



One-to-One Mentoring Disadv. Students

1. **Purpose:**

Funding from this proviso was provided to three organizations to develop skilled mentors who work one on one with high school students to support academic success and keep them on track to graduation. Those organizations are Big Brothers Big Sisters, Life Enrichment Group, and Community for Youth.

2. **Description of services provided:**

Big Brothers Big Sisters

- Enrolled more than 250 high school students in career-integrated mentoring for 2021/22 school year
- Monthly cohort events at each school to foster student-mentor connections
- Technology for mentors and youth to connect safely between monthly events
- Closure process for students and mentors ending participation
- Collection of process and outcome data on program/student indicators
- Offered four summer training opportunities for staff and volunteers
- PAX Tools for human service employees
- PAX Community Educator training certified the team to teach PAX Tools techniques
- Learned strategies for self-care to use when staff absorb trauma from working with youth/fellow staff
- Youth Mental Health First Aid – equipped adults to respond to young people with mental health challenges

Community for Youth

- Each program participant was provided a 1:1 weekly mentoring experience from September 2021–June 2022
- Each mentor, student, and parent were supported through monthly match support meetings with program staff to ensure a high-quality mentoring experience for each student

- Each student received guided career-integrated mentoring from a diverse set of mentors representing high-quality careers and professions (tech industry, government, corporate, and nonprofit sector)
- Monthly curriculum was designed and facilitated to support student's academic and social-emotional growth

Life Enrichment Group

- Connected youth to job and internship opportunities
- Conducted mentoring matches through match application
- Connected with community members through tabling and presentations as a recruiting tool
- Utilized alumni of Life Enrichment Group programming as mentors
- Ongoing 1:1 meetings to develop action plans
- Utilize SMART goal structure when mentors meet with mentees
- Ongoing marketing of program through social media, email and word of mouth

3. **Criteria for receiving services and/or grants:**

Community for Youth: High school students in South Seattle area. Must have demonstrated need and commitment to personal growth and academic pursuit and serve at least 70* students.

Big Brothers Big Sisters: Must coordinate with school personnel and local organizations to identify and enroll students in the program. Must enroll and serve at least 300* students that are part of demographics that are historically disadvantaged.

Life Enrichment Group: Same as Big Brothers Big Sisters, however, Life Enrichment group must enroll and serve at least 40* students.

*Enrollment must be fulfilled by end of the contract period (June 2023).

Beneficiaries in 2021-22 School Year:

Number of School Districts:

Number of Schools:

Number of Students:

Number of Educators:

Other:

County Big Brothers Big Sisters is a statewide collaborative. Community for Youth and Life Enrichment Group specifically serves King County students.

Number of OSPI staff associated with this funding (FTEs): 0

Number of contractors/other staff associated with this funding: 0

FY22 Funding: State Appropriation: \$750,000
Federal Appropriation: \$0
Other Fund Sources: \$0
TOTAL (FY22) \$750,000

4. Are federal or other funds contingent on state funding?

No

5. State funding history:

| Fiscal Year | Amount Funded | Actual Expenditures |
|-------------|---------------|---------------------|
| 2022 | \$750,000 | \$750,000 |
| 2021 | \$250,000 | \$250,000 |
| 2020 | \$250,000 | \$250,000 |

6. Number of beneficiaries (e.g., school districts, schools, students, educators, other) history:

| Fiscal Year | Number of Schools |
|-------------|-------------------|
| FY21 | 91 students |

7. Programmatic changes since inception (if any):

N/A

8. Evaluations of program/major findings:

Community for Youth

Mentoring Surveys – Pre & Post CfY Program Results: Below are the analyzed results of student answers at the beginning and the end of the CfY 2021-22 Program Year. The different surveys utilized include “Skills for Setting & Pursuing Goals”, “Social Competence”, “Hopeful Futures”, and “Community Connectedness”

- 90% of students maintained or increased their strong feelings of connectedness to their community
- 75% of students maintained or increased their personal expectations that positive future outcomes will occur in their life
- 55% of students maintained or increased skills for setting and pursuing goals
- 45% of students showed overall progress on Goal Setting Behavior

Strength of Relationship Survey:

- 96% of students reported their mentor had lots of good ideas about how to solve a problem
- 88% of students reported their mentor helped take their minds off things by doing something with them
- 96% of students said when they were with their mentor, they felt safe
- 85% of students reported their relationship with their mentor is very important to them
- 96% of students reported when something was bugging them, their mentor listened

Washington School Improvement Framework Data:

Attendance Trends:

- 30% of CfY students' attendance was improving by the end of the school year
- 52% of CfY students' attendance stayed steady by the end of the school year
- 16% of CfY students' attendance worsened by the end of the school year

Behavior: There were zero disciplinary actions reported for CfY students during the 2021-2022 school year.

School Performance:

- 56% of student's total grades were A's
- 37% of student's total grades were B's
- 26% of student's total grades were C's
- 6% of student's total grades were D's
- 8% of student's total grades were E's

Big Brothers Big Sisters

The Big Brothers Big Sisters statewide collaborative enrolled more than 250 high school students in career-integrated mentoring programs for the 2021-22 school year, toward the 24-month goal of 300 matches. Demographic data shows the following:

- 64% of students were BIPOC
 - 22% Hispanic/Latino
 - 17% Black
 - 12% Multiracial
- 57% benefited from free/reduced lunch support at school
- 35% lived in a home without one or both parents
- 6% belong to the LGBTQ community and are out to the agency

Big Brothers Big Sisters also collected data on how student attitudes and competencies changed over the course of the year. The strongest impact was educational expectations and emotional regulation:

- 98% developed a new hope or retained their existing expectation for finishing high school and achieving other educational milestones.
- 89% felt they were able to regulate their emotions
- 85% reported positive change and/or no worsening of their depressive symptoms.
- 88% said they had an adult they could trust and talk to when they needed someone.

9. Major challenges faced by the program:

Community for Youth: The school year was again impacted by COVID-19. Approximately 80% of students CfY serves had attended only virtual school for the 18 months prior to September 2021. This brought different and unexpected challenges for the program year. Despite challenges, the 39 students & mentors who completed the program had a great year, enjoyed powerful experiences, and gained significant skills and confidence that they will carry forward into their futures.

10. Future opportunities:

N/A

11. Statutory and/or budget language:

ESSB 5693, Sec. 522(13) - \$788,000 of the general fund—state appropriation for fiscal year 2022 and \$750,000 of the general fund—state appropriation for fiscal year 2023 are provided solely for contracts with Washington state based nonprofit organizations that provide a career-integrated one-to-one mentoring program for disadvantaged high school students facing academic and personal challenges with the goal of keeping them on track for graduation and post-high school success. The mentoring must include a focus on college readiness, career exploration and social-emotional learning. An applicant requesting funding for these dollars must successfully demonstrate to the department that it currently provides a career-integrated one-to-one volunteer mentoring program and has been mentoring high school youth for at least twenty years in the state prior to application. (b) Of the amounts provided in this subsection, \$38,000 of the general fund—state appropriation for fiscal year 2022 is provided solely for the office to contract with a Washington-based nonprofit organization that provides one-to-one mentoring through a volunteer-supported network for disadvantaged youth facing academic and personal challenges to provide supportive services for youth who are experiencing mental and behavioral health crises due to the pandemic. Funding may also be used to assist youth mentors, and for staff who provide services to youth and

their families and are experiencing secondary trauma. The organization must be affiliated with a national volunteer-supported mentoring network and have been providing one-to-one volunteer mentoring programs for at least 20 years in the state.

12. Other relevant information:

N/A

13. Schools/districts receiving assistance:

See [OSPI's grantee list](#).

14. Program Contact Information:

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