Child and Adult Care Food Program

At-Risk Afterschool Meals



Washington Office of Superintendent of
PUBLIC INSTRUCTION



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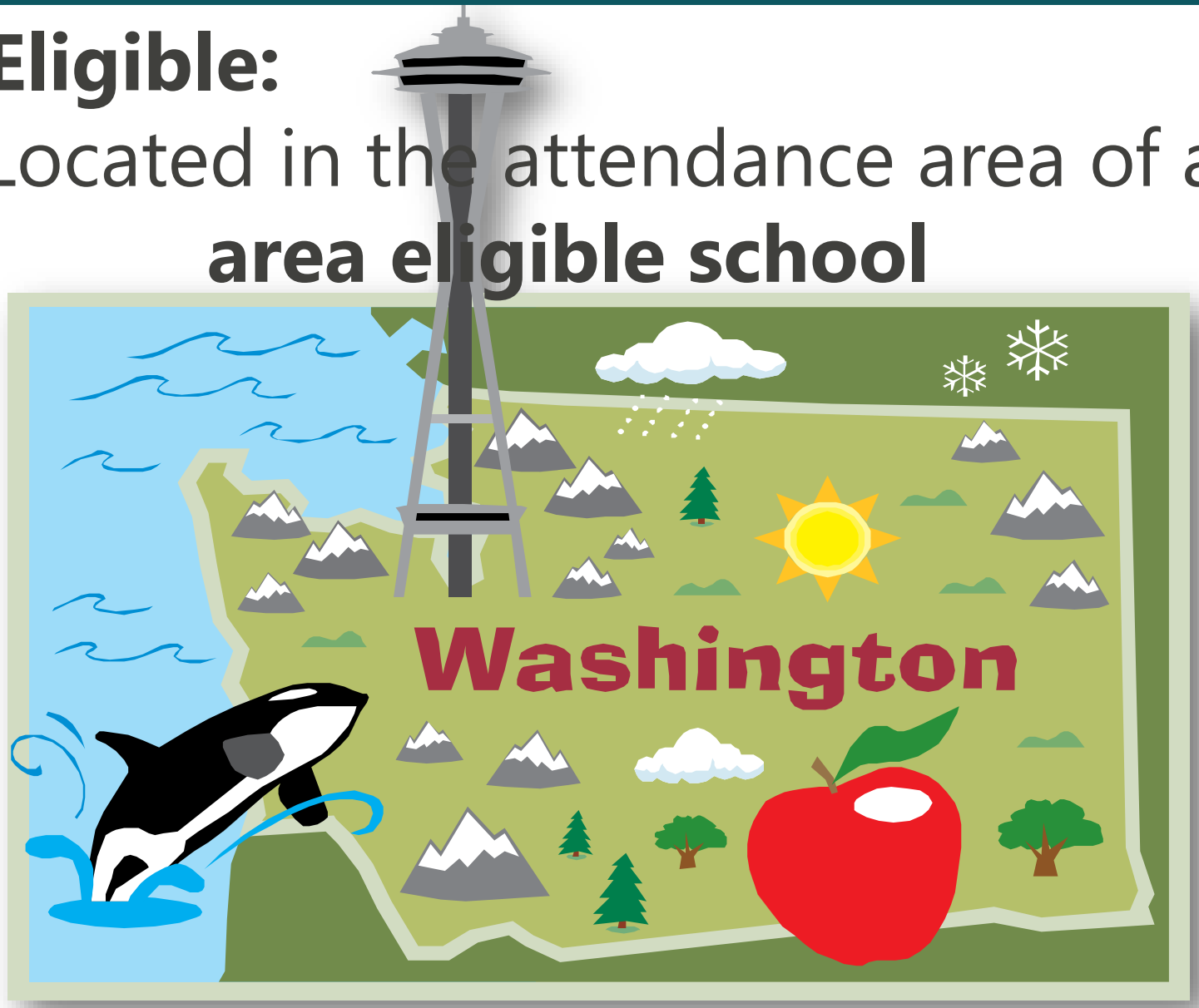
Program Eligibility

- ✓Area eligible location
- ✓Organized primarily to provide after school care
- ✓Provide organized, regularly scheduled activities
- ✓Include education or enrichment activities

Program Eligibility

Area Eligible:

Located in the attendance area of an **area eligible school**



Program Eligibility

Step 1: Determine assigned Schools

- Contact school district
- Provide address of site

→Determine assigned schools

Step 2: Check Free/Reduced Percentage of Assigned Schools

- OSPI provides most current school data

http://www.k12.wa.us/ChildNutrition/Reports.aspx

Program Eligibility

Provides Afterschool Care



Program Eligibility

Provides Organized Activities



MCP Theater After School Arts Program





Program Eligibility

Provides Education and Enrichment Activities









Program Eligibility

- Organized athletic programs that compete in competitive sports are *not eligible*.



- Afterschool programs that include athletic and recreational activities *may be eligible*.



Organization Eligibility

Must be operated by an eligible organization:

-Public agencies

-Tax-exempt nonprofit organizations

Must meet State and/or local health and safety standards

Program Requirements:
Who?

- Enrolled or drop in
- Children up to the age 18 can participate
- Must be open to all children





Program Requirements:
Meals

Meals and snacks served DURING the school year.

(includes week-ends, holidays, and breaks during the school year)

- The meal can be served anytime after the school day ends or anytime on non-school days
- Both a meal and a snack may be served if program length of time allows
- Meals and/or snacks must be eaten on-site, during the program time

Meal Pattern Requirements
Snacks

Must contain at least two of five components:

1. Fluid Milk (1 cup)
2. Meat / Meat Alternate (1 oz eq.)
3. Fruit (3/4 cup)
4. Vegetable (3/4 cup)
5. Grain (1 oz eq.)

*Children 5 years old and younger require smaller portions – check the CACFP Meal pattern chart for details

Meal Pattern Requirements
Snacks

Snack Examples:

Apple slices & milk



String cheese and grapes



Carrot/celery sticks & muffins



Meal Pattern Requirements
Supper

CACFP Meal Pattern*

Fluid Milk	**1 cup**
Meat and Meat Alternates	**2 oz eq**
Grains	**1 oz eq**
Vegetable **Fruit**	**½ cup** **¼ cup**

- Details provided in the CACFP Meal Pattern Children 5 years old and younger require smaller portions – see the CACFP Meal pattern chart for details

Meal Pattern Requirements
Supper

Meal Example



Meal Pattern Requirements
Supper



Meal Example

Program Requirements:
Meals

Meals / Snacks may be purchased from another organization participating in a Child Nutrition Program or outside vendor

Examples:

- A school district participating in the National School Lunch Program
- A child care center participating in the Child and Adult Care Food Program

An annual agreement is required

Program/ Record Requirements:

- Daily attendance rosters
- Served menus
- Collection of ethnic and racial data annually
- Annual staff training
- Civil Rights requirements and training
- Fiscal management (invoices, receipts, etc. to document costs)

How do I start?



https://ospi.k12.wa.us/policy-funding/child-nutrition/school-meals/national-school-lunch-program/new-sponsors || New Sponsors



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