Sexual Health Education

Budget Language

$200,000 of the general fund—state appropriation for fiscal year 2026 and $200,000 of the general fund—state appropriation for fiscal year 2027 are provided solely for the office of the superintendent of public instruction to meet statutory obligations related to the provision of medically and scientifically accurate, age-appropriate, and inclusive sexual health education as authorized by chapter 206, Laws of 1988 (AIDS omnibus act) and chapter 265, Laws of 2007 (healthy youth act).

Proviso Purpose

The Sexual Health Education proviso supports OSPI's ongoing work to ensure that sexual health education provided in Washington schools is consistent with requirements of the Revised Code of Washington (RCW) 28A.300.475 and RCW 28A.230.070.

Services Provided

OSPI supports school districts with resources, professional development and technical assistance related to the provision of comprehensive sexual health education (CSHE), including HIV and sex trafficking prevention education. Schools, educators, and students in each district benefit from the services provided.

Criteria for Receiving Services/Grants

All schools in Washington can receive services.

Beneficiaries in the 2025-26 School Year

Number of School Districts:	295
Number of Schools:	N/A
Number of Students:	N/A
Number of Educators:	N/A

Other: 7,500+ District staff, educators, students, Educational Service Districts, parents, members of the public, legislators, state/local agencies, and organizations.

Are Federal or Other Funds Contingent on State Funding?

No.

State Funding History

Fiscal Year	Amount Funded	Actual Expenditures
2026	$200,000	$194,564
2025	$200,000	$189,964
2024	$200,000	$191,625
2023	$200,000	$191,146
2022	$200,000	$185,071

Number of Beneficiaries Per Fiscal Year (e.g. School Districts, Schools, Students, Educators, Other)

Fiscal Year	Number of Beneficiaries
2026	295 districts
2025	295 districts
2024	295 districts
2023	295 districts
2022	295 districts

Programmatic Changes Since Inception (If Any)

Updates to RCW 28A.300.475 in December 2020 require all secondary schools to provide comprehensive sexual health education (CSHE) to all students. RCW 28A.320.168, which went into effect during the 2025–26 school year, requires all secondary schools to provide sex trafficking awareness and prevention education to all students at least once between grades 7 and 12. While this instruction may be offered in any course, most schools are choosing to do so within a sexual health unit. As such, OSPI's sexual health program has developed guidance and vetted and posted resources to support required instruction.

Program(s) Evaluation or Major Findings

Technical Assistance and Resources:

- Responded to almost 250 educator and administrator requests for guidance and resources from 111 districts, including charter schools and tribal compact schools, The WA School for the Deaf, 9 Educational Service Districts (ESDs), and 4 private schools.
- Made nine virtual presentations to Educational Service Districts, including educators, administrators, school nurses, and school safety representatives, providing information on CSHE and/or sex trafficking prevention requirements.
- Attended multiple statewide networking meetings sponsored by the WA Department of Health (DOH), to provide information to districts and community members on new requirements.
- Responded to 132 requests from 93 individuals representing parents/families, K–12 students, legislators, state agencies, local health departments, college/university students

and faculty, community-based organizations, the media, and other constituents.
- Distributed a bi-monthly resource newsletter to 7,000 subscribers, including district educators, administrators, community partners, and community members.
- Updated OSPI's sexual health education resources, guidance, and web pages to provide information related to implementation of CSHE.

Professional Development:

- Provided 19 free CSHE training workshops for 304 teachers, school nurses, and other educators, representing school districts, ESDs, students in higher education teacher preparation programs, and community-based organizations.
- Provided 10 webinars on sexual violence and sex trafficking prevention for 371 teachers, school nurses, school safety staff, and other educators, representing school districts, ESDs, students in higher education teacher preparation programs, and community-based organizations.
- Updated the sexual health education professional development web page regularly to include new virtual training opportunities.

Curriculum Review:

- Completed a comprehensive review of sexual health education instructional materials, supported by DOH and an expert review panel. The review panel included 17 reviewers representing 4 school districts, 1 private school, 1 county health department, 2 community-based health clinics, 1 institution of higher education, WA School-based Health Alliance, and other sexual health education experts. Three full curricula and 13 supplemental materials were reviewed, with results reported on OSPI's website.
- Posted all updated instructional materials review tools on the OSPI website for district use.
- Reviewed 12 sex trafficking awareness and prevention instructional materials and posted 9 materials on the WA Open Education Resources (OER) Hub.

CSHE Reporting:

- RCW 28A.300.475 requires all schools to report to OSPI, by September 1st of each year, on what instructional materials are being used and how instruction aligns with new requirements.
- Updated and disseminated a reporting survey to measure implementation. Results will be submitted in the Comprehensive Sexual Health Education legislative report for 2024–26 and will continue to inform the development and provision of resources, technical assistance, and training in the 2026–27 school year.

Major Challenges Faced by Program(s)

No major challenges.

Future Opportunities

Results from the annual CSHE reporting survey will continue to help guide the development of targeted resources, technical assistance, and training. We expect a significant increase over this next year in districts in full compliance with new requirements for CSHE.

Other Relevant Information

This work connects closely to the work done to implement RCW 28A.320.168, which requires schools to provide sex trafficking awareness and prevention education to all students at least once between grades 7 and 12.

Schools/Districts Receiving Assistance

Click here to see a list of all OSPI grant recipients in the 2026 Fiscal Year.

Program Contact Information

Name: Denise Davis

Title: Director of Elementary Education Content

Phone: 360-819-6843

Email: denise.davis@k12.wa.us