

Beef Chili with Beans



Washington Office of Superintendent of
PUBLIC INSTRUCTION

Product Information



W Code: 139
JTM: CP5309
Serving/case: 99
Weight: 30 lbs

Nutrition Facts

Serving Size: 4.84 oz (by weight) 137g

Amount Per Serving

Calories 155

Total Fat 6g

Sat. Fat 2g

Trans Fat 0g

Cholesterol 44mg

Sodium 230mg

Carbohydrates 11g

Dietary Fiber 3g

Sugars 3g

Includes 0g Added Sugars

Protein 14g

Vitamin D 0%

Calcium 2.5%

Iron 12.5%

Potassium 16%

Crediting & Yield

Serving Size: 4.84 oz (by weight)

Meat or M/A: 2 oz

Grain: ---

Vegetables: 1/4 c R/O

Fruit: ---

CN Label: Yes

*Obtain from product package

Note: Child Nutrition Program sponsors are responsible for correctly determining how a food credits to the meal pattern.

Preparation Instructions

KEEP FROZEN.

Place sealed bag in steamer or in boiling water.

Heat approximately 30 minutes or until product reaches serving temperature.

CAUTION: Open bag carefully to avoid being burned.

Ingredients: GROUND BEEF (no more than 20% fat), WATER, COOKED RED KIDNEY BEANS, TOMATO PASTE, CONTAINS LESS THAN 2% OF DEHYDRATED ONION, CHILI POWDER (chili pepper, spices, salt, garlic powder), SEASONING (potassium chloride, flavor (contains maltodextrin)), SUGAR, SALT, SPICES, PAPRIKA EXTRACT.

Allergens: none