
Healthy Relationships (Arc of King Co., 2023)	9–12	Full	Yes	Yes	Consent	2024	
Healthy Relationships Lesson 1 & 2 (OR Open Learning, 2022)	9–11	Supplemental	n/a	Yes	Consent	2025	
Healthy Relationships: Boundaries & Consent (OR Open Learning, 2022)	11–12	Supplemental	n/a	Yes	Consent	2025	

High School (Grades 9–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Human Trafficking Education (A21, 2023)	7–12	Supplemental	n/a	Yes	No	2025	
Healthy Connections	9–12	Supplemental	n/a	Yes	Consent	2026	
Human Trafficking (2025)	8–12	Supplemental	n/a	Yes	No	2025	
In Their Shoes (2019)	9–12	Supplemental	n/a	Yes	No	2024	
Live Well: Reproductive and Sexual Health	7–12	Full	Yes	Yes	Consent	2022	
Many Ways of Being (2025)	9–12	Full	Yes	Yes, with modification	Consent	2026	
MVP (One Love, 2021)	9–12	Supplemental	n/a	Yes	Consent, BST	2024	
Native Stand (2021)	9–12	Supplemental	Yes	Yes	No	2023	
Nemours TeenHealth	6–12	Supplemental	No	No	No	2026	
Orientation and Identity (2022)	11–12	Supplemental	n/a	Yes	No	2021	
Positive Prevention Plus Special Populations (2020)	7–12	Full	No	Yes	Consent	2025	For students with I/DD

High School (Grades 9–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Rights, Respect, Responsibility (3Rs) WA version (2022)	9–12	Full	Yes	Yes (this version)	Consent, BST	2022	Washington-specific version (2022) is consistent with state requirements
Sex Ed for People with I/DD video series (NCIL)	6–12	Supplemental	n/a	Yes	Consent	2023	Some content more appropriate for high school or young adult
Sex Education Bundle (2020)	9–12	Full	No	Yes, with modification	Consent	2024	Needs additional information on HIV/AIDS prevention
Teen Talk Adapted (2025)	7–12	Full	Yes	Yes	Consent	2025	For students with I/DD
Teen Talk High School (2017)	9–12	Full	Yes	Yes, with modification	No	2022	
Ten Signs of Relationship Abuse	9–12	Supplemental	n/a	Yes, with modification	No	2024	
Teen Health and Wellness	9–12	Supplemental	n/a	no	Consent	2026	
Un Hushed HS (2021)	9–12	Full	Yes	Yes	Consent	2021	
What Does Consent Look Like? (2014)	9–12	Supplemental	n/a	Yes	Consent	2021	
Wise Bodies (2022)	6–12	Supplemental	Yes	Yes	No	2025	
Walking Wise (2025)	6–12	Supplemental	n/a	Yes	No	2026	

High School (Grades 9–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
WA Contemporary Health I and II (2026)	9–12	Full	Yes	Yes	Consent	2026	
Yes Means Yes video lesson (2020)	7–12	Supplemental	n/a	Yes	Consent	2022	

Titles Not Consistent with State Requirements

The following list from the 2021–26 reviews represent titles found to be NOT consistent with state requirements. As such, schools in WA should not be using these materials. Reviewer comments and publication information can be found by clicking on the title in [each posted review](#).

Elementary/Middle School/High School (Grades 3–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
AIDS Facts for Kids video (Marsh Media)	5–8	Supplemental	No	No	No	2023	Found to contain biased content and outdated information
AIDS Update video (HRM)	7–12	Supplemental	No	No	n/a	2024	Found to contain biased content and outdated medically inaccurate information
Chosen. Stop Predators	7–12	Supplemental	n/a	No	No	2024	Found to contain biased, fear-based content
Draw the Line	6–8	Supplemental	Yes	No	No	2024	Insufficient content to meet CSHE requirements
Ghost Club	7–10	Supplemental	n/a	No	No	2022	Found to contain biased content
Health (Carone Learning, 2022)	4–5	Full	No	No	No	2023	Accessed through Edgenuity/Imagine Learning; Found to contain insufficient content to meet state requirements

Elementary/Middle School/High School (Grades 3–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Health –semester 2 (Red Comet, 2018)	9–12	Full	No	No	No	2021	Found to contain significant medical inaccuracies and biased content; Insufficient content to be considered comprehensive
Health with Human Sexuality (Glencoe, 2022)	9–12	Full	No	No	No	2022	Found to contain significant medical inaccuracies; Older versions are also inconsistent with state requirements
Just Around the Corner for Boys (Marsh Media)	4–6	Supplemental	n/a	With significant modification	No	2023	Found not to be inclusive of all students and to contain biased information, outdated information
Just Around the Corner for Girls (Marsh Media)	4–6	Supplemental	n/a	With significant modification	No	2023	Found not to be inclusive of all students and to contain biased information, outdated information
Love Notes 4.0 Classic	9–12	Full	No	No	No	2026	Found not to be inclusive of all students and to contain biased information

Elementary/Middle School/High School (Grades 3–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Pearson Heath	9–12	Full	With modification	No	No	2024	Found not to be inclusive of all students and to contain biased information, outdated and medically inaccurate information
Relate (Whatcom Co. Pregnancy Clinic, 2024)	7–12	Supplemental	No	No	No	2025	Found not to be inclusive of all students and to contain biased information, insufficient content to be fully comprehensive
Relationship Smarts PLUS 4.0 SRA (2020)	6–8	Full	Yes	No	No	2021	Found to contain significant medical inaccuracies and biased content; Insufficient content to be considered comprehensive
Special Needs Signature Toolbox (2023)	7–12	Supplemental	Yes	No	Consent	2024	Found not to be inclusive of all students and to contain biased information, insufficient content to be fully comprehensive
Teen Health with Healthy Relationships and Sexuality (Glencoe, 2021)	6–8	Full	No	No	No	2022	Found to contain biased content and medical inaccuracies; Older versions are also inconsistent with state requirements

Elementary/Middle School/High School (Grades 3–12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Understanding and Preventing Sexual Violence	9–12	Supplemental	n/a	No	No	2024	Found to contain biased content and not to be inclusive of all students; contains outdated and potentially traumatizing approaches to sexual violence
We're Growing Up (Marsh Media)	5–8	Supplemental	n/a	No	No	2023	Found to contain biased content and not to be inclusive of all students

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